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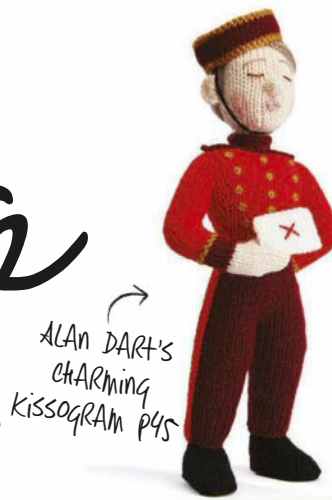
# Hello



Who's your someone special? Whether it's your other half, a lifelong friend or just somebody you have a soft spot for, Valentine's Day is the perfect excuse to celebrate the people we love. And what better way to spoil your dearest than by whipping up some heartfelt knits?

This issue is bursting with ideas and projects to fall head over heels for – like Alan Dart's Kissogram on page 45. A fun-filled knit, this is certainly one chap to cherish forever! If you're looking for a quick and easy yet very sweet gift, try our colourful socks on page 31 – they're sure to brighten up someone's day during the last of the cold winter weather. But of course we have to be good to ourselves, too! There's a super-soft sweater on page 12 and a bead and lace jumper on page 24 that are almost too good to give away...

*Kirstie*



ALAN DART'S  
CHARMING  
KISSOGRAM p45



Handy sofa  
tidy p51



Super-cute  
cat scarf p75



Stay snug  
in STRIPY  
socks p31



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# Simply Knitting

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ALAN DART  
EXCLUSIVE!



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## VALENTINE'S DAY GIFTS

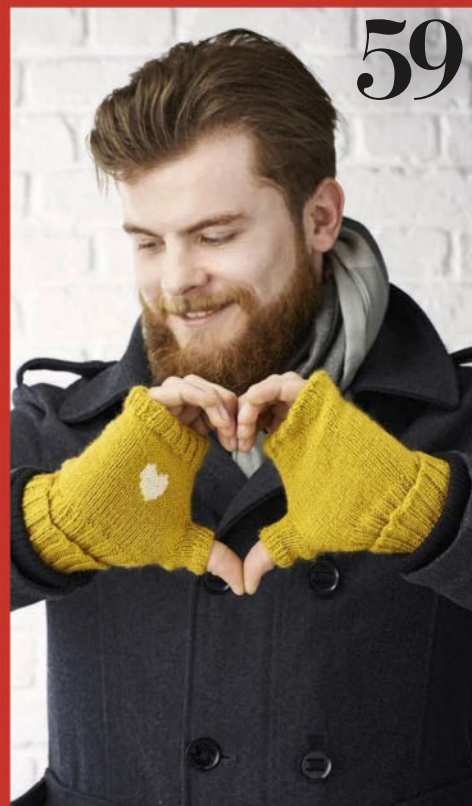
Show your loved ones you care this February with these thoughtful hand-made presents.



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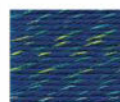


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# CAST ON February

KNITTING IDEAS & INSPIRATION FOR THE MONTH AHEAD



## SUPER SOCK YARN

■ It's the season for hand-knitted socks, and we can't wait to make some fancy footwarmers in Coop Knits new Socks Yeah! yarn – and maybe a lace shawl or two as well! A scrumptious, hard-wearing blend of 75% superwash Merino and 25% nylon, it comes in 50g/212m balls (£5.45) and a choice of 10 beautiful marled colours. See more at [www.coopknits.co.uk](http://www.coopknits.co.uk).

## ON TREND

### Bright stripes

Add a splash of colour to dull winter days with this beautifully bright knit from Louisa Harding. 'Amitola L3-04' (£3.50) uses two shades of DK weight Amitola yarn, a luxurious mix of 80% wool and 20% silk. It's self-striping, so the pretty colour changes emerge as you knit, helping you to create complex effects with very little effort!



For stockist information call 01535 664222 or go to [www.designeryarns.uk.com](http://www.designeryarns.uk.com).

Must knit!



## BACK TO SCHOOL

Brush up on your knitting and crochet skills with a little help from the Artesano Academy. Well known for its gorgeous natural yarns, Artesano has now launched a school dedicated to teaching knitting, crochet and other yarn-related crafts at its premises near Reading in Berkshire. Tutors including Anniken Allis will hold masterclasses aimed at a wide range of abilities. There's something for everyone! Find out more about Artesano Academy at [www.artesanoyarns.co.uk/Classes/](http://www.artesanoyarns.co.uk/Classes/).



## BOOKS GIVEAWAY!

We have a selection of fantastic knitting books to give away! Five lucky winners will receive a book of snuggly winter knits to keep them warm all season long, from novelty hats for children to on-trend tank tops. See page 83 to enter, using code SKBOOKS142.

WIN





## Winter warmers

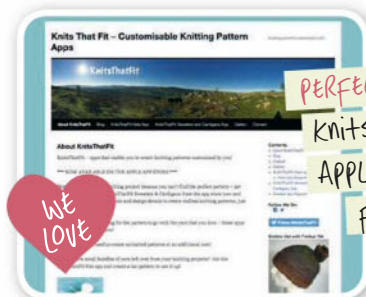
Bergère de France's new Magazine 183 autumn and winter collection (£7.25) is packed with cosy knits for men and women. Cast on this button neck sweater (#08), which is worked in Baltic yarn (60% acrylic, 40% polyamide). There's also an alternative version in flecked, alpaca-blend Chinaillon yarn with toggle and loop fastenings. For more details see [www.bergeredefrance.co.uk](http://www.bergeredefrance.co.uk).

# 34%

of you say Alan Dart's toy patterns are your favourite bit of SK, according to our poll!

## MADE WITH LOVE

For the perfect finishing touch to your hand-knitted gifts, look no further than these gorgeous new motifs (£1 each). Simply add your name to the label and stitch or iron it in place. Choose from flowers, knitting pins, hearts and more! For stockist info call 01453 883581 or email [groves@stockistenquiries.co.uk](mailto:groves@stockistenquiries.co.uk).



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## 5 OF THE BEST

# SLEEVELESS JUMPERS

Layer up for snow days with these woolly vests.



**DIAMOND CABLES**

Rowan, Longdendale. Knit this eye-catching tank top from the book *Winterscapes*. [www.knitrowan.com](http://www.knitrowan.com), 01484 681881



**BACK TO BASICS**

Sirdar, 9886. This is knitted in a snugly winter cotton – we love the tweedy shades! [www.sirdar.co.uk](http://www.sirdar.co.uk), 01924 231682



**HIS & HERS COLLECTION**

Wendy, 5794. Will you choose solid or self-striping yarn for these unisex knits? [www.tbamsden.co.uk](http://www.tbamsden.co.uk), 01943 872264



**SWEET KNIT FOR BABY**

UKHKA, 122. An easy little knit in DK yarn with attractive cable detailing. [www.designeryarns.uk.com](http://www.designeryarns.uk.com), 01535 664222



**LONG-LINE & LACY**

King Cole, 3544. Cables and lace give this aran-weight slipover a feminine touch. [www.kingcole.co.uk](http://www.kingcole.co.uk), 01756 703670

LOVE THESE? YOU'LL LOVE THE TRADITIONAL CABLE JUMPER ON PAGE 69!



## QUICK QUESTION

### WHAT IS PLY?

**Q** I see the word 'ply' used a lot in yarn descriptions and reviews, but I'm not exactly sure what it means. Please can you explain?

Jane Sparing, Bath

**A** Ply' simply means a strand. If you untwist the end of your yarn, you'll be able to count how many strands make it up. So, if there are two strands then that's 2ply yarn. However, the number of strands/plies doesn't determine the weight of a yarn, so a 4ply weight yarn might not have four plies! Sometimes it's easy to see the number of strands because it's used as a design feature – in Wendy Roam Fusion (reviewed on page 78), for example, they're different colours.

## FROM THE HEART



■ Spread the love with these stoneware Blanket Stitch Heart buttons (£8.75), handmade in Wales by Gill Oakley. Call 07821 706366 or buy them at [www.stonehensceramics.co.uk](http://www.stonehensceramics.co.uk).



**CONDUCTIVE THREAD** USE YOUR SMARTPHONE WITHOUT TAKING OFF YOUR FAVOURITE HAND-KNITTED GLOVES – JUST STITCH SOME OF THIS ADAFRUIT STAINLESS THIN CONDUCTIVE YARN (£6.25) TO THE FINGERTIPS. GENIUS! 0845 544 2196, [www.LoveKnitting.com](http://www.LoveKnitting.com)



## Keep warm

You've probably tried knitting squares for a blanket, but how about squares for a dressing gown? Knit For Peace is looking for crafters to take part in its Keep Britain Warm campaign to help people living in fuel poverty. The dressing gown pattern is free and makes a great group project for knit and natter clubs. Post your squares or finished garment to Knit For Peace, Radius Works, Back Lane, London, NW3 1HL. Find out how to get involved at [www.knitforpeace.org.uk/keep-britain-warm](http://www.knitforpeace.org.uk/keep-britain-warm).

## THE BEST OF THIS MONTH'S WORKSHOPS & SHOWS

**4-6 FEBRUARY** Stitching, Sewing & Hobbyscrafts, EventCity, Manchester, 01425 277988  
[www.ichfevents.co.uk](http://www.ichfevents.co.uk)

**8 FEBRUARY** Kids Learn to Knit (Free), Bristol, 0117 300 5211  
[www.getknitted.com](http://www.getknitted.com)

**20 FEBRUARY** Learn to Knit with Magic Loop Technique, Dunchurch, Warwickshire 01788 810626  
[www.thetoftalpacashop.co.uk](http://www.thetoftalpacashop.co.uk)

**26-27 FEBRUARY** Knit & Stitch It 2016, FIVE, Farnborough, 0844 477 1000 [www.knitandstitch-it.org.uk](http://www.knitandstitch-it.org.uk)

**25 FEBRUARY** Knitting with Colour Workshop with Melanie Boocock, Culcheth, Warrington 01925 764231  
[www.blacksheepwools.com](http://www.blacksheepwools.com)



## DAYLIGHT LAMPS

*Splurge or save and light up your knitting this winter.*



### SAVE

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Daylight Table Lamp available in two colours, £19.95, 0800 622 6001. [www.co-operativeindependentliving.co.uk](http://www.co-operativeindependentliving.co.uk)



### SPEND

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Naturalight Hobby Table Lamp, ideal for crafters, £44.99, 0330 026 1400. [www.hobbycraft.co.uk](http://www.hobbycraft.co.uk)



### SPLURGE

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Daylight Smart Lamp D20 with twistable shade, £59, 0208 964 1200. [uk.daylightcompany.com](http://uk.daylightcompany.com)

**PS**

You can subscribe to the digital edition of *Simply Knitting* from just £3.99. For more details visit our website: [www.simplyknitting.co.uk/digital](http://www.simplyknitting.co.uk/digital).





5 MINUTES WITH...

## SANDRA NESBITT

We chat with Sandra Nesbitt of The Feminine Touch Designs about her inspirations.

### Favourite knitting technique?

Mosaic slip stitch colourwork. Knitting in mosaic is really easy. Designing the mosaic patterns is rather more difficult, but great fun!

### Describe your design style.

I get inspiration from what I see whilst out and about, interesting colour combinations and new fashions. I draw out my ideas on paper but there's no substitute for trying them in real life!

### Tips for knitting garments?

Give your garments a professional finish otherwise you've just wasted a lot of time. I first learnt to knit in my teens but was never happy with the result. It was down to the seams. I naively thought that you had to do the seams the same way you did seams when sewing, with right sides together.

### Why do you particularly enjoy designing knitting patterns?

I retired from my full-time work in the IT world two years ago. Pattern writing, for me, is very much like the computer programs and tutorials I used to develop at work, so it was a natural progression.

### Worst knitting habit?

Knitting into the night, when the light isn't so good, just because I want to get to a certain point in my knitting before I go to bed!

Find Sandra's website at [www.thefemininetouchdesigns.co.uk](http://www.thefemininetouchdesigns.co.uk).

## FAVOURITE BOOKS



MUST READ!

### PAINTED WOOLLY TOPPERS

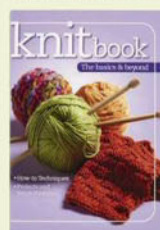
Woolly Wormhead ([www.woollywormhead.com](http://www.woollywormhead.com), £10) Knitted hat superstar Woolly Wormhead has created 10 designs for hand-dyed and variegated yarn. There's a quirky element to each one of the architectural creations in *Painted Woolly Toppers*, from zigzags and bobbles on beanies to stripes and waves on berets. Hat-knitting newbies need not worry about their yarn skills, because the book includes step-by-step tutorials for all the techniques, including a variety of cast ons, short row knitting and seam-stitching. You can choose your favourite format too, as it's available in print or as an ebook.



### THE BLANKET BOOK

Elizabeth Caush  
(WritersWorld, £17.99)

A whole blanket may seem daunting, but a little square is easy. This charming book is full of blankets and cushions made of squares sewn together – and there are a few triangles, too, to keep you on your toes!



### KNIT BOOK

Edited by Landauer  
(Landauer Publishing, £19.99) Slip this guide to the basics and beyond into your project bag for on-the-go knitting tips and advice. This is

an easy-to-follow, accessible how-to book that's ideal for complete beginners.



### PATCH'S GRAND DOG SHOW

Sally Muir & Joanna Osborne  
(Pavilion Children's, £9.99)

This cute story book about the adventures of a knitted puppy living in a textile universe comes from the authors of the *Best in Show* books. It includes a pattern to knit your own Patch.

PS

Missed a recent issue of *SK*? There are three easy ways to buy a back issue: call 01604 828737, fill in the order form on page 90 or visit <http://craft.buysubscriptions.com/Back-Issues>.

## 4 SUPER TIPS ON...

## MISTAKES

### 1. On the lookout

Spotting problems early is key! Check your work regularly as you progress, looking for errors.

### 2. Through line

Thread a thinner yarn through your work to create a 'lifeline', making it easier to rip back if you have to.

### 3. Catch it if you can

If you drop a stitch, don't panic! Use a locking stitch marker to stop it unravelling so you can fix it later.

### 4. Fresh eyes

If it's getting late, or you're getting frustrated, put your knitting down and come back to it the next day.

WIN

## TICKET GIVEAWAY!

We have 10 pairs of tickets to give away for the Stitching, Sewing & Quilting and Hobbyscrafts show in Glasgow on 3-6 March, courtesy of ICHF Events ([www.ichfevents.co.uk](http://www.ichfevents.co.uk), 01425 277988). See page 83 to enter, using code SKSHOW142.





# YOUR FREE GIFT!

with your February issue...

## KNITTING NOTEBOOK



\* Keep track of all the projects you want to knit this year with our handy knitter's journal. Sketch out garment ideas, record your yarn stash and needles, and so much more!

## NEXT MONTH FREE SOCK PATTERN!

Issue 143 on sale  
Friday 29 January

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\*Offer cannot be combined with any other offer code. We reserve the right to withdraw the offer at any time. Offer expiry 15.02.16.







## POLKA DOT SWEATER

---



clever  
slip stitch  
design

# SNOWFALL

*With its grid-like pattern of little dots,  
**Martin Storey's** sweater is made for  
keeping warm and looking stylish.*



**Tip** Make sure you keep your tension even when you're working the slip stitch pattern to ensure that the dots look nice and neat. Blocking your jumper when it's done will also help to even out the stitches and make the finished pattern look its best.



## YOU WILL NEED

- Rowan, Super Fine Merino DK (100% wool, 50g/115m)
- A pair of 3¼mm needles
- A pair of 4mm needles
- Stitch holders

For yarn stockists contact  
Rowan 01484 681881  
www.knitrowan.com

## TENSION

Yarn used knits as DK to this tension: 22 sts and 48 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## ABBREVIATIONS

- Sl2** slip 2 sts  
**Sl3** slip 3 sts

For a full list see page 94



FRONT & BACK



SLEEVE

**K**nitted in Rowan's Super Fine Merino DK, this sweater is soft and warm. Its polka dot pattern is created using a combination of slip stitches and yarn colour changes. The end result resembles a flurry of snow on a slate background and is just perfect for wintry days and nights.



## K BACK

**Cast on** 102 (110: 126: 138: 154) sts using 3¼mm needles and Yarn B.

**Row 1** (RS) K2, \*P2, K2; rep from \* to end.

**Row 2** P2, \*K2, P2; rep from \* to end. These 2 rows form rib.

Work in rib for a further 8 rows, inc 1 st at end of last row and ending with RS facing for next row.

[103 (111: 127: 139: 155) sts]

Change to 4mm needles.

Joining in Yarn C when required, now work in patt as follows:

**Row 1** (RS) Using Yarn B, knit.

**Row 2** Using Yarn B, purl.

**Row 3** Using Yarn C, K2, \*sl3 wyib, K1; rep from \* to last st, K1.

**Row 4** Using Yarn C, K2, \*sl3 wyif, K1; rep from \* to last st, K1.

**Row 5** Using Yarn B, knit.

**Row 6** Using Yarn B, purl.

**Row 7** Using Yarn C, K1, sl2 wyib, \*K1, sl3 wyib; rep from \* to last 4 sts, K1, sl2 wyib, K1.

**Row 8** Using Yarn C, K1, sl2 wyif, \*K1, sl3 wyif; rep from \* to last 4 sts, K1, sl2

wyif, K1.

These 8 rows form patt.

Work in patt for a further 57 rows, ending after patt row 1 and with WS facing for next row.

Break off Yarn B and join in Yarn A.

Now using Yarn A in place of Yarn B, cont in patt as set throughout as follows: Cont straight until Back meas 35 (36: 37: 38: 39)cm, ending with RS facing for next row.

## SHAPE ARMHOLES

**Cast off** 5 (6: 7: 8: 9) sts at beg of next 2 rows, keeping patt correct. [93 (99: 113: 123: 137) sts]

Dec 1 st at each end of next 3 (5: 7: 9: 11) rows, then on foll 6 (5: 7: 6: 8) alt rows, then on foll 4th row. [73 (77: 83: 91: 97) sts]

Cont straight until armhole meas 19 (20: 21: 22: 23)cm, ending with RS facing for next row.

## SHAPE SHOULDERS & BACK NECK

**Cast off** 2 (2: 3: 3: 4) sts, patt until there are 20 (22: 23: 27: 28) sts on right needle and turn, leaving rem sts on a holder.

Work each side of neck separately.

Keeping patt correct, dec 1 st at neck edge of next 8 rows AT THE SAME TIME cast off 2 (2: 3: 3: 4) sts at beg of

SIZE		S	M	L	XL	XXL
TO FIT	cm	81-86	91-97	102-107	112-117	122-127
	in	32-34	36-38	40-42	44-46	48-50
ACTUAL BUST	cm	94	101	115	126	141
	in	37	40	45	50	56
LENGTH	cm	56	58	60	62	64
	in	22	23	23 1/2	24 1/2	25
SLEEVE LENGTH	cm	45	46	47	47	47
	in	17 1/2	18	18 1/2	18 1/2	18 1/2
YARN		Rowan, Super Fine Merino DK (50g/115m balls)				
Yarn A Black (145)		7	7	8	9	10
Yarn B Steel (144)		3	3	4	4	5
Yarn C Cream (142)		4	5	5	6	6

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# POLKA DOT SWEATER

2nd and foll 2 (0: 3: 0: 3) alt rows, then 3 (3: -: 4: -) sts at beg of foll 1 (3: -: 3: -) alt rows.

[3 (3: 3: 4: 4) sts]

Work 1 row.

**Cast off** rem 3 (3: 3: 4: 4) sts.

With RS facing, slip centre 29 (29: 31: 31: 33) sts onto a holder, rejoin appropriate yarn and patt to end. Complete to match first side, reversing shapings.

## FRONT

Work as given for Back until 28 (28: 32: 32: 36) rows less have been worked than on back to beg of shoulder shaping, ending with RS facing for next row.

## SHAPE FRONT NECK

**Next row** (RS) Patt 27 (29: 32: 36: 39) sts and turn, leaving rem sts on a holder.

Work each side of neck separately.

Keeping patt correct, dec 1 st at neck edge of next 6 rows, then on foll 4 alt rows, then on 3 (3: 4: 4: 5) foll 4th rows. [14 (16: 18: 22: 24) sts]

Work 1 row, ending with RS facing for next row.

## SHAPE SHOULDER

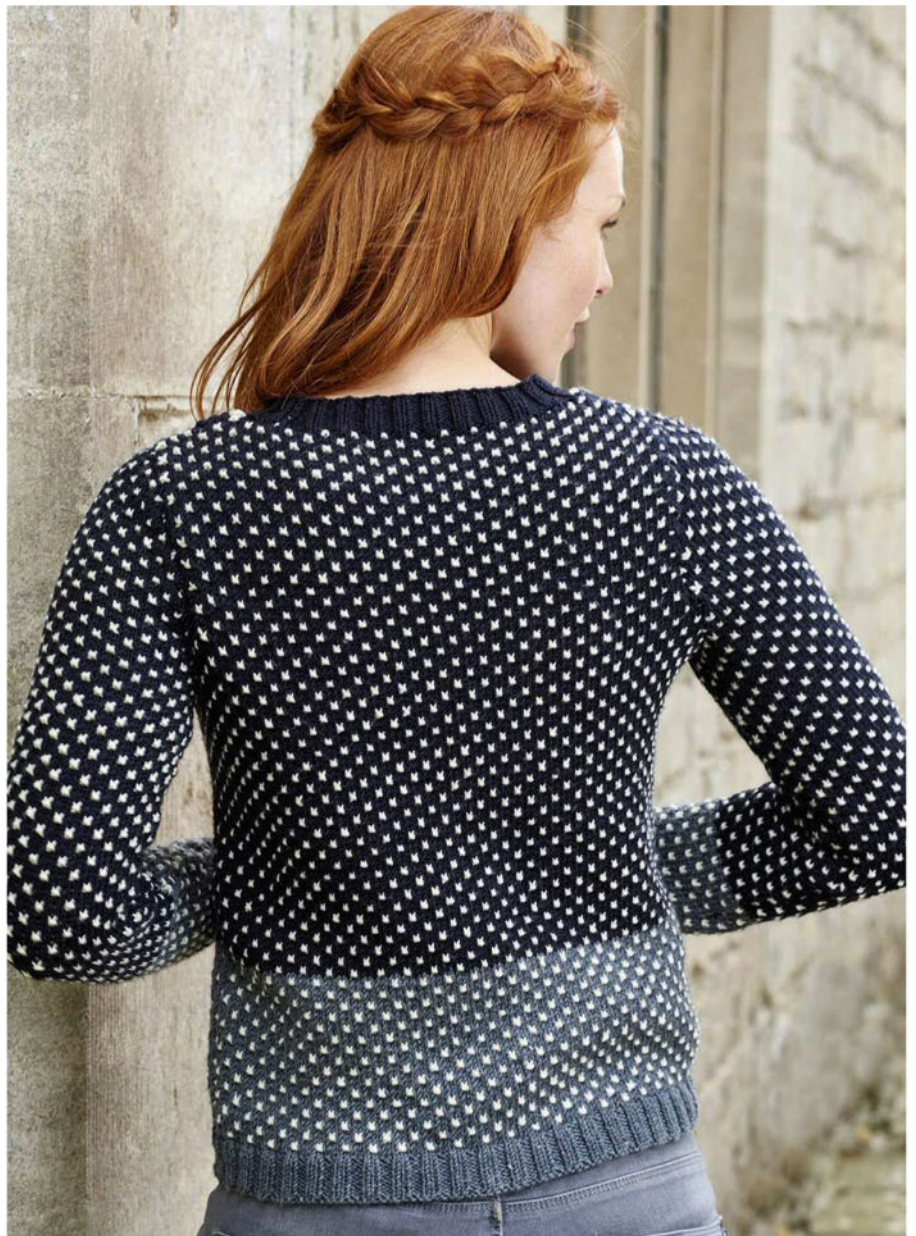
**Cast off** 2 (2: 3: 3: 4) sts at beg of next and foll 3 (1: 4: 1: 4) alt rows, then 3 (3: -: 4: -) sts at beg of foll 1 (3: -: 3: -) alt rows. [3 (3: 3: 4: 4) sts]

Work 1 row.

**Cast off** rem 3 (3: 3: 4: 4) sts.

With RS facing, slip centre 19 sts onto a holder, rejoin appropriate yarn and patt to end.

Complete to match first side, reversing shapings.



The eight-row slip-stitch pattern is worked all over the body and sleeves. Use a row counter to help you keep track of the repeats and the total number of rows worked.

## STEP-BY-STEP HOW TO JOIN IN YARN



**1** Whenever possible, join in a piece of yarn at the beginning of a new row. Holding both strands of yarn, insert your needle in the first stitch of the row.



**2** For the first stitch, wind both yarns around the needle and pull both through as usual. On the following row, knit the two strands for this stitch as one.



**3** Now drop the 'old' yarn and continue working along the row, winding just the 'new' yarn around the needle for each stitch.



**4** The wrong side shows the new yarn worked in. Tie off the ends of the yarn loosely until you finish the piece and weave in the ends.



**Tip** We love this monochrome look, but there are 28 shades to choose from in Rowan Super Fine Merino DK, so why not choose a different colour combination and make this jumper truly yours? Go for pale pastels, bright primary colours or even a mix of both!

## SLEEVES

**Cast on** 50 (54: 54: 54: 58) sts using 3¼mm needles and Yarn B. Work in rib as given for Back for 10 rows, inc (dec: inc: inc: dec) 1 st at end of last row and ending with RS facing for next row. [51 (53: 55: 55: 57) sts]

Change to 4mm needles.

Joining in Yarn C when required, now work in patt as folls:

**Row 1** (RS) Using Yarn B, knit.

**Row 2** Using Yarn B, purl.

**Row 3** Using Yarn C, K2 (1: 2: 2: 1), \*sl3 wyib, K1; rep from \* to last 1 (0: 1: 1: 0) st, K1 (0: 1: 1: 0).

**Row 4** Using Yarn C, K2 (1: 2: 2: 1), \*sl3 wyif, K1; rep from \* to last 1 (0: 1: 1: 0) st, K1 (0: 1: 1: 0).

**Row 5** Using Yarn B, knit.

**Row 6** Using Yarn B, purl.

**Row 7** Using Yarn C, K1, sl2 (1: 2: 2: 1) wyib, \*K1, sl3 wyib; rep from \* to last 4 (3: 4: 4: 3) sts, K1, sl2 (1: 2: 2: 1) wyib, K1.

**Row 8** Using Yarn C, K1, sl2 (1: 2: 2: 1) wyif, \*K1, sl3 wyif, rep from \* to last 4 (3: 4: 4: 3) sts, K1, sl2 (1: 2: 2: 1) wyif, K1. These 8 rows form patt.

Cont in patt, shaping sides by inc 1 st at each end of 13th (11th: 9th: 5th: 5th) and 2 (2: 2: 1: 3) foll 22nd (20th: 18th: 14th: 14th) rows, then on 0 (0: 0: 2: 0) foll 16th rows, taking inc sts into patt. [57 (59: 61: 63: 65) sts]

Work in patt for a further 0 (6: 12: 6: 10) rows, ending after patt row 1 and with WS facing for next row.

Break off Yarn B and join in Yarn A.

Now using Yarn A in place of Yarn B, cont in patt as set throughout as folls: Inc 1 st at each end of 22nd (14th: 6th: 10th: 4th) and every foll 22nd (20th: 18th: 16th: 14th) row to 65 (69: 67: 79: 77) sts, then on every foll 24th (22nd: 20th: -: 16th) row until there are 67 (71: 75: -: 83) sts, taking inc sts into patt.

Cont straight until Sleeve meas approx 45 (46: 47: 47: 47)cm, ending after a row in same colour as last row worked before beg of back armhole shaping and with RS facing for next row.

## SHAPE TOP

**Cast off** 5 (6: 7: 8: 9) sts at beg of next 2 rows, keeping patt correct. [57 (59: 61: 63: 65) sts]

Dec 1 st at each end of next 3 rows, then on foll alt row, then on foll 4th row, then on 6 foll 6th rows, then on 3 foll



This jumper has set-in sleeves, which helps to give it a good fit. Carefully match up the sleeves to the armholes, then pin them securely in place before you start seaming.

4th rows. [29 (31: 33: 35: 37) sts]

Work 1 row, ending with RS facing for next row.

Dec 1 st at each end of next and every foll alt row until 19 sts rem, then on foll 3 rows, ending with RS facing for next row.

**Cast off** rem 13 sts.

## TO MAKE UP

Join right shoulder seam using back stitch, or mattress stitch if preferred.

## NECKBAND

With RS facing, using 3¼mm needles and Yarn A, pick up and knit 23 (23: 24: 24: 27) sts down left side of front neck, K across 19 sts on front holder, pick up and knit 23 (23: 24: 24: 27) sts up right side of front neck, and 8 sts down right side of back neck, K across 29 (29: 31:

31: 33) sts on back holder, then pick up and knit 8 sts up left side of back neck. [110 (110: 114: 114: 122) sts]

Beg with row 2, work in rib as given for Back for 9 rows, ending with RS facing for next row.

**Cast off** in rib.

## FINISHING

Place centre of cast-off edge of sleeve to shoulder seam. Set in sleeve, easing sleevehead into armhole.

Join side and sleeve seams.

Gently block to measurements, following any special yarn care instructions on the ball band. 🧶

NEXT MONTH KNIT A CABLE JUMPER. ISSUE 143, MARCH, WILL BE IN THE SHOPS FROM FRIDAY 29 JANUARY.





# NURSERY TREASURES



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**BAUBLE**



**YOU WILL NEED:-**  
1 x 50g balls of DK Classics Teal and 20g of DK Classics Red  
1 Pair of 4mm (UK8 - USA6) and 1 Pair of 3¼mm (UK10 - USA3) Knitting Needles.

**ABBREVIATIONS:-** cm centimetres, cont continue, g grammes, in inch(es), k knit, mm millimetres, p purl, rem remaining, rep repeat, st(s) stitch(es), tog together.

Using 3¼mm needles and thumb method, cast on 90 [94:98:106:110] sts.

**1st Row.** \* K2, p2, rep from \* to last 2 sts, k2.

**2nd Row.** P2, \* k2, p2, rep from \* to end.

These 2 rows will now be referred to as **2x2 rib**.

Work 7 rows more in 2x2 rib.

**10th Row.** P2 [4:6:3:6], p2tog, (p4 [4:4:5:4], p2tog) 14 [14:14:14:16] times, p2 [4:6:3:6]. 75 [79:83:91:93] sts.

Change to 4mm needles and proceed as follows:-

**1st Row.** Knit.

**2nd Row.** Purl.

These 2 rows will now be referred to as **st-st** (stocking stitch).

Working in st-st (throughout) cont until hat measures 22 [23:24:25:26] cm, (8¼ [9:9½:9¾:10¼]in), ending with a ws row.

Cast off.

**TO MAKE UP**

Join back seam. Placing back seam to centre, sew crown seam. Make 2 pompoms and attach to top corners of hat if desired. Cover with a damp cloth and leave until dry. See ball band for washing and further care instructions.

**Woolyknit**



# LOVE HEART

Bright self-stripping yarn gives **Jane Burns'** jumper and cowl set the wow factor!

cosy  
knits FOR  
Ages 1-11



THIS EASY, MEMORABLE  
STRIPE AND HEART  
DESIGN IS PERFECT FOR  
COLOURWORK BEGINNERS



**Tip** This jumper has quite a close fitting neck, so be careful not to cast off too tightly. Jane recommends using Elizabeth Zimmerman's Sewn Cast Off, which is nice and stretchy. It's easy to work too – just follow the instructions given on the opposite page.



## YOU WILL NEED

- Stylecraft, Life DK (75% acrylic, 25% wool, 100g/298m)
  - Stylecraft, Merry Go Round (100% acrylic, 100g/294m)
  - A pair of 3¼mm needles
  - A set of 3¼mm circular needles, 40cm long (cowl only)
  - A pair of 4mm needles
  - Locking stitch markers
- For yarn stockists contact  
Stylecraft 01535 609798  
www.stylecraft-yarns.co.uk

## TENSION

Yarn used knits as DK to this tension: 22 sts and 28 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## ABBREVIATIONS

For a full list see page 94



FRONT & BACK

SLEEVE



**W**ith a fab mix of Fair Isle hearts and colour-shift stripes, this jumper and cowl set is as fun to knit as it is to wear – and it would make a great gift for a winter birthday.



## SWEATER

### BACK

\*Cast on 68 (72: 76: 84: 88: 94) sts using 3¼mm needles and Yarn A.

**Row 1** \*K1, P1; rep from \* to end.

**Row 2** \*P1, K1; rep from \* to end. Repeat rows 1 & 2, 3 (3: 4: 5: 6: 6) more times.

Change to 4mm needles.

**Row 1** Knit.

**Row 2** Purl.

Beginning on stitch 7 (5: 3: 8: 6: 3) of Chart, rep all sts in Chart to last 2 (4: 6: 1: 3: 6) sts, then work first 2 (4: 6: 1: 3: 6) sts of Chart once more.

Continue to work through to row 12 of Chart, beginning and ending on sts as set in last row.

Cont in Yarn B only.

**Row 1** Knit.

**Row 2** Purl.

Change to Yarn A.

**Row 3** Knit.

**Row 4** Purl.

Last 4 rows set stripe pattern and stocking stitch.

Continue working in stocking stitch as set in stripe pattern until piece measures 24 (25.5: 28: 33: 35: 37.5)cm

from cast-on edge, ending after a WS row.

Cont in Yarn A only.

**Next row** Cast off 3 (3: 4: 5: 6: 6) sts, knit to end.

**Next row** Cast off 3 (3: 4: 5: 6: 6) sts, purl to end. [62 (66: 68: 74: 76: 82) sts]\*

Continue to work in stocking stitch in Yarn A only until piece measures 36 (38: 42: 48: 52: 56)cm from cast-on edge, ending with a RS row.

**Next row** P15 (17: 17: 19: 18: 21), place locking marker in last st, P32 (32: 34: 36: 40: 40), place locking marker in last st, P15 (17: 17: 19: 18: 21).

**Cast off**, keeping markers in place.

## FRONT

Work as for Back from \* to \*.

Continue to work in stocking stitch in Yarn A only until piece measures 28.5 (30.5: 34.5: 40.5: 44.5: 48.5)cm from cast-on edge, ending after a WS row.

## BEGIN NECK SHAPING

**Next row** K26 (28: 28: 31: 31: 34), turn, leave rem 36 (38: 40: 43: 45: 48) sts on holder.

**Next row** Purl.

Working on these 26 (28: 28: 31: 31: 34) sts only continue as follows: Decrease one stitch at neck edge every row 11 (11: 11: 12: 13: 13) times.

[15 (17: 17: 19: 18: 21) sts]

Continue working in stocking stitch until piece measures 36 (38: 42: 48: 52:

## SWEATER

SIZE		1-2yrs	2-3yrs	4-5yrs	6-7yrs	8-9yrs	10-11yrs
TO FIT	cm	53	56	61	67	71	76
CHEST	in	26 3/4	22	24	26 1/4	28	30
ACTUAL	cm	61.5	65.5	69	76.5	80	85.5
CHEST	in	24 1/4	25 3/4	27 1/4	30	31 1/2	33 1/2
LENGTH	cm	36	38	42	48	52	56
	in	14	15	16 1/2	18 3/4	20 1/2	22
SLEEVE	cm	24	26	31	35	39	40
LENGTH	in	9 1/2	10 1/4	12 1/4	13 3/4	15 1/2	15 3/4

YARN Stylecraft, Life DK (100g/298m balls)

Yarn A Charcoal (2323) 2 2 2 3 3 4

YARN Stylecraft, Merry Go Round (100g/294m balls)

Yarn B Rose Purple (3121) 1 1 1 1 1 1

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# KID'S JUMPER & COWL

56)cm, ending after a WS row.

**Cast off.**

With RS facing, and working on rem 36 (38: 40: 43: 45: 48) sts, slip next 10 (10: 12: 12: 14: 14) sts onto stitch holder, rejoin Yarn A to rem 26 (28: 28: 31: 31: 34) sts and knit to end.

**Next row** Purl.

Working on these 26 (28: 28: 31: 31: 34) sts only continue as follows:

Decrease one stitch as neck edge every row 11 (11: 11: 12: 13: 13) times.

[15 (17: 17: 19: 18: 21) sts]

Continue working in stocking stitch until piece measures 36 (38: 42: 48: 52: 56)cm, ending after a WS row.

**Cast off.**

**SLEEVES (MAKE 2 ALIKE)**

**Cast on** 36 (40: 44: 48: 52: 56) sts using Yarn A and 3¼mm needles.

**Row 1** \*K1, P1; rep from \* to end.

**Row 2** \*P1, K1; rep from \* to end.

Repeat rows 1 & 2, 3 (3: 4: 5: 6: 6) more times.

Change to 4mm needles.

Work in st st throughout as foll:

**AGE 6-7 ONLY**

Inc 1 st at each end of 7th row, then every following 6th row, 7 times, then inc 1 st at each end of every following 8th row, once. [- (: - : 66: - : -) sts]

**AGES 1-2, 2-3, 4-5, 8-9 & 10-11 ONLY**

Inc 1 st at each end of 5th row, then every following 4th row 5 (3: 2: - : 2: 4) times, then inc 1 st at each end of every following 6th row 2 (4: 6: - : 9: 8) times. [52 (56: 62: - : 76: 82) sts]

**ALL SIZES**

Continue in stocking stitch and stripe pattern until piece measures 24 (26: 31: 35: 39: 40)cm from cast-on edge, ending after a WS row.

**Cast off.**

**NECKBAND**

Join right shoulder seam. With RS facing, using 3¼mm needles and Yarn A, pick up and knit 23 (23: 23: 24: 23: 23) sts evenly along left side of neck, work across 10 (10: 12: 12: 14: 14) sts left on holder at front of neck, pick up and knit 23 (23: 23: 24: 23: 23) sts evenly along right side of neck, pick up and knit 32 (32: 34: 36: 40: 40) from cast off stitches at back of neck. [88 (88: 92: 96: 100: 100) sts]

**Row 1** \*K1, P1; rep from \* to end.

**Row 2** \*P1, K1; rep from \* to end.

Repeat rows 1 & 2 twice more.

**Cast off** using the Elizabeth

Zimmerman Sewn Cast Off as folls:

Cut a length of yarn approx 3 times the length of your work and thread onto a tapestry needle.

\*Insert the tapestry needle into the first 2 sts on the LH needle as if to purl and draw the yarn through.

Without taking the sts off the LH needle, insert the tapestry needle into the first st on needle again as if to knit, draw the yarn through and slip the stitch off.

Rep from \* until all sts are cast off.

**FINISHING**

Join left shoulder and neck band seams. Fold sleeves in half lengthwise and place stitch marker, use this stitch marker to align the centre of the sleeve



You'll use solid yarn for the background and self-striping yarn for the colourwork.





**Tip** Stylecraft's Life DK and Merry Go Round are both machine washable yarns that can be tumble dried on a cool setting, so they're ideal for easy-to-care-for, hard-wearing children's knits. The wool content of Life DK will provide extra warmth for winter, too.

cap with the shoulder seam, pin sleeve into place. Sew into position. Join side and sleeve seams. Gently block to measurements, following any yarn care instructions on the ball band.

#### COWL

**Cast on** 126 (135: 144: 171: 189: 207) sts using 3¼mm circular needle and Yarn A. Join into the round taking care not to twist sts. Place marker.

**Rounds 1–4** Knit.

Change to 4mm needles.

Commence working from Chart, repeating all sts of Chart 14 (15: 16: 19: 21: 23) times across the row.

Repeat rows 1–12 from Chart 4 (4: 5: 5: 6: 7) times.

Change to Yarn A and 3¼mm needles. Place a locking marker or tie a piece of waste yarn into last row.

Knit every round until piece measures the same from the marker as from cast-on edge to marker.

**Cast off.**

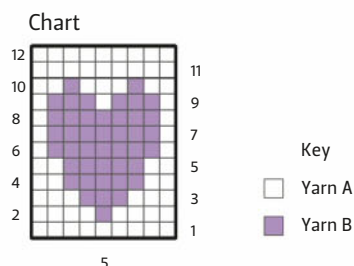
#### TO MAKE UP

With WS facing bring cast-off and cast-on edges together and graft the edges together. Gently block to measurements, following any yarn care instructions on the ball band.



#### HOW TO USE OUR CHARTS

Start at the bottom right-hand corner. Read right side rows from right to left and wrong side rows from left to right. A row of squares represents a row of knitting.



#### COWL

SIZE		1-2yrs	2-3yrs	4-5yrs	6-7yrs	8-9yrs	10-11yrs
ACTUAL CIRCUM-FERENCE	cm	57	61	65.5	77.5	86	94
	in	22½	24	25¾	30½	33¾	37
HEIGHT	cm	17	17	21.5	21.5	25.5	30
	in	6¾	6¾	8½	8½	10	11¾
YARN		Stylecraft, Life DK (100g/298m balls)					
Yarn A Charcoal (2323)		2	2	2	2	2	3
YARN		Stylecraft, Merry Go Round (100g/294m balls)					
Yarn B Rose Purple (3121)		1	1	1	1	1	2

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



Use the Fair Isle technique and follow the chart to knit this row of little hearts.



The jumper's cuffs are worked in moss stitch to give a closer fit at the wrists.







# Stylecraft

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# BEADED JUMPER

---



SCOOP-NECK  
JUMPER in  
10 SIZES

# SWISH

*Be a vision in violet with **Amanda Jones'**  
bead and lace jumper – a classically elegant piece  
you'll want to wear time and time again.*



**Tip** Adding beads to your knitting is not hard, we promise! For this pattern the beads are threaded onto the yarn as you go along, so you don't have to count out too many at a time. Make sure you work in good light, and place a bead each time you get to a 'B1' stitch.



## YOU WILL NEED

- Artesano, 4ply Pure Alpaca (100% superfine alpaca, 50g/184m)
  - Two 3mm circular needles, 60cm and 100cm long
  - A pair of 3¼mm needles
  - 4 stitch markers
  - 500 (500: 500: 500: 500: 600: 600: 600: 600) size 6 beads
  - Fine needle for threading beads
  - Tapestry needle
- For yarn stockists contact  
Artesano 0118 950 3350  
[www.artesano yarns.co.uk](http://www.artesano yarns.co.uk)

## TENSION

Yarn used knits as 4ply to this tension: 28 sts and 38 rows to measure 10x10cm (4x4in) over st st using 3mm needles

## ABBREVIATIONS

**B1** yfwd, slip 1 purlwise, bring up the bead and place in front of slipped stitch, ybk.  
**yo2** wrap yarn around RH needle twice (see note)

For a full list see page 94

Sometimes, it's the little details that make a garment really special. The delicate bead embellishment, intricate lace design and subtly frilled cuffs on this elegant jumper will make it stand out in your wardrobe of woolly wear. Made with super-soft alpaca yarn that comes in a wide range of beautiful solid colours, this jumper feels as good as it looks. Knitted bliss!



## NOTES

This jumper is knitted in the round from the top down. Beads are threaded onto the work as you need them to avoid having to push them down the yarn, as this could damage the yarn.

During the Chart there are a series of double yarn overs (yo2). It is important these are seen as two stitches on the following round, where you will work K1, P1 into each double yarn over.

On WS short rows, yarn overs are used instead of wrapped stitches to prevent gaps from forming when working the following RS round. Alternatively, you may use whichever short row method you prefer. A video tutorial on the yarn over method can be found at the following link: [www.youtube.com/watch?v=SCgyxLce94](http://www.youtube.com/watch?v=SCgyxLce94).

## STITCH PATTERNS

### MOSS STITCH (WORKED IN THE ROUND)

**Round 1** \*K1, P1; rep from \* to end.  
**Round 2** \*P1, K1; rep from \* to end.  
Rep last 2 rounds for patt.

### MOSS STITCH (WORKED FLAT OVER AN ODD NUMBER OF STS)

**Row 1** \*K1, P1; rep from \* to last st, K1.  
Rep this row for patt.

### MOSS STITCH (WORKED FLAT OVER AN EVEN NUMBER OF STS)

**Row 1** (RS) \*K1, P1; rep from \* to end.  
**Row 2** (WS) \*P1, K1; rep from \* to end.  
Rep last 2 rows for patt.

## CHART (WRITTEN INSTRUCTIONS)

**Round 1** \*(K2, B1) twice, K6; rep from \* to last 8 sts, (K2, B1) twice, K2.  
**Round 2** \*K2, k2tog, yo2, ssk, K6; rep from \* to last 8 sts, K2, k2tog, yo2, ssk, K2.  
**Round 3** \*B1, K3, P1, K2, B1, K4; rep from \* to last 8 sts, B1, K3, P1, K2, B1.  
**Round 4** \*(K2tog, yo2, ssk) twice, K4; rep from \* to last 8 sts, (k2tog, yo2, ssk) twice.  
**Round 5** \*K2, P1, K3, P1, K5; rep from \* to last 8 sts, K2, P1, K3, P1, K1.  
**Round 6** \*K2, k2tog, yo2, ssk, K2, M1, K4; rep from \* to last 8 sts, K2, k2tog, yo2, ssk, K2, M1.  
**Round 7** \*K4, P1, K8; rep from \* to last 9 sts, K4, P1, K4.  
**Round 8** \*(K2tog, yo2, ssk) twice, K5; rep from \* to last 9 sts, (k2tog, yo2, ssk) twice, K1.  
**Round 9** \*B1, K1, P1, K3, P1, B1, K5; rep from \* to last 9 sts, B1, K1, P1, K3, P1, B1, K1.  
**Round 10** \*K2, k2tog, yo2, ssk, K7; rep from \* to last 9 sts, K2, k2tog, yo2, ssk, K3.  
**Round 11** \*K2, B1, K1, P1, B1, K7; rep from \* to last 9 sts, K2, B1, K1, P1, B1, K3.  
**Round 12** Knit.



SIZE		8	10	12	14	16	18	20	22	24	26
TO FIT	cm	81	86	91	97	102	107	112	117	122	127
BUST	in	32	34	36	38	40	42	44	46	48	50
ACTUAL BUST	cm	87	92	97	101.5	108	113	117.5	122.5	128.5	132.5
	in	34¼	36¼	38¼	40	42½	44½	46¼	48¼	50½	52¼
LENGTH	cm	67.5	68	68.5	69	70.5	71	72	72.5	73.5	74.5
	in	26½	26¾	27	27¼	27¾	28	28¼	28½	29	29¼
SLEEVE LENGTH	cm	47	47	47	47	47	47	47	47	47	47
	in	18½	18½	18½	18½	18½	18½	18½	18½	18½	18½
YARN	Artesano, Alpaca 4ply (50g/184m balls)										
Violet (C704)		6	6	7	7	8	8	8	9	9	10

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# BEADED JUMPER

**Round 13** \*K5, M1, K8; rep from \* to last 9 sts, K5, M1, K4.

**Round 14** \*K5, B1, K8; rep from \* to last 10 sts, K5, B1, K4.

**Round 15** Knit.

**Round 16** \*K4, B1, K1, B1, K7; rep from \* to last 10 sts, K4, B1, K1, B1, K3.

**Round 17** Knit.

**Round 18** \*K5, B1, K8; rep from \* to last 10 sts, K5, B1, K4.

## BODY

Thread 41 (43: 45: 46: 47: 49: 50: 51: 52: 53) beads onto yarn.

**Cast on** 152 (160: 166: 172: 176: 182: 186: 190: 194: 198) sts using shorter 3mm circular needles. Join to work in the round, being careful not to twist. PM for beg of round.

Work in moss st for 8 rounds, inc 0 (0: 1: 0: 0: 1: 0: 0: 0) st and dec 0 (0: 0: 1: 1: 0: 0: 0: 0) st at end of last round. [152 (160: 167: 171: 175: 183: 187: 190: 194: 198) sts]

**Next round** K5 (9: 6: 8: 10: 8: 10: 4: 6: 8), M1, \*K13 (13: 13: 13: 13: 14: 14: 14: 14: 14), M1; rep from \* to last 4 (8: 5: 7: 9: 7: 9: 4: 6: 8) sts, knit to end. [164 (172: 180: 184: 188: 196: 200: 204: 208: 212) sts]

**Next 3 rounds** Knit.

**Next round** K1, B1, \*K3, B1; rep from \* to last 2 sts, K2.

**Next 4 rounds** Knit.

**Next round** K10 (9: 6: 10: 9: 7: 10: 5: 7: 4), M1, \*K16 (14: 13: 15: 19: 14: 20: 15: 15: 12), M1; rep from \* to last 10 (9: 5: 9: 8: 7: 10: 4: 6: 4) sts, knit to end. [174 (184: 194: 196: 198: 210: 210: 218: 222: 230) sts]

**Next 4 rounds** Knit.

**Next round** K6, M1, K25 (28: 31: 30: 30: 32: 32: 32: 32: 34), M1, K6, M1, K50 (52: 54: 56: 57: 61: 61: 65: 67: 69), M1, K6, M1, K25 (28: 31: 30: 30: 32: 32: 32: 32: 34), M1, K6, M1, K50 (52: 54: 56: 57: 61: 61: 65: 67: 69), M1. [182 (192: 202: 204: 206: 218: 218: 226: 230: 238) sts]

Break yarn and thread on 120 (128: 136: 136: 136: 144: 144: 152: 152: 160) beads. Rejoin yarn.

## BEGIN CHART

**Round 1** K3 (2: 1: 2: 3: 3: 3: 1: 3: 1), work Chart to last 3 (2: 1: 2: 3: 3: 3: 1: 3: 1) sts, knit to end.

Cont in Chart as set, working 3 (2: 1: 2: 3: 3: 3: 1: 3: 1) sts at beg and end of round in st st, until round 13 of Chart has been completed.

[212 (224: 236: 238: 240: 254: 254: 264: 268: 278) sts]

Break yarn and thread on 60 (64: 68: 68: 68: 72: 72: 76: 76: 80) beads.

Rejoin yarn and continue through round 18 of Chart as set.

**Next round** Knit.

Remove sm, K3, replace sm for new beg of round.

**Next round** K45 (49: 52: 51: 51: 53: 53: 53: 53: 56) for Left Sleeve, PM, K61 (63: 66: 68: 69: 74: 74: 79: 81: 83) for Back, PM, K45 (49: 52: 51: 51: 53: 53: 53: 53: 56) for Right Sleeve, PM, knit to 1 st before end of round, M1, K1. [213 (225: 237: 239: 241: 255: 255: 265: 269: 279) sts: 45 (49: 52: 51: 51: 53: 53: 53: 53: 56) sts for each Sleeve, 61 (63: 66: 68: 69: 74: 74: 79: 81: 83) sts for



The subtle scoop on the shoulders makes for a flattering fit from the front and back.

Back, and 62 (64: 67: 69: 70: 75: 75: 80: 82: 84) sts for Front]

## SHAPE RAGLAN & BACK WITH SHORT ROWS

**Short row 1** (RS) (K1, M1, K to 1 st before sm, M1, K1, sl sm) 3 times, K1, M1, K23 (24: 25: 25: 26: 28: 28: 29: 30: 32), w&t. [7 sts inc'd]

**Short row 2** (WS) (Purl to sm, sl sm) four times, P24 (25: 26: 26: 27: 29: 29: 30: 31: 33), turn.

**Short row 3** Yo, (knit to 1 st before sm, M1, K2, M1, sl sm) 4 times, knit to 4 (4: 4: 4: 4: 5: 5: 5: 5: 6) sts before last w&t, w&t. [8 sts inc'd]

**Short row 4** Purl to 4 (4: 4: 4: 4: 5: 5: 5: 5: 6) sts before last yo (slipping stitch markers as you go), turn.

Rep last 2 rows 3 times more.

## STEP-BY-STEP M1 MAKE ONE INTO LOOP BETWEEN



**1** Insert the point of the right-hand needle under the loop or line of yarn that lies between the two stitches and pick it up as a stitch.



**2** Slip the picked-up stitch on to the left-hand needle.



**3** Insert the tip of the right-hand needle into the back of the stitch and knit this stitch.



**4** Pull the stitch all the way through and you will have an extra stitch on your right-hand needle.



**Tip** This design includes both written and charted instructions for the lace pattern, so you can use the one that you find easiest to follow. If you notice that you often lose your place, try using a ruler or magnetic pattern holder to mark where you are in the pattern.

[252 (264: 276: 278: 280: 294: 294: 304: 308: 318) sts]

**Next row (RS)** Yo, (knit to 1 st before sm, M1, K2, M1) 4 times, \*knit to wrapped st, work wrap with wrapped st) 5 times, (knit to 1 st before yo, sl 1 knitwise, sl 1 purlwise, insert LH needle into these 2 sts and K these 2 sts together; rep from \* 3 more times, knit to next sm (end of round).

[260 (272: 284: 286: 288: 302: 302: 312: 316: 326) sts: 57 (61: 64: 63: 63: 65: 65: 65: 65: 68) sts for each Sleeve, 73 (75: 78: 80: 81: 86: 86: 91: 93: 95) sts each for Front and Back]

**NOTE** When increasing, change to longer 3mm circular needles when necessary.

**Next round** Knit.

**Raglan inc round** \*K1, M1, knit to 1 st before sm, M1, K1; rep from \* 3 times more. [8 sts inc'd]

Rep last 2 rounds 4 (1: 1: 2: 0: 1: 1: 4: 6: 7) time(s) more.

[300 (288: 300: 310: 296: 318: 318: 352: 372: 390) sts: 67 (65: 68: 69: 65: 69: 69: 75: 79: 84) sts for each Sleeve, 83 (79: 82: 86: 83: 90: 90: 101: 107: 111) sts each for Front and Back]

**Next round** Knit.

**Body inc round** \*Knit to sm, sl sm, K1, M1, knit to 1 st before sm, M1, K1; rep from \* once more. [4 sts inc'd]

**Next round** Knit.

**Raglan inc round** \*K1, M1, knit to 1 st before sm, M1, K1; rep from \* 3 times more. [8 sts inc'd]

Rep last 4 rounds 6 (8: 9: 9: 11: 11: 12: 11: 11: 11) times more.

[384 (396: 420: 430: 440: 462: 474: 496: 516: 534) sts: 81 (83: 88: 89: 89: 93: 95: 99: 103: 108) sts for each Sleeve, 111 (115: 122: 126: 131: 138: 142: 149: 155: 159) sts each for Front and Back]

**Next round** Knit.

#### DIVIDE FOR SLEEVES & BODY

**Next round** Sl sm, slip next 81 (83: 88: 89: 89: 93: 95: 99: 103: 108) sts to holder, remove sm, cast on 9 (12: 12: 14: 18: 18: 20: 20: 22: 24) sts using backward loop cast on, knit to next sm, slip next 81 (83: 88: 89: 89: 93: 95: 99: 103: 108) sts to holder (removing markers), cast on 9 (12: 12: 14: 18: 18: 20: 20: 22: 24) sts using backward loop cast on, knit to end of round.

[240 (254: 268: 280: 298: 312: 324: 338: 354: 366) sts]

Work even in st st until work measures 36cm from underarm cast on, inc 0 (0: 2: 0: 4: 0: 2: 4: 4: 0) sts and dec 2 (0: 0: 2: 0: 2: 0: 0: 0: 0) sts evenly on last row. [238 (254: 270: 278: 302: 310: 326: 342: 358: 366) sts]

Break yarn and thread on 116 (124: 132: 136: 148: 152: 160: 168: 176: 180) beads. Rejoin yarn.

#### SMALL BEAD PATTERN

**Round 1** K5, \*K1, B1, K6; rep from \* to last st, K1.

**Rounds 2 & 4** Knit.

**Round 3** K5, \*B1, K1, B1, K5; rep from \* to last st, K1.

**Round 5** K5, \*K1, B1, K6; rep from \* to last st, K1.

**Next 3 rounds** Knit.

Work 8 rounds in moss st, then cast off in patt using 3¼mm needle.

#### SLEEVES

**Cast on 5** (6: 6: 7: 9: 9: 10: 10: 11: 12) sts using shorter 3mm needles, knit across 81 (83: 88: 89: 89: 93: 95: 99: 103: 108) sts held for sleeve, turn.

[86 (89: 94: 96: 98: 102: 105: 109: 114: 120) sts]

**Next row (WS)** Cast on 4 (6: 6: 7: 9: 9: 10: 10: 11: 12) sts, purl to end.

[90 (95: 100: 103: 107: 111: 115: 119: 125: 132) sts]

Work 12 (8: 8: 6: 12: 8: 6: 12: 8: 6) rows in st st.

Dec 1 st at each end of next row, then every foll 6 (6: 6: 6: 5: 5: 5: 4: 4: 4) rows 19 (20: 23: 24: 26: 25: 27: 29: 32: 34) times more.

[50 (53: 52: 53: 53: 59: 59: 59: 59: 62) sts]

Cont even in st st until Sleeve measures 42cm from underarm cast on, ending

after a WS row and inc 3 (0: 1: 0: 0: 0: 0: 0: 0: 3) st(s) evenly on last row.

[53 (53: 53: 53: 53: 59: 59: 59: 59: 65) sts]

Break yarn and thread 36 (36: 36: 36: 36: 40: 40: 40: 40: 44) beads. Rejoin yarn.

#### SMALL BEAD PATTERN

**Row 1** K1, \*K1, B1, K4; rep from \* to last 4 sts, K1, B1, K2.

**Rows 2 & 4** Purl.

**Row 3** K1, \*B1, K1, B1, K3; rep from \* to last 4 sts, B1, K1, B1, K1.

**Row 5** K1, \*K1, B1, K4; rep from \* to last 4 sts, K1, B1, K2.

**Next row** Knit.

#### CUFF

**Row 1 (RS)** K2, M1, K1, M1, \*K5, M1, K1, M1; rep from \* to last 2 sts, K2.

[71 (71: 71: 71: 71: 79: 79: 79: 79: 87) sts]

**Rows 2 & 4** (WS) Purl.

**Row 3** K2, M1, K3, M1, \*K5, M1, K3, M1; rep from \* to last 2 sts, K2. [89 (89: 89: 89: 89: 99: 99: 99: 99: 109) sts]

**Row 5** K2, M1, K5, M1, \*K5, M1; rep from \* to last 2 sts, K2.

[107 (107: 107: 107: 107: 119: 119: 119: 119: 131) sts]


**Row 6** (WS) Purl.

Work 8 rows in moss st, then cast off in patt using 3¼mm needle. Repeat for other sleeve.

#### TO FINISH

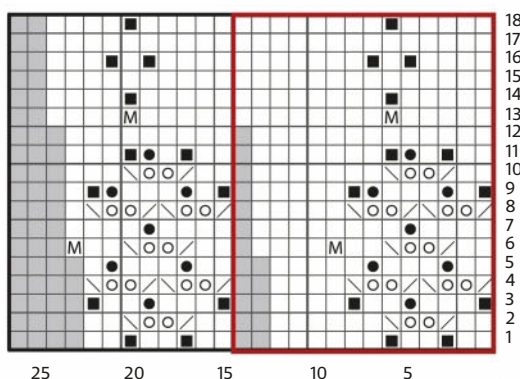
Weave in ends. Press work according to the instructions on the ball band.

Join sleeve seams and sew underarms.

Press sleeve seam. 

NEXT MONTH TURN HEADS WITH A STYLISH AND FUN TO KNIT TOP IN SPARKLY SEQUINNED YARN. ISSUE 143, MARCH, WILL BE IN THE SHOPS FROM FRIDAY 29 JANUARY.

Chart



Key

	Knit		Yo
	Purl		M1
	B1		No Stitch
	K2tog		Repeat
	Ssk		

#### HOW TO USE OUR CHARTS

Start at the bottom right-hand corner. Read all rounds from right to left. A row of squares represents a row of knitting.





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KATH GARNER

## KNITTING NOVICE

*One beginner shares her latest knitting achievements.*

# “How could knitting help me lose weight?”

Several months of inactivity has led to an increased waistline. Even so, I was somewhat put out when accosted by the Accomplished Knitter and told I was putting on weight.

“Time you started knitting again,” she said, causing a quizzical frown. How could knitting help me lose weight?

“It keeps your mind occupied and your fingers busy,” she replied tartly.

“Nonsense,” responded my long-suffering husband. “The only way to lose weight is eat less and move more. Get outside and do some exercise!”

I reluctantly accepted his opinion but could see some logic in the Accomplished Knitter’s point. So, after a long break due to my knitter’s thumb problem (see issue 128!), I started thinking about my next project. I wanted something quick and simple which would use up all the oddments I’d accumulated.

“Any ideas?” I asked the Accomplished Knitter, who smirked and brought out a photograph.

“Ahh,” I murmured, smiling as realisation hit. It was the perfect project for my current mood. Simple, fun and easily achievable – something

that would reignite my desire to knit, keep my fingers so busy they couldn’t pick at edible treats and maybe help me lose a few pounds along the way, without having to venture outside.

The theory that knitting fingers stop you eating was quickly foiled at my knit and natter group. There’s always a plate of homemade goodies on offer and it would be extremely rude to refuse! However, at home I was strong and whenever I felt the urge to nibble I picked up my needles and knitted instead.

## MYSTERY KNIT

“What on earth are those going to be?” queried hubby on seeing a line of thin woollen strips lying over the arm of the sofa – a mix of black, black and white, black and pink, black and yellow.

“Can’t you guess?” was my response, as I moved onto producing brown, white and red rectangles.

“What are you knitting, Mum?” asked the children, convinced their mother had finally lost the plot.

“It’s to stop me thinking about food,” I finally responded, causing even more confusion.

And yes, it worked! Combined with less chocolate and more exercise, knitting helped me to lose weight. In the past few months I’ve lost several pounds and feel much better for it. During the process I’ve reignited my desire to learn to knit properly and used a lot of wool oddments that were lying around – success all round.

But did it help me stop thinking about food? Well... not exactly!

As I started to roll up and stitch the different coloured strips, a look of understanding spread across the children’s faces. They laughed as I piled my creations into a bowl and placed others on a doily-covered plate, while my husband uttered “for goodness’ sake” and shook his head in despair at my foible.

So I’ve ended up creating a delightful bowl of brightly coloured liquorice allsorts, some ham sandwiches and a plate of assorted cakes. They look good enough to eat but are completely calorie free.

I don’t suppose, however, that I’ll get away with not baking something a little more edible when it’s my turn to host the next knit and natter! ●



From left to right: Liquorice allsorts, yarn-style; knitted afternoon tea that’s good enough to eat; enjoying a slice of the real thing!



# JAMBOREE

**Kirstie McLeod's** sparkly socks are the perfect match for your favourite party shoes.

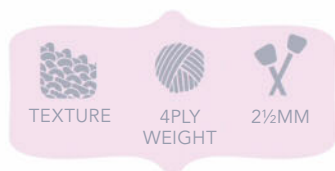
TREAT  
YOURSELF TO  
NEW SOCKS!

This fun yarn is  
SELF-PATTERNING, so  
you can focus on  
the stitches





**Tip** The riot of colours in this yarn means it looks fantastic on mismatched socks, but if you want to make two identical socks it's easy to do – just start your first sock at the beginning of a specific colour change, and make sure you do the same for the second.



## YOU WILL NEED

- Opal, Happy (71% superwash wool, 26% polyamide, 3% polyester, 100g/425m balls)  
1 ball of 9093 – Sweet & Spicy 2
  - A set of 2½mm double-pointed needles (or a circular needle, 80cm long for magic loop method)
  - 2 stitch markers
- For yarn stockists visit [www.viridianyarn.com](http://www.viridianyarn.com)

## TENSION

Yarn used knits as 4ply to this tension: 28 sts and 46 rows to measure 10x10cm (4x4in) over st st using 2½mm needles

## ABBREVIATIONS

**K1 long** insert right-hand needle 2 rows below into the space between the k2tog and sl1, K1, pssso stitches, then knit a stitch drawing the loop onto the right-hand needle

For a full list see page 94

**T**hese fantastic socks have pretty much everything: colourful stripes, faux Fair Isle patterning, a pretty textured stitch design, and even a hint of sparkle – perfect!



## CUFF

**Cast on** 56 (64: 72) sts using 2½mm circular needle and a long-tail cast on. Join in the round, taking care not to twist. PM to mark beg of round.  
**Round 1** (K1, P1) to end.  
Repeat round 1 until cuff meas 3cm.

## LEG

**Round 1** Knit.  
**Round 2** \*K4, k2tog, skpo; rep from \* to end of round.  
**Round 3** Knit.  
**Round 4** \*K4, K1 long, K2, K1 long; rep from \* to end of round.  
**Round 5** Knit.  
**Round 6** \*K2tog, skpo, K4; rep from \* to end of round.  
**Round 7** Knit.  
**Round 8** \*K1 long, K2, K1 long, K4; rep from \* to end of round.  
Rounds 1–8 set pattern.  
Work rounds 1–8, 12 times in total.  
**Next round** Knit, ending 4 (0: 4) sts before end of round.  
Turn work so WS is facing.  
The heel flap will now be worked over the next 28 (32: 36) sts. Remove the marker as you come to it.

## HEEL

**Row 1** Sl1, P27 (31: 35), turn.  
**Row 2** (Sl1, K1) to end of row, turn.  
Repeat last 2 rows 13 (15: 17) more times.  
**Next row** Sl1, purl to end of row.

## TURN HEEL

**Next row** Sl1, K14 (16: 18), ssk, K1, turn.  
**Next row** Sl1, P3, p2tog, P1, turn.  
**Next row** Sl1, K4, ssk, K1, turn.  
**Next row** Sl1, P5, p2tog, P1, turn.  
**Next row** Sl1, K6, ssk, K1, turn.  
**Next row** Sl1, P7, p2tog, P1, turn.  
**Next row** Sl1, K8, ssk, K1, turn.  
**Next row** Sl1, P9, p2tog, P1, turn.  
**Next row** Sl1, K10, ssk, K1, turn.  
**Next row** Sl1, P11, p2tog, P1, turn.  
**Next row** Sl1, K12, ssk, K1, turn.  
**Next row** Sl1, P13, p2tog, P1, turn.

## SIZES M & L ONLY

**Next row** Sl1, K14, ssk, K1, turn.  
**Next row** Sl1, P15, p2tog, P1, turn.

## SIZE L ONLY

**Next row** Sl1, K16, ssk, K1, turn.  
**Next row** Sl1, P17, p2tog, P1, turn.  
All sts in heel have now been used up and 16 (18: 20) sts remain in the heel flap.

Resume working in rounds.

**Next round** Pick up and knit 14 (16: 18) sts down left side of flap, PM (marker 1), (K4, k2tog, skpo) 3 (4: 4) times, K4 (0: 4), PM (marker 2), pick up and knit 14 (16: 18) sts up right side of flap.  
[72 (82: 92) sts]  
**Next round** K to end of round.  
**Round 1** K to 3 sts before st marker, k2tog, P1, sm, (K4, K1 long, K2, K1 long) 3 (4: 4) times, K4 (0: 4), sm, P1, ssk, K to end of round. [70 (80: 90) sts]  
**Round 2** K to end of round.  
**Round 3** K to 3 sts before st marker, k2tog, P1, (k2tog, skpo, K4) 3 (4: 4) times, (k2tog, skpo) 1 (0: 1) time, sm, P1, ssk, K to end of round.  
[68 (78: 88) sts]

## STEP-BY-STEP KITCHENER STITCH



**1** Cut the yarn, leaving a long tail. Thread yarn purlwise through the first stitch at the front and knitwise through the first stitch at the back.



**2** Back to the front. Pass through first stitch knitwise, then slip the stitch from the needle. Sew into the next front st purlwise, pulling the yarn through both stitches.



**3** Take the sewing needle to the back needle and 'purl' a stitch, then slip that stitch from the needle. 'Knit' into the next stitch on the back needle.



**4** Repeat steps 2–3 across until all the stitches have been grafted and weave the yarn in to finish off neatly.



# SPARKLY SOCKS

**Round 4** K to end of round.

**Round 5** K to 3 sts before st marker, k2tog, P1, sm, (K1 long, K2, K1 long, K4) 3 (4: 4) times, (K1 long, K2, K1 long) 1 (0: 1) time, sm, P1, ssk, K to end of round. [66 (76: 86) sts]

**Round 6** K to end of round.

**Round 7** K to 3 sts before st marker, k2tog, P1, sm, (K4, k2tog, skpo) 3 (4: 4) times, K4 (0: 4), sm, P1, ssk, K to end of round. [64 (74: 84) sts]

**Round 8** K to end of round.

Continue working in pattern as set by last 8 rounds, decreasing every alt round as set until there are 56 (64: 72) sts.

Continue without shaping until work meas 5cm less than the length of your foot, working in pattern on the top of the foot and in st st on the sole, ending with an even numbered pattern row.

## SHAPE TOE

K to marker 1. From now on, round begins immediately after marker 1.

**Dec round** K1, ssk, K to 3 sts before marker 2, k2tog, K1, sm, K1, ssk, K to 3 sts before marker 1, k2tog, K1.

**Next round** Knit.

Repeat these 2 rounds until 22 (24: 24) sts rem.

Distribute these so there are 11 (12: 12) sts on each of two needles, then graft using Kitchener stitch.

Repeat instructions for other sock.



The textured stitch pattern is easy to learn, and worked over just eight rows.

## NEXT MONTH

Knit some socks using your fab free gift – a set of 3mm DPNs. Issue 143, March, is on sale from Friday 29 January.

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# Talking Points

Every letter printed here will win a Patons pattern and fantastic Milward needles from Coats Crafts. Don't forget to tell us where to send your prize!



## Star letter

I'm 76 years of age and have been knitting for as long as I can remember. After the children and grandchildren stopped wanting knitted cardis and jumpers, I started knitting toys. Everyone jokes that I can't stop knitting them because I can never make just one. There's always someone else who says 'Please can you knit one for me?'. And of course, I always do. I thought you might like to see some toys I've made from Alan Dart's patterns that I got from *Simply Knitting* magazine. What would I do without my beloved knitting?

Greta Patching,  
Northampton

*And why should you stop, Greta? Your knitted toys are fantastic! What lucky friends and relatives you have. The great thing about these knits is that they'll never date, either!*



Stylecraft

OUR LETTER OF THE MONTH WRITER WINS £50 WORTH OF KNITTING GOODIES FROM STYLECRAFT! With gorgeous yarns to choose from and stylish, on-trend patterns for the whole family, Stylecraft has everything you need for your next knitting project. [www.stylecraft-yarns.co.uk](http://www.stylecraft-yarns.co.uk), 01535 609798



Carol made this fantastic wreath out of different sized pompoms!

I decided to make one of my own to decorate the house. I made lots of different sized poms from my stash and put them all together. I was so pleased with the result and it graced my front door (which is thankfully under cover) over the Christmas season. It made a change from knitting cowls, headbands, hats and phone covers as gifts.

Thanks for the past year of enjoyable magazines. I love to see other readers' work alongside lots of patterns, interviews and other knitting articles.  
*Carol Oakes, Llandudno, Wales*  
**Christmas may be over but this wreath makes a perfect party piece! It looks like such a cheery way to welcome people – any time of year.**

## SK READER TIP

■ If I've made my jumper a little shorter than I'd planned, I simply undo the cast off row, pick up the stitches and knit more ribbing. Problem solved! Anna Hawthorne, London

We'd love to pour a cuppa from Jasmine's fun tea cosy!

## OUR CUP OF TEA

Thank you for the 'Sweet Tea' pattern from subscribers' copies of issue 136. Here's a picture of my finished piece. However,



## EYE-CATCHING MAKE

Here's a picture of my nine-year-old grandson, Spencer, with the werewolf I made from issue 139. He was delighted with it! It was fairly tricky to assemble but we were both very pleased with the result. I have to admit though, I cheated and made the eyes from felt.

Pauline Baycroft, Hertfordshire  
**Lucky Spencer! No doubt he's still enjoying his very special gift.**

## WELCOME WREATH

Last year, a picture of a pompom wreath caught my attention and



Everyone's  
a winner  
with Stylecraft  
yarns.



I have to admit I made a huge mistake. Somehow, the cabling ended up on the inside. It was only after I put the whole thing together that I realised my error. Only you and I will know about this!

I also made a few more projects including a mobile for my new grandson and I'm now in the process of making tea cosies for my library ladies. Once again, thanks ever so much for all your help.

*Jasmine Jasavala, via email*

*It'll be between us, Jasmine, but regardless, it looks lovely! Your library friends are in for a real treat.*

**Anna's Aladdin miniature Pantomice make a great collector's set!**

**What a unique gift. We're sure Nikko will treasure them – they will be a lovely memento of his first pantomime experience!**

### COSY CARDI

Here's the cable cardigan I knitted for my daughter from a past issue. I made up the pattern for the hat and scarf to match and she loves it!

A subscription to *Simply Knitting* is a treat from her and I always look forward to it arriving each month.

*Valerie Hankin, via email*

*This set looks so warm and snuggly, Valerie. Great colour choice, too.*

**Valerie made a hat and scarf to complete a cable knit set.**

### ENCORE!

Thank you for the wonderful pattern for the Aladdin mice. On the same day that I bought issue 140, my three-year-old nephew was going to see Aladdin for his first pantomime trip. I set to work immediately and am really happy with the way this lovely set turned out. Each one is so detailed that it's like a mini work of art. I really enjoyed making them and hope Nikko enjoys them, too.

*Anna Turner, Bovey Tracey, Devon*



## Knitting around THE WORLD

My husband and I recently visited Dublin to celebrate his birthday (although I'm not sure he had wool shops in mind). I was lucky enough to stumble across a hidden gem called This is Knit in Powerscourt Townhouse, where I purchased some Irish wool. I also met a lovely lady called Maureen and ended up going back twice. Here I am in the shop with my magazine.

*Carole Foot, Nottingham, Dorset*

*We'd love to see more pictures of you with Simply Knitting (or even just your knitting!) in foreign lands. The sender of every letter will receive a circular needle from Coats Crafts UK.*



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Amy added a strap to her phone case so she could hang it from her neck.



#### WHAT A STAR!

I loved the star stitch phone case from issue 137 of your magazine and decided to adapt it to suit my own style. I'm always putting my phone down in the house and forgetting where it is, so I made the case with an additional strap on it so I'm able to hang it round my neck (so that I can't lose it).

The first version was all in wool as I liked the pattern texture in this material. However, I found it itchy around the neck so I made the next with a cotton trim. It's been a great success and would make a great present. Thanks for all your inspiring patterns.

Amy Eriksen, Norway

We just love your idea, Amy! Why did we never think of this before?

#### BEST IN SHOW

I thought you might like to see a picture of the Little Bo Sheep (issue 131) that I knitted, posing alongside my grandson. I'm pleased to report that the beautiful Alan Dart shepherdess took pride of place in a craft display at our allotment's annual open day and was much admired. The icing on the cake would be to see this photo in your lovely magazine. My grandson and I

#### MY BEST IDEA

■ If I'm knitting something made from two different colours, I'll check if the shades will run together once the yarn gets wet before I begin the project. It saves a lot of hassle...  
 Becca Collins, Manchester

always look forward to the next Alan Dart creation every month. Many thanks for hours of happy knitting.  
 C Moriarty, Leyton

Glad we can oblige! We're not surprised your Little Bo Sheep was such a success at the show – she's absolutely adorable! We love the cute sheep, too.



#### Write to us!

We love hearing from our readers. If you'd like to get in touch, you can email us at [simplyknitting@immediate.co.uk](mailto:simplyknitting@immediate.co.uk) or write to us at 'Talking Points', Simply Knitting, Immediate Media, Tower House, Fairfax Street, Bristol BS1 3BN.

When you include a photo, please make it as clear as possible, and take it somewhere with plenty of light so your knitting really looks its best. Please don't resize or edit the photo before sending it to us – we can make your pictures smaller here, but we can't make them larger, so if you make it too small we won't be able to use it.

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# Knit and Natter in Belfast, Northern Ireland



*This issue, our club of the month wins a fabulous goodie bag of knitting products worth £50, courtesy of LoveKnitting. For more info visit [www.loveknitting.com](http://www.loveknitting.com).*



WHAT GOES BETTER with a nice cup of tea and a big ol' slice of cake than a spot of knitting – and nattering (of course)? Well, nothing as it happens. This winning combination is possibly why the Cuppa Tea and Yarn knitting group that takes place in a cute Belfast coffee shop has been such a great success.

It all started when newbie knitter Joanne Hillocks looked for local craft clubs that would allow her to continue practising her new-found hobby. With no luck in finding an evening

meetup that would suit working hours, she decided to start one herself. "I approached a local café (Boden Park Coffee Company), which was open in the evenings. The owner loved the idea of using the space for a craft club, plus there was no charge to use the premises."

After creating a Facebook page and handing out posters to shops in the area, the first get-together took place in November 2014 with an impressive 12 members. Numbers have remained good

ever since, with the high turnout perhaps down to Joanne's sustained efforts trying to keep the public in the knitting group know. "I advertise the group on websites such as Ravelry and What's On NI as a way of promoting the group and just getting the word out," she says.

While winter-warming drinks and chat are the main items on the knitters' menu, helping out elderly charities also keeps the group busy, with their knits proving to be in demand with well-known local and national causes. "We

were approached by Marie Curie Cancer Care to knit tea cosies," Joanne explains. "They were displayed alongside professional artists' work in Belfast's Ulster Museum and were sold in aid of the charity. The event raised over £5,000, which was great!" she beams.

The group have themselves been on the receiving end of some goodwill. An elderly neighbour donated some knitting needles and accessories that she wasn't using any more. "It's great as

## Out & about

*Great things to see and do in and around Belfast.*



Find fresh produce and local crafts at St George's Market.

### GREAT DAYS OUT BELFAST

With a population of just under 300,000, Belfast is the largest city in Northern Ireland and the second largest on the whole island. The city's shipbuilders, Harland and Wolff, brought Belfast to global attention in the 19th century, and today, as birthplace of the Titanic and home to a rising culture scene, the city is a well-known tourist destination. The Queen's University and Ulster Museum are among the city's famous sites.



### CITY STATUE

Take a tour of the amazing landmarks that can be found all around Belfast. The Thanksgiving Statue (shown left), located along the Laganside waterfront, is considered to be a symbol of peace and reconciliation. [www.visit-belfast.com](http://www.visit-belfast.com)



Take a trip to the world-famous Titanic Belfast at the city docks.





these are always there for the group to use," Joanne says.

The café culture setting of the group fits in with their 'come and go as you please' attitude. "It's very flexible," says Joanne. "People come whenever and as often as they like. They can stay for an hour or all evening."

With ages ranging from 16-60, the group has knitters with all types of expertise. "Some people haven't picked up a needle for years and want a refresher," Joanne says. "Some need help with a difficult part of a pattern while others just like to come and chat to everyone over a cuppa. We've even taught

some people how to knit. Although it's always good to have experienced people on hand to help!" she admits.

Whatever the skill level, it seems the chat and cosy set-up are the main pulling factor for the fortnightly gatherings.

"I enjoy the social aspect of the group," says regular member Claire. "It's nice to spend the dark evenings sitting having a chat with lovely people and learning new skills."

The group may have only just got going, but Joanne says she would like to organise a yarn shop to come along and bring samples of new season wool

and knitting patterns. "I would love to arrange a trip to a textile fair," she says. "But that's for the future." For this knit club, it looks to be a very bright one...

Cuppa Tea and Yarn meet every other Tuesday from 7-9pm at Boden Park Coffee Company, Ormeau Road, Belfast, and it's free to attend. For further details, please contact Joanne at [cuppateaandyarn@yahoo.co.uk](mailto:cuppateaandyarn@yahoo.co.uk).

If your knitting group would like to be featured as our club of the month, write to the usual address on page 36 or email us at [simplyknitting@immediate.co.uk](mailto:simplyknitting@immediate.co.uk).



**PS** Subscribe and you could get 5 issues for £5, an extra pattern every month and enjoy our great gifts with every issue! Turn to page 38 for more details and all terms and conditions.

## YOUR CLUBS

■ The Knit and Natter group meet on Tuesday mornings from 10.30-11.30am at Belfast Central Library to share tips, swap patterns and learn new skills. Call 0289 050 9150.

■ Belfast Stitch and Bitch meet on Wednesday evenings from 4.30-7pm at Starbucks in Victoria Square where they "drink tea, knit and laugh". Email Sharon at [mizzadamz@googlemail.com](mailto:mizzadamz@googlemail.com).

■ Common Threads meet in different cafés every Tuesday from 8-10am. For the weekly location, call 0289 032 6589 or visit [www.facebook.com/commonthreads](http://www.facebook.com/commonthreads).



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# HEART KEYRING



## YOU WILL NEED

- Rowan, Super Fine Merino DK (100% Merino wool, 115m/50g) 1 ball of Zing (146)
- A pair of 3/4mm needles
- Toy stuffing
- Darning needle
- Keyring

For yarn stockists contact  
Rowan 01484 681881  
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## TENSION

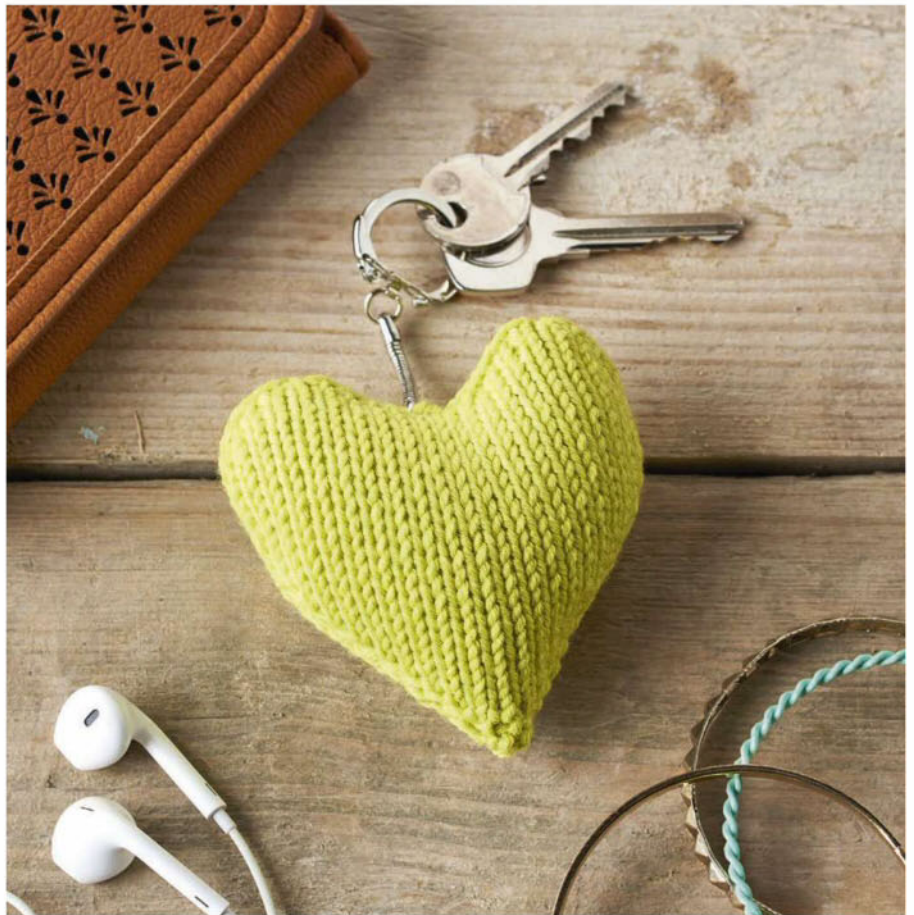
Yarn used knits as DK to this tension: 24 sts and 34 rows to measure 10x10cm (4x4in) over st st using 3/4mm needles

## ABBREVIATIONS

For a full list see page 94

## MEASUREMENTS

8cm wide



# ALL MY HEART

*You'll love this cute keyring by **Jane Burns!***

**T**his little heart is great for using up scraps of yarn, and it's a fun gift knit, too – slip it onto their keyring as a sweet Valentine's Day surprise.



## **K** HEART KEYRING (MAKE 2 PIECES)

**Cast on** 2 sts using long-tail method.

**Row 1** Knit.

**Row 2** Purl.

**Row 3** (Kfb) twice. [4 sts]

**Row 4** Purl.

**Row 5** K1, M1, knit to last st, M1, K1. [2 sts inc'd]

**Row 6** Purl.

Rep last 2 rows 8 more times. [22 sts]

**Row 23** Knit.

**Row 24** Purl.

**Row 25** K1, M1, knit to last st, M1, K1. [24 sts]

**Row 26** Purl.

**Row 27** Knit.

**Row 28** Purl.

**Row 29** Knit.

**Row 30** P12, turn and work on these sts only.

**Row 31** K1, ssk, K9. [11 sts]

**Rows 32, 34 & 36** Purl.

**Rows 33, 35 & 37** K1, ssk, knit to last 3 sts, k2tog, K1. [5 sts after row 37]

**Row 38** P1, p3tog, P1. [3 sts]

**Cast off.**

With WS facing, rejoin yarn, purl rem 12 sts.

**Row 1** K9, k2tog, K1. [11 sts]

**Rows 2, 4 & 6** Purl.

**Row 3, 5 & 7** K1, ssk, knit to last 3 sts, k2tog, K1. [5 sts after row 7]

**Row 8** P1, p3tog, P1. [3 sts]

**Cast off.**

## TO MAKE UP

Use mattress stitch to sew two hearts together, leaving 2cm gap. Stuff gently and sew closed. Sew keyring to top of heart using image as a guide.

## NEXT MONTH

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# KISSOGRAM

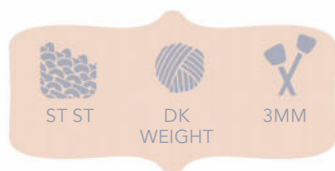
Roses are red, violets are blue, **Alan Dart's** messenger has a surprise for you!

EXCLUSIVE  
ALAN DART  
DESIGN





**Tip** As well as Valentine's Day, this Kissogram would also be a lovely gift for anniversaries, or just as a special surprise for a loved one. Why not give him a personal touch by knitting their favourite flowers for the bouquet, or embroidering their initials on the telegram?



## YOU WILL NEED

- Hayfield, Bonus DK (100% acrylic, 100g/280m)  
1 ball of each: Claret (841), Signal Red (977), Flesh Tone (963), Black (965), Cream (812), Walnut (927), Pumpkin (766) and Moss Green (792)
- 50cm lengths of dusky pink and chocolate brown DK yarn
- A pair of 3mm knitting needles
- 50g washable toy stuffing
- Stitch holder
- Scrap of stiff card
- Long tweezers
- Ruler
- Pair of compasses
- Pink pencil
- Clear adhesive
- Hair spray

For yarn stockists contact  
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## TENSION

Yarn used knits as DK to this tension: 26 sts and 36 rows to measure 10x10cm (4x4in) over st st using 3mm needles

## MEASUREMENTS

33cm (13in) tall

## ABBREVIATIONS

For a full list see page 94

Say "I love you" to somebody special with Alan Dart's charming Kissogram. All dressed up in his finery, he's carrying a telegram and a beautiful bouquet of flowers. We love the detail in his jacket, with its brass buttons and epaulettes. Cast on today and he'll be sending sweet nothings to your Valentine on 14 February!



## NOTE

Use 3mm needles throughout and cast on by using the cable (2 needle) method. This is most important when knitting the smaller pieces. Also begin all pieces with a K row, and always work 'inc 1' by knitting into the front and back of the stitch, otherwise your stitch count will not be correct. Be aware that shaping will commence on the first row for some pieces.

## K LEGS & BODY (MAKE 1 PIECE)

### RIGHT LEG

\*Cast on 16 sts with Claret for ankle edge and K 3 rows.

Work in st st for 9 rows, beg with a P row.

**Inc row 1** (K1, inc 1, K2) to end. [20 sts]  
Work in st st for 9 rows.

**Inc row 2** (K2, inc 1, K2) to end. [24 sts]  
Work in st st for 9 rows.\*\*  
Break yarn and slip sts on to a stitch holder.

### LEFT LEG

Work as given for Right Leg from \* to \*\*.

### JOIN LEGS FOR BODY

**Next row** Inserting marker threads at beg and end, K22, skpo from left leg sts, then k2tog, K22 from held right leg sts. [46 sts]  
P 1 row.

### SHAPE CROTCH

**Dec row 1** K1, (k2tog, K18, skpo) twice, K1. [42 sts]  
P 1 row.  
**Dec row 2** K1, (k2tog, K16, skpo) twice, K1. [38 sts]  
Work in st st for 3 rows.

### SHAPE WAIST

**Dec row 1** K3, (K1, k2tog, K4) to end. [33 sts]  
Work in st st for 3 rows.  
**Dec row 2** K3, (K1, k2tog, K3) to end. [28 sts]  
Work in st st for 3 rows.  
Change to Signal Red for jacket and K 3 rows.

Work in st st for 3 rows, beg with a P row.

### SHAPE CHEST

**Inc row 1** (K6, inc 1, inc 1, K5) twice, K2. [32 sts]  
Work in st st for 3 rows.  
**Inc row 2** (K6, inc 1, K2, inc 1, K5) twice, K2. [36 sts]  
P 1 row.  
**Inc row 3** (K6, inc 1, K4, inc 1, K5) twice, K2. [40 sts]  
P 1 row.  
**Inc row 4** (K6, inc 1, K6, inc 1, K5) twice, K2. [44 sts]  
Work in st st for 5 rows.

### SHAPE SIDES

**Dec row 1** (K7, skpo, K5, k2tog, K5) twice, K2. [40 sts]  
P 1 row.  
**Dec row 2** (K7, skpo, K3, k2tog, K5) twice, K2. [36 sts]  
P 1 row.  
**Dec row 3** (K7, skpo, K1, k2tog, K5) twice, K2. [32 sts]  
P 1 row.  
**Cast off** for shoulder edge.

### SHOES (MAKE 2 PIECES)

**Cast on** 16 sts with Black for centre edge of sole.  
**Inc row 1** (Inc 1) twice, K4, (inc 1) 4 times, K4, (inc 1) twice. [24 sts]  
P 1 row.  
**Inc row 2** (Inc 1, K1) twice, K4, (inc 1, K1) 4 times, K4, (inc 1, K1) twice. [32 sts]  
P 3 rows for sole edge.  
Work in st st for 2 rows, beg with a K row.

### SHAPE TOE

**Dec row** K1, skpo, k2tog, K22, skpo, k2tog, K1. [28 sts]  
Dec 1 st at beg and end of next row. [26 sts]  
**Cast off** 3 sts at beg of next 2 rows. [20 sts]

### SHAPE FRONT & HEEL

**Dec row** (Skpo, K6, k2tog) twice. [16 sts]  
P 1 row.  
**Cast off** for ankle edge.

### TROUSER BRAID (MAKE 2 PIECES)

**Cast on** 35 sts with Signal Red.  
**Cast off.**

### HEAD (MAKE 1 PIECE)

**Cast on** 16 sts with Flesh Tone for neck edge and work in st st for 6 rows.  
**Inc row** K1, (inc 1) 14 times, K1. [30 sts]  
P 1 row.



## SHAPE CHIN

**Row 1** K20, yfwd, sl1, ybk, turn.  
**Row 2** Sl1, P10, ybk, sl1, yfwd, turn.  
**Row 3** Sl1, K7, yfwd, sl1, ybk, turn.  
**Row 4** Sl1, P4, ybk, sl1, yfwd, turn.  
**Row 5** Sl1, K4, yfwd, sl1, ybk, turn.  
**Row 6** Sl1, P4, ybk, sl1, yfwd, turn.  
**Row 7** Sl1, K7, yfwd, sl1, ybk, turn.  
**Row 8** Sl1, P10, ybk, sl1, yfwd, turn.  
**Row 9** Sl1, K to end.  
**Row 10** P across all sts. [30 sts]

## SHAPE CHEEKS

**Inc row** K8, (inc 1) 3 times, K8, (inc 1) 3 times, K8. [36 sts]  
 Work in st st for 17 rows.

## SHAPE TOP

**Dec row 1** (K1, k2tog) to end. [24 sts]  
 P 1 row.  
**Dec row 2** (K2tog) to end. [12 sts]  
 Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

## ARMS (MAKE 2 PIECES)

**Cast on** 6 sts with Signal Red for top edge of sleeve and work in st st for 2 rows.  
 Inc 1 st at beg of next 4 rows. [10 sts]  
 Work in st st for 2 rows.  
 Inc 1 st at beg of next 2 rows. [12 sts]  
**Cast on** 2 sts at beg of next 2 rows for underarm. [16 sts]  
 Work in st st for 8 rows.

## SHAPE ELBOW

**Row 1** K14, yfwd, sl1, ybk, turn.  
**Row 2** Sl1, P12, ybk, sl1, yfwd, turn.  
**Row 3** Sl1, K10, yfwd, sl1, ybk, turn.  
**Row 4** Sl1, P8, ybk, sl1, yfwd, turn.  
**Row 5** Sl1, K6, yfwd, sl1, ybk, turn.  
**Row 6** Sl1, P4, ybk, sl1, yfwd, turn.  
**Row 7** Sl1, K6, yfwd, sl1, ybk, turn.

**Row 8** Sl1, P8, ybk, sl1, yfwd, turn.

**Row 9** Sl1, K10, yfwd, sl1, ybk, turn.

**Row 10** Sl1, P12, ybk, sl1, yfwd, turn.

**Row 11** Sl1, K to end.

**Row 12** P across all sts. [16 sts]

Dec 1 st at beg and end of next row.

[14 sts]

P 1 row.

Change to Pumpkin for braid and K 2 rows.

Change to Claret for cuff and work in st st for 4 rows, beg with a K row.

K 2 rows for cuff edge.

Change to Flesh Tone for hand and work in st st for 4 rows, beg with a K row.

**Cast on** 3 sts at beg of next 2 rows for thumb. [20 sts]

**Cast off** 4 sts at beg of next 2 rows. [12 sts]

Work in st st for 6 rows.

**Dec row** K1, (k2tog, K1, skpo) twice, K1. [8 sts]

P 1 row.

**Cast off.**

## COLLAR (MAKE 1 PIECE)

**Cast on** 20 sts with Claret for base edge and work in st st for 2 rows.

**Cast off** for top edge.

## EPAULETTES (MAKE 2 PIECES)

**Cast on** 7 sts with Claret.

**Cast off.**

## NOSE (MAKE 1 PIECE)

**Cast on** 10 sts with Flesh Tone for base edge and work in st st for 2 rows.

Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

## EARS (MAKE 2 PIECES)

**Cast on** 10 sts with Flesh Tone for outer



The Kissogram's hat is knitted all in one piece, changing colours as you go.

## STEP-BY-STEP INC 1 INCREASE 1 BY KNITTING INTO FRONT AND BACK



**1** Insert the tip of the right-hand needle into the front of the stitch and knit as normal, but don't drop it from the left-hand needle.



**2** Then take the right-hand needle behind the left and insert the tip of the needle down through the back of the stitch on the left-hand needle.



**3** Wrap the yarn round the tip of the right-hand needle to knit the stitch. Bring the needle through to make the stitch, keeping it on the right-hand needle.



**4** Take the stitch off the left-hand needle. You'll have increased one stitch by knitting twice into the original stitch, first at the front, then at the back.



**Tip** There are lots of small pieces involved in this project, particularly when you're making the bouquet, so keep your finished parts somewhere safe, such as a trinket box or a knitting bag, so they don't get lost or accumulate dust before you get to the making up!

edge and K 1 row.

Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### HAIR (MAKE 1 PIECE)

**Cast on** 18 sts with Walnut for back edge and work in st st for 1 row.  
Inc 1 st at beg and end of next 5 rows. [28 sts]  
Work in st st for 5 rows.

#### SHAPE FRINGE

**Row 1** Cast on 16 sts, P to end. [44 sts]  
**Row 2** K28, yfwd, sl1, ybk, turn.  
**Row 3** Sl1, P to end.  
**Row 4** K33, yfwd, sl1, ybk, turn.  
**Row 5** Sl1, P to end.  
**Row 6** K38, yfwd, sl1, ybk, turn.  
**Row 7** Sl1, P to end.

#### SHAPE TOP

**Dec row 1** (K1, k2tog, K1) to end. [33 sts]  
Work in st st for 3 rows.  
**Dec row 2** (K1, k2tog) to end. [22 sts]  
P 1 row.  
**Dec row 3** (K2tog) to end. [11 sts]  
Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### HAT (MAKE 1 PIECE)

**Cast on** 44 sts with Pumpkin for base edge.  
Change to Claret and work in st st for 5 rows for side.  
Change to Pumpkin and P 2 rows for fold.  
Change to Signal Red and P 1 row.

#### SHAPE TOP

**Dec row 1** (K1, k2tog, K1) to end. [33 sts]  
Work in st st for 2 rows.  
**Dec row 2** (P2tog, P1) to end. [22 sts]  
Work in st st for 2 rows.  
**Dec row 3** (K2tog) to end. [11 sts]  
Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### TELEGRAM (MAKE 1 PIECE)

**Cast on** 10 sts with Cream for base edge and work in st st for 7 rows.  
P 3 rows for top fold.  
Work in st st for 7 rows, beg with a K row.  
**Cast off** K wise for base edge.

#### ROSES (MAKE 12 PIECES)

**Cast on** 10 sts with Signal Red.  
**Cast off.**

#### ROSE LEAVES (MAKE 11 PIECES)

**Cast on** 3 sts with Moss Green.  
**Cast off.**

#### BOUQUET FOLIAGE (MAKE 1 PIECE)

**Cast on** 16 sts with Moss Green for top edge and work in st st for 2 rows.  
**Inc row 1** K3, (inc 1) twice, K5, (inc 1) twice, K4. [20 sts]  
P 1 row.  
**Inc row 2** K4, (inc 1) twice, K7, (inc 1) twice, K5. [24 sts]  
Work in st st for 7 rows.  
**Dec row 1** (K4, skpo, K1, k2tog, K2) twice, K2. [20 sts]  
P 1 row.  
**Dec row 2** (K3, skpo, K1, k2tog, K1) twice, K2. [16 sts]  
P 1 row.  
**Dec row 3** (K2, skpo, K1, k2tog) twice, K2. [12 sts]  
P 1 row.  
**Dec row 4** Change to Cream and (K1, k2tog) to end. [8 sts]  
Work in st st for 10 rows.  
Break yarn, leaving a long end. Thread through sts on needle, draw up tightly and fasten off.

#### BOUQUET PAPER (MAKE 1 PIECE)

**Cast on** 9 sts with Cream for base edge.

## IT'S ALL IN THE DETAIL



The bouquet is made up of four different parts – the roses, rose leaves, foliage and paper. The roses are made by tightly rolling up each knitted strip, then holding it in place with a few stitches. They're neatly sewn into the bouquet and secured with dabs of glue. Give the glue plenty of time to dry before moving on to the next step.



Stuffing the legs and feet firmly will help your Kissogram to stand up straight.



**Inc row 1** K1, (inc 1, K1) to end. [13 sts]  
P 1 row.

**Inc row 2** K1, (inc 1, K2) to end. [17 sts]  
P 1 row.

**Inc row 3** K1, (inc 1, K3) to end. [21 sts]  
Work in st st for 5 rows.

**Dec row** Skpo, K to last 2 sts, k2tog.

**Next row** Purl.

Repeat the last 2 rows eight more times. [3 sts]

**Dec row** Sl1, k2tog, psso, break yarn and draw through st.

#### TO MAKE UP

Unless otherwise stated, sew seams and join pieces using mattress stitch, working with right side of knitting uppermost. A one-stitch knitted seam turning has been allowed on most pieces to accommodate this method. Join each leg seam, from cast-on edge up to marker thread. Now join back seam of body, from marker threads up to shoulder edge, then remove markers. Stuff legs and body firmly, then, with seam running down centre back, fold shoulder edge flat and sew across.

Fold cast-on edge of each shoe in half and sew across, then join sole seam, stopping directly after garter stitch sole edge. Draw two 5cm x 2.5cm rectangles on to card for sole formers, then curve off each corner by drawing around a 2.5cm diameter coin. Cut out formers and glue one to inside of each shoe sole, matching cut edge of former to knitted fold row. Now join remainder of seam on each shoe, up to ankle edge, then stuff shoes firmly. Sew ankle edges of shoes and trousers together, placing shoe seam 5 knitted stitches away from inside leg seam so feet face forward, adding more stuffing if necessary.

Starting at gathered top edge, join head seam, stopping 2.5cm away from neck edge. Stuff head firmly, then join remainder of seam. Use tweezers to stuff neck firmly, then, with head seam running down centre back, position and sew neck to top of body. Work a gathering thread through every knitted stitch along increase row at top of neck, draw up to shape, then tie yarn securely and sew ends into head.

Fold cast-off edge of each hand in half and sew across, then join hand seam, round thumb, and sleeve seam, stopping at underarm. Leaving hand unstuffed, use tweezers to stuff sleeves firmly, then position and sew sleeve heads to body sides, placing within top

shaping on body.

Wrap collar round neck, and oversew ends together at centre front, then sew to jacket by working backstitch over every knitted stitch along cast-on edge. Position and sew epaulettes on top of shoulder seam, working backstitch down centre of each piece. Use pins to mark 6 buttons down centre front of jacket, spacing evenly. Take a length of Pumpkin yarn and draw out a single strand, then use the remaining 2 strands to embroider a circle of 4 tiny chain stitches for each button and remove pins. Now mark 6 more buttons to the left of centre front, spacing the bottom button 3 knitted stitches away from centre front and placing each subsequent button half a knitted stitch further to the left, so the top button will be 5½ knitted stitches away from centre front. Embroider these buttons as before, then mark and work another line of buttons in same manner to the right of centre front. Pin trouser braid pieces down side of each leg and sew in place by working backstitch down centre.

Starting at gathered top edge, join side edges of hair piece, stopping on first decrease row, to create parting. Fit hair on head and pin in position so that straight side edges are 14 knitted stitches apart at front and cast-on edge is 3 knitted rows above increase row at back. Sew in place by working backstitch close to edge, then remove pins. Position and sew ears to sides of head, placing 2 knitted stitches in from straight edges to create sideburns. Using a length of Walnut yarn, embroider a few long, straight stitches at random for hair strands, working each stitch from parting seam to a line level with top of ears.

Starting at gathered edge, join nose seam and use tweezers to stuff lightly, then position and sew to head, placing directly above cheek shaping row.

When embroidering features fasten off ends of yarn at top of head, where they will eventually be hidden by hat. Take a length of dusky pink yarn and draw out a single strand, then use the remaining 2 strands to embroider an oval of 6 tiny chain stitches for puckered-up lips.

Draw out a single strand from a length of chocolate brown yarn and use this to embroider 2 horizontal stitches for eyelashes, placing one knitted row above top of nose, working each stitch over 2 knitted stitches and spacing 3 knitted stitches apart. Draw out a single



The hat strap is created using a length of black yarn, secured on top of the head.



Work the 18 gold buttons in groups of six, using pins to mark their positions.



This telegram is made by folding a piece of knitting around a rectangle of card.



**Tip** The facial features are key to giving the Kissogram his character. If you aren't sure where to place the eyes, eyebrows and mouth, mark them on using tailor's chalk or pins before you start. You could also practise the chain stitch on a swatch first.

strand from a length of Walnut yarn and use the remaining 2 strands to embroider 2 diagonal stitches above eyelashes for eyebrows, working each stitch over 3 knitted stitches and spacing 2 knitted stitches apart. Blush cheeks lightly with pencil, working in a circular motion to gradually build up colour. Coat face with hair spray and pat into knitting, then shape eyelashes and eyebrows to curve and leave to set. Starting at gathered edge, join hat seam. Using compasses, draw a 5cm diameter circle on to card and cut out, then glue to inside of hat, matching cut edge of card to knitted fold line. Wrap a length of Black yarn under chin and tie securely at top of head to create hat strap, then stuff side of hat lightly, leaving centre unstuffed, and fit hat on head, holding with pins. Sew in place by working backstitch over every stitch along base edge and remove pins. Fold telegram along knitted top fold line and oversew side edges together. Draw a 4cm x 2.5cm rectangle on to card and cut out, then fit inside knitting and oversew base edges together to enclose. Draw out a single strand from a length of Signal Red yarn and use the remaining 2 strands to embroider a cross stitch on front of telegram, then fit into right hand and sew in place. Starting at gathered edge, join seam on bouquet foliage piece, leaving cast-on edge open. Use tweezers to stuff Cream section firmly and Moss Green section lightly, then, with seam

running down centre back, fold cast-on edge flat and sew across. To make roses, hold one end of knitted strip with tweezers and roll tightly, then use one of the yarn ends to hold rolled piece together with a few stitches. Thread a needle with both yarn ends remaining on each rose or leaf and sew through top of bouquet foliage, drawing out at back. Draw up yarn, leaving 12mm showing, then dab a spot of glue on this section and pull yarn up fully to draw rose or leaf into place. Trim away excess yarn at back of bouquet. Wrap foliage with bouquet paper piece, with edges meeting at front, and sew cast-on edge to last row knitted in Cream. Position bouquet in left hand and sew in place, then catch back of hand to top of trousers with a few stitches. 🌹

**NEXT MONTH**  
Welcome in the spring with Alan Dart's adorable Hattie Holstein. Issue 143, March, will be on sale on Friday 29 January.



The lips are created by embroidering a ring of chain stitches in dusky pink yarn.



Carefully sew the finished bouquet in place in the Kissogram's left hand.



Cardboard sole formers are used to add stability and give structure to the feet.

## All you need to bring your toys to life

### START KNITTING YOUR KISSOGRAM

We love Alan Dart's incredibly detailed toys and know you do too. Knitting each part then carefully sewing the pieces together is such a delight – and it's really exciting when you can proudly put your finished toy on the shelf or give it as a gift. Did you know you can get everything you need to make Alan Dart toys from LoveKnitting? The site stocks all your favourite yarn brands, heaps of needles, buttons and accessories, plus lots of knitting kits and inspiring books too. So don't delay, get the right tools for the job and cast on the Kissogram today! [www.loveknitting.com](http://www.loveknitting.com)





# TELLY ADDICT!

Keep your essentials in easy reach of the sofa with **Monica Russel's** cabled organiser.

Quick  
knit for  
your home

pick your colours to match  
your DÉCOR - THERE ARE LOADS  
TO CHOOSE FROM in King Cole's  
BIG VALUE chunky RANGE



**Tip** If you've got lots of bits and pieces to pack into the tidy, you might want to make it a little sturdier to prevent the fabric from stretching. You can do this by lining it with rectangles of firm fabric. Line the inside of the pocket first, then add a lining to the back.



## YOU WILL NEED

- King Cole, Big Value Chunky (100% acrylic, 100g/152m)  
1 ball of each:

**Yarn A** Plum (575)

**Yarn B** Rose (1542)

- A pair of 6mm needles
- A cable needle

For yarn stockists contact  
**King Cole 01756 703670**  
[www.kingcole.com](http://www.kingcole.com)

## TENSION

Yarn used knits as chunky to this tension: 13 sts and 15 rows to measure 10x10cm (4x4in) over garter st using 6mm needles

## ABBREVIATIONS

**C4B** Sl 2 to cable needle and hold at back of work, K2, K2 from cable needle

**T3F** Sl 2 to cable needle and hold in front of work, P1, K2 from cable needle

**T3B** Sl 1 to cable needle and hold at back of work, K2, P1 from cable needle

For a full list see page 94

**H**ow annoying is it when you can't find the remote control... just as your favourite show is starting? With Monica Russel's sofa tidy, you'll never lose the remote again. Made from chunky yarn with cable and garter stitch detailing, this organiser is great for adding colour to your sofa – you could even make one for each arm!



## TV TIDY POCKET

**Cast on** 40 sts using 5mm needles and Yarn A.

**Next row** Ktbl to end.

**Row 1** (RS) K9, P3, K2, P4, K4, P4, K2, P3, K9.

**Row 2 and all even numbered rows** K9, work each of the next 22 sts as it appears on this side of the work (K the K sts, and P the P sts), K9.

**Row 3** K9, P3, K2, P4, C4B, P4, K2, P3, K9.

**Row 5** K9, P3, T3F, P2, T3B, T3F, P2, T3B, P3, K9.

**Row 7** K9, P4, T3F, T3B, P2, T3F, T3B, P4, K9.

**Row 9** K9, P5, C4B, P4, C4B, P5, K9.

**Row 11** K9, P5, K4, P4, K4, P5, K9.

**Row 13** K9, P5, C4B, P4, C4B, P5, K9.

**Row 15** K9, P4, T3B, T3F, P2, T3B, T3F, P4, K9.

**Row 17** K9, P3, T3B, P2, T3F, T3B, P2, T3F, P3, K9.

**Row 19** K9, P3, K2, P4, C4B, P4, K2, P3, K9.

Repeat rows 1–20 once more.

**Next 40 rows** Knit.

## TOP

Change to Yarn B.

Work rows 1–20 three times.

Knit 1 row.

**Cast off.**



This design uses a mixture of cables and twists, but it's easier to work than it looks!



The top section of the tidy features the same pattern worked in a contrast colour.



You'll work the pocket flat and then sew up the side seams to create a pouch.

## TO MAKE UP

Join side seams of pocket.

Weave in all loose ends.

NEXT MONTH MAKE TEATIME A ROARING SUCCESS WITH OUR LION TEA COSY. ISSUE 143, MARCH, WILL BE IN THE SHOPS ON FRIDAY 29 JANUARY.

## STEP-BY-STEP CABLE AT THE BACK



**1** Work in pattern up to where your cable is going to begin.



**2** Slip the next 2 or 3 stitches (you'll need to slip 2 for this pattern) onto the cable needle.



**3** Take the cable needle and stitches to the back. Knit the next 2 or 3 stitches (2 in this case), pulling the first stitch tight to avoid ladders.



**4** Bring the cable needle to the front of the knitting and knit the stitches from the cable needle, then continue.



# Inspirations

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## LACE-DETAIL JUMPER

---



easy knit  
with Lacy  
Sleeves

# JEWEL BRIGHT

*Make everyone green with envy in this striking emerald jumper by **Katya Frankel**, and stave off the winter chill in style.*





## YOU WILL NEED

- Yarn Stories, Fine Merino DK (100% Merino wool, 50g/120m)
- A 3 1/4mm circular needle, 80cm long
- A set of 3 1/4mm double-pointed needles (DPNs)
- A 4mm circular needle, 80cm long
- A set of 4mm double-pointed needles (DPNs)
- Stitch holders
- Stitch markers

For yarn stockists contact  
Yarn Stories 01484 848431  
[www.yarnstories.com](http://www.yarnstories.com)

## TENSION

Yarn used knits as DK to this tension: 22 sts and 30 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## ABBREVIATIONS

**M1L** make one left: insert left needle under horizontal strand between st just worked and next st from the front to the back, knit through the back loop

**M1R** make one right: insert left needle under horizontal strand between st just worked and next st from the back to the front, knit through the front loop

For a full list see page 94

The worst of the winter weather may still be yet to come, but we're already pining after lush forest green shades that remind us those dark nights are numbered. This warm-hued jumper is perfect to ease back into the brighter season and lift our spirits this new year. Snug and cosy yet stylishly smart, you could wear this pullover with just about anything, anywhere.



## NETTING STITCH

**Round 1** (Yo, k2tog tbl) to end.

**Round 2** (K2tog, yo) to end.

**NOTE** During shaping, only work a yo if there are enough sts to also work its corresponding k2tog or k2tog tbl. If only 1 st remains, work in st st.

## SLEEVE (MAKE 2)

**Cast on** 48 (48: 52: 52: 56: 56: 60: 60: 64) sts with 3 1/4mm needles, PM and join for working in the round.

**Set up rib** \*K2, P2; rep from \* to end. Rep this round until rib measures 7.5cm from cast on.

Change to 4mm needles.

## SET UP PATTERN

**Next round** K18 (18: 20: 19: 21: 21: 22: 22: 24), PM, K12 (12: 12: 14: 14: 16: 16: 16), PM, K18 (18: 20: 19: 21: 21: 22: 22: 24) to end.

**Next round** Knit to marker, work round 1 of Netting Stitch patt to marker, knit to end.

**Next round** Knit to marker, work the foll round of Netting Stitch patt to marker, knit to end.

Cont to work as set by the last round

and at the same time shape sleeve by increasing one stitch at the beg and end of this and every foll 10th (8th: 8th: 7th: 7th: 6th: 6th: 5th: 5th) round as folls: K1, M1L, patt to last st, M1R, K1 to 62 (66: 70: 74: 78: 82: 86: 90: 94) sts. Cont in patt, keeping the sts between centre markers in Netting Stitch patt until sleeve measures 45.5cm or desired length from cast on.

**Next round** Patt to last 3 (4: 5: 6: 7: 8: 9: 10: 11) sts, cast off the foll 6 (8: 10: 12: 14: 16: 18: 20: 22) sts for underarm.

Set rem 56 (58: 60: 62: 64: 66: 68: 70: 72) sts aside on a stitch holder.

Make note of last Netting Stitch round worked.

## BODY

**Cast on** 180 (192: 204: 216: 228: 240: 252: 264: 276) sts with 3 1/4mm circular needles, PM and join for working in the round.

Work in K2, P2 rib until piece measures 7.5cm from cast on.

Change to 4mm circular needle and knit 2 rounds.

## SHAPE WAIST

**Next round** K45 (48: 51: 54: 57: 60: 63: 66: 69) half front sts, PM, K90 (96: 102: 108: 114: 120: 126: 132: 138) back sts, PM, K45 (48: 51: 54: 57: 60: 63: 66: 69) rem half front sts.

**Dec round** \*Knit to 3 sts before marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* once more, knit to end.

[4 sts dec'd]

Rep dec round on every foll 6th round 4 more times.



41 (43.5: 46: 49: 52: 54.5: 57: 60: 62.5)cm  
16 (17: 18 1/4: 19 1/4: 20 1/2: 21 1/2: 22 1/2: 23 1/2: 24 3/4)in

SIZE		8	10	12	14	16	18	20	22	24
TO FIT	cm	81	86	91	97	101	107	112	117	122
	in	32	34	36	38	40	42	44	46	48
ACTUAL	cm	82	87.5	92.5	98	103.5	109	114.5	120	125.5
	in	32 1/4	34 1/2	36 1/2	38 1/2	40 3/4	43	45	47 1/4	49 1/4
LENGTH	cm	56.5	57.5	58	58.5	59.5	60.5	61.5	62.5	63
	in	22 1/4	22 1/2	22 3/4	23	23 1/2	23 3/4	24 1/4	24 1/2	25
SLEEVE	cm	45.5	45.5	45.5	45.5	45.5	45.5	45.5	45.5	45.5
	in	18	18	18	18	18	18	18	18	18
YARN										
Yarn Stories, Fine Merino DK (50g/120m balls)										
Bottle		8	8	9	9	10	10	11	11	12

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# LACE-DETAIL JUMPER

[160 (172: 184: 196: 208: 220: 232: 244: 256) sts once all dec rounds complete]  
Knit 5 rounds.

**Inc round** \*Knit to 2 sts before marker, M1R, K1, sm, K1, M1L; rep from \* once more, knit to end.

[4 sts inc'd]

Work inc round on every foll 7th round 4 more times.

[180 (192: 204: 216: 228: 240: 252: 264: 276) sts on needles, 90 (96: 102: 108: 114: 120: 126: 132: 138) sts on each front and back]

Continue in stocking stitch until Body measures 38cm or desired length to armholes from cast on.

**Next round** \*Knit to 3 (4: 5: 6: 7: 8: 9: 10: 11) sts before side marker, cast off the foll 6 (8: 10: 12: 14: 16: 18: 20: 22) sts for underarm; rep from \* once more, knit to end.

[84 (88: 92: 96: 100: 104: 108: 112: 116) sts on each front and back]

## JOIN SLEEVES & BODY

**NOTE** The remainder of the sweater is worked together in the round with raglan-shaped sleeves. Keep the centre portion of each sleeve in Netting Stitch pattern as set. As the number of stitches decreases toward neck, make sure that each yarn over is paired with its corresponding decrease throughout the Netting Stitch. To make it easier shift the centre sleeve sts closer together as needed, separating whole pattern repeats. Work rem sts in stocking stitch.

Beginning at beg of round marker for body, work as follows:

**Next round** K42 (44: 46: 48: 50: 52: 54: 56: 58) half front sts, PM for raglan shaping, patt across 56 (58: 60: 62: 64: 66: 68: 70: 72) sleeve sts, PM for raglan shaping, K84 (88: 92: 96: 100: 104: 108: 112: 116) back sts, PM for raglan shaping, patt across 56 (58: 60: 62: 64: 66: 68: 70: 72) sleeve sts, PM for raglan shaping, K42 (44: 46: 48: 50: 52: 54: 56: 58) rem half front sts to end of round. [56 (58: 60: 62: 64: 66: 68: 70: 72) sts on each sleeve, 84 (88: 92: 96: 100: 104: 108: 112: 116) sts each on front and back]

## SHAPE RAGLAN

**Dec round 1** \*Patt to 3 sts before raglan marker, k2tog, K1, sm, knit to next raglan marker, sm, K1, k2tog tbl; rep from \* once more, knit to end.

[2 sts dec'd on each front and back]

Rep this round 0 (0: 0: 0: 1: 2: 2) more times.

[82 (86: 90: 94: 98: 100: 102: 106: 110) sts each on front and back, 56 (58: 60: 62: 64: 66: 68: 70: 72) sts on each sleeve]

Knit one round.

**Dec round 2** \*Patt to 3 sts before raglan marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* 3 more times, knit to end.

[8 sts dec'd]

Rep last 2 rounds 16 (17: 18: 19: 20: 21: 22: 23: 24) times more.

[48 (50: 52: 54: 56: 56: 58: 60) sts each on front and back, 22 sts on each sleeve]

## SHAPE NECK

**Next round** Patt to last 8 (9: 9: 10: 10: 11: 11: 12: 13) sts before centre front marker, cast off the foll 16 (18: 18: 20: 20: 22: 22: 24: 26) sts removing beg of round marker as you come to it.

[16 (16: 17: 17: 18: 17: 17: 17: 17) sts on





**Tip** As this jumper is worked in the round, you can try it on as you go to check that it fits. Keep trying it as you work the waist shaping, and again when you join the sleeves and body, and make any little alterations you may need to ensure you get a perfect fit.

each side of front neck, 22 sts on each sleeve, 48 (50: 52: 54: 56: 56: 58: 60) sts on back]

**NOTE** The rest of the yoke is worked back and forth in rows. The fronts and the back are worked in stocking stitch with the raglan shaping always kept on the RS of the knitting. Some of the decreases will happen in the Netting portion of the sleeve, make sure to keep the Netting Stitch patt as set throughout this section by always pairing up a yarn over with a corresponding decrease. If there is no space for each complete pair of a yarn over and its decrease, then replace any partial repeats with a simple stocking stitch in place. See notes above for

more information on the final rows of the raglan shaping.

**Row 1 (RS)** \*Knit to 3 sts before raglan marker, k2tog, K1, sm, K1, k2tog tbl, patt to 3 sts before next raglan marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* once more, knit to end.

[15 (15: 16: 16: 17: 16: 16: 16: 16) sts on each side of front, 20 sts on each sleeve, 46 (48: 50: 52: 54: 54: 56: 58) sts on back]

**Row 2** Cast off 4 (4: 5: 5: 6: 5: 5: 5: 5) sts, patt to end.

**Row 3** Cast off 4 (4: 5: 5: 6: 5: 5: 5: 5) sts, \*knit to 3 sts before raglan marker, k2tog, K1, sm, K1, k2tog tbl, patt to 3 sts before next raglan marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* once

more, knit to end.

[10 sts on each side of front, 18 sts on each sleeve, 44 (46: 48: 50: 52: 52: 54: 56) sts on back]

**Row 4** Cast off 3 sts, patt to end.

**Row 5** Cast off 3 sts, \*knit to 3 sts before raglan marker, k2tog, K1, sm, K1, k2tog tbl, patt to 3 sts before next raglan marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* once more, knit to end.

[6 sts on each side of front, 16 sts on each sleeve, 42 (44: 46: 48: 50: 50: 52: 54) sts on back]

**Row 6** Cast off 1 st, patt to end.

**Row 7** Cast off 1 st, \*knit to 3 sts before raglan marker, k2tog, K1, sm, K1, k2tog tbl, patt to 3 sts before next raglan marker, k2tog, K1, sm, K1, k2tog tbl; rep from \* once more, knit to end.

[4 sts on each side of front, 14 sts on each sleeve, 40 (42: 44: 46: 48: 48: 50: 52) sts on back]

Cut yarn, leaving a long tail.

#### COLLAR

With 3¼mm needles and RS facing, rejoin yarn at right side front. K4 right front sts, K14 right sleeve sts, K40 (42: 44: 46: 48: 48: 50: 52) back sts, K14 left sleeve sts, K4 left front sts, pick up and knit 1 st for every cast off st and 40 (42: 40: 42: 44: 48: 48: 50: 52) sts for every row in between to right front, PM and join for working in the round. Adjust sts to 116 (120: 120: 124: 128: 132: 132: 136: 140) sts on the following round:

**Next round** \*K2, P2; rep from \* to end. Rep last round 2 (2: 2: 3: 3: 3: 4: 4) more times.

**Cast off** loosely in patt.

Join underarm seam. Weave in all ends.

Block following the ball band instructions. ●

#### NEXT MONTH

Knit a cosy shoulder cape with chic bobble stitch details. Issue 143, March will be in the shops from Friday 29 January.

## IT'S ALL IN THE DETAIL



Deep ribbing along the hem makes for a comfortable fit, while the easy-to-work eyelet lace pattern running down each arm gives the design a sophisticated style.



# HEART IN HAND

Fall in love with **Jane Burns'** ribbed fingerless mittens with a sweet heart in the palm.

A fun  
VALENTINE'S  
PRESENT

THESE MEN'S MITTS  
ARE KNITTED IN  
HARD-WEARING  
ACRYLIC YARN



**Tip** The heart motif is made with Swiss darning after you've knitted the mittens. This means it isn't an integral part of the design, so if you'd prefer a different motif you can Swiss darn that instead – you don't have to decide until you've finished your knitting!



## YOU WILL NEED

- Cygnet, DK (100% acrylic, 100g/298m)  
1 ball of Barley (4484)
  - A set of 3¼mm DPNs
  - Stitch markers
  - Waste yarn
  - Oddments of cream DK yarn
  - A darning needle
  - Stitch holders
- For yarn stockists contact  
Cygnet Yarns 01274 743374  
[www.cygnetyarns.com](http://www.cygnetyarns.com)

## TENSION

Yarn used knits as DK to this tension: 26 sts and 36 rows to measure 10x10cm (4x4in) over st st using 3¼mm needles

## SIZES

S (M: L)

To fit hand circumference:

20.5 (21.5: 22.5)cm

Finished hand circumference:

19 (20: 21)cm

Length (adjustable):

21cm

## ABBREVIATIONS

For a full list see page 94

Fingerless mittens can't be beaten for keeping hands warm while letting fingers be free. Ideal for wearing while working in the garden or on the car, or even typing in a cold office, this pair are a satisfyingly easy knit in DK yarn. The heart motif, made using Swiss darning, is just adorable – and such a clever way to show someone you care this Valentine's Day!



## LEFT MITTEN

**\*Cast on** 56 (60: 64) sts using 3¼mm DPNs using the long-tail cast on. Join to work in the round taking care not to twist sts. PM to mark beg of round.

### CUFF

#### SIZE S ONLY

**Round 1** \*P2, K2; repeat from \* to end.

#### SIZE M ONLY

**Round 1** K1, \*P2, K2; repeat from \* to last 3 sts, P2, K1.

#### SIZE L ONLY

**Round 1** \*K2, P2; repeat from \* to end.

### ALL SIZES

Repeat round 1 until piece measures 9 (10: 11)cm (or desired length) from cast-on edge.\*\*

### HAND

**Round 1** K8 (9: 10), (P2, K2) 4 times, P2, knit to end.

**Round 2** K8 (9: 10), (P2, K2) 4 times, P2, knit to end.

**Round 3** M1, PM, K8 (9: 10), (P2, K2) 4 times, P2, knit to end.

[57 (61: 65) sts]

**Round 4** Knit to marker, slm, K8 (9: 10), (P2, K2) 4 times, P2, knit to end.

**Round 5 (inc round)** M1, knit to marker, M1, slm, K8 (9: 10), (P2, K2) 4 times, P2, knit to end. [59 (63: 67) sts]

Rep rounds 4 and 5 until there are 17 (17: 19) sts between markers, then work round 4 once more.

**Next round** Slip next 17 (17: 19) sts onto waste yarn (for thumb), K8 (9: 10), work rib panel as set, knit to end.

[56 (60: 64) sts]

Rejoin to continue in the round and continue working as set until hand measures 9 (10: 11)cm from end of cuff (or desired length).

### TOP CUFF

#### SIZE S ONLY

**Round 1** \*P2, K2; rep from \* to end.



Follow the chart to Swiss darn this heart onto your finished right-hand mitten.



This ribbed cuff gives the mitten a close fit, and adds extra warmth at the wrists.

#### SIZE M ONLY

**Round 1** K1, \*P2, K2; rep from \* to last 3 sts, P2, K1.

#### SIZE L ONLY

**Round 1** \*K2, P2; rep from \* to end.

### ALL SIZES

Repeat round 1, 4 more times.

**Cast off.**

### LEFT THUMB

Slip 17 (17: 19) sts held on waste yarn back onto DPNs.

**Round 1** With RS facing, rejoin yarn, knit all sts. Next, pick up and knit 3 sts along opening and join to work in the round. [20 (20: 22) sts]  
Knit 5 (6: 7) rounds.

### LEFT THUMB RIBBING

**Rounds 1–5** \*K1, P1; rep from \* to end of round.

**Cast off** loosely.

### RIGHT MITTEN

Work as Left Mitten from \* to \*\*.

### HAND

**Round 1** K8 (9: 10), (P2, K2) 4 times, P2, knit to end.

**Round 2** K8 (9: 10), (P2, K2) 4 times, P2, knit to end.



# MEN'S MITTENS

**Round 3** K8 (9: 10), (P2, K2) 4 times, P2, K8 (9: 10), PM, M1, PM, knit to end. [57 (61: 65) sts]

**Round 4** K8 (9: 10), (P2, K2) 4 times, P2, K8 (9: 10), slm, knit to next marker, slm, knit to end.

**Round 5** K8 (9: 10), (P2, K2) 4 times, P2, K8 (9: 10), slm, M1, knit to next marker, M1, slm, knit to end. [59 (63: 67) sts]  
Rep rounds 4 and 5 until there are 17 (17: 19) sts between markers, then work round 4 once more.

**Next round** K8 (9: 10), (P2, K2) 4 times, P2, K8 (9: 10), slip next 17 (17: 19) sts onto waste yarn (for thumb), remove marker, knit to end. [56 (60: 64) sts]  
Rejoin to continue working in the round and continue working as set until hand measures 9 (10: 11)cm from end of cuff (or desired length).

Work top cuff as Left Mitten.  
Work thumb as Left Thumb.

## FINISHING

Darn in ends.

Using white yarn, Swiss darn heart into centre of right palm using Mitten Chart and image as a guide.

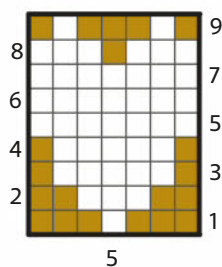
## NEXT MONTH

Make yourself a pair of lace and bobble mittens. Issue 143, March, will be in the shops on Friday 29 January.



Worked mostly in stocking stitch with stylish ribbed stripes on the backs and a little heart motif on one palm, these DK-weight mittens will knit up really quickly.

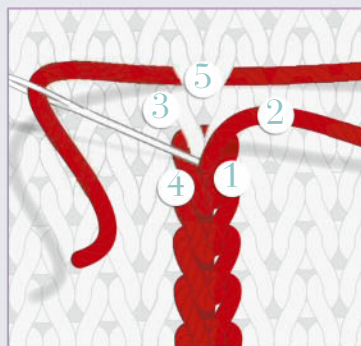
## Mitten Chart



## HOW TO USE OUR CHARTS

Each square represents a stitch. Follow the path of each stitch with the tapestry needle and cream yarn to make 'duplicate stitches' over the top of each one.

## STEP-BY-STEP SWISS DARNING



Swiss darning or duplicate stitch is a great way to add small details to your knitting, covering the stitch with an embroidery stitch the same shape as the stitch beneath it.

Work from bottom to top, bringing the needle out at the base of the stitch at 1. Take the needle behind the top of the 'V', in at 2 and out at 3. Take the needle down at 4 (where it came out at 1) and bring it up at 5, at the base of the stitch above. Continue in this way up the line of knitted stitches.







# FRINGED PONCHO

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Get to  
GRIPS with  
COLOURWORK

## SCANDI CHIC

*Quick to work in chunky alpaca-blend yarn,  
**Ruth Maddock's** poncho is a great knit for  
Fair Isle newbies. Make it your first big project!*





## YOU WILL NEED

- Wendy, Serenity Chunky (70% acrylic, 20% alpaca, 10% wool, 100g/140m)
  - A set of 6mm circular needles, 40cm long
  - A set of 6½mm circular needles, 40cm long
  - A 6mm crochet hook
- For yarn stockists contact  
**Thomas B. Ramsden**  
**01943 872264**  
[www.tbramsden.co.uk](http://www.tbramsden.co.uk)

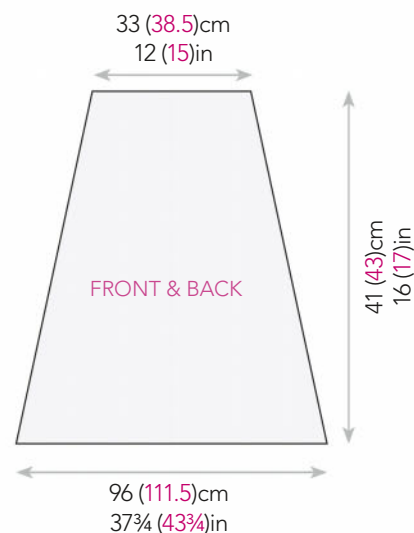
## TENSION

Yarn used knits as chunky to this tension: 14 sts and 20 rows to measure 10x10cm (4x4in) over st st using 6mm needles

## ABBREVIATIONS

**sskA** ssk in Yarn A  
**k2togA** k2tog in Yarn A

For a full list see page 94



**C**an't decide whether to wear a coat or a jumper? You need a poncho! This versatile design is perfect for wrapping up warm, and it will go with everything, too. It's made in four pieces, all the same, so you'll soon get the hang of the pattern – and as it uses chunky yarn it'll work up in a flash.



## K PONCHO (MAKE 4 PIECES THE SAME)

**Cast on** 67 (78) sts using Yarn A and 6½mm circular needle, and work in rows as follows:

**Row 1** K2, ssk, knit to last 4 sts, k2tog, K2. [65 (76) sts]

**Row 2** K1, P2, knit to last 3 sts, P2, K1.

**Row 3** Knit.

**Row 4** K1, P2, knit to last 3 sts, P2, K1.

Now cont as follows:

**Row 5** K2, ssk, knit to last 4 sts, k2tog, K2. [2 sts dec'd]

**Row 6** K1, purl to last st, K1.

**Row 7** Knit.

**Row 8** K1, purl to last st, K1.

Rep rows 5–8 once more, then rep rows 5 & 6 once more. [59 (70) sts]

Now work as follows:

**Row 15** Knit.

**Row 16** K1, P2, knit to last 3 sts, P2, K1.

**Row 17** K2, ssk, knit to last 4 sts, k2tog, K2. [57 (68) sts]

**Row 18** K1, P2, knit to last 3 sts, P2, K1.

Now cont in colour pattern as follows:

**Row 19** (RS) K3A, \*(K1B, K2A) 3 times, K2A; rep from \* to last 10 sts (K1B, K2A) twice, K1B, K3A.

**Row 20** K1A, P2A, \*P2B, P3A, (P2B, P1A) twice; rep from \* to last 10 sts, P2B, P3A, P2B, P2A, K1A.

**Row 21** K2A, sskA, \*(K2B, K1A) twice, K4B, K1A; rep from \* to last 9 sts, K2B, K1A, K2B, k2togA, K2A [55 (66) sts]

**Row 22** K1A, P2A, \*P1A, P3B, P1A, P2B, P2A, P2B; rep from \* to last 8 sts, P1A, P3B, P3A, K1A.

**Row 23** K3A, \*K1B, (K1A, K1B) twice, K1B, K4A, K1B; rep from \* to last 8 sts, (K1B, K1A) twice, K1B, K3A.

**Row 24** K1A, P2A, \*P1A, P3B, P1A, P2B, P2A, P2B; rep from \* to last 8 sts, P1A, P3B, P3A, K1A.

**Row 25** K2A, sskA, \*K1B, (K1A, K2B) twice, K2B, K1A, K1B; rep from \* to last 7 sts, K1B, K1A, K1B, k2togA, K2A. [53 (64) sts]

**Row 26** K1A, P2A, \*P3A, (P2B, P1A) twice, P2B; rep from \* to last 6 sts, P5A, K1A.

**Row 27** (RS) K3A, \*K1A, (K1B, K2A) twice, K2A, K1B, K1A; rep from \* to last 6 sts, K1A, K1B, K4A.

Now cont with Yarn A only as follows:

**Row 28** (WS) K1, purl to last st, K1.

**Row 29** K2, ssk, purl to last 4 sts, k2tog, K2. [51 (62) sts]

**Row 30** K1, purl to last st, K1.

**Row 31** K3, purl to last 3 sts, K3.

**Row 32** K1, purl to last st, K1.

Now cont in st st as follows:

**Row 33** (RS) K2, ssk, knit to last 4 sts, k2tog, K2. [49 (60) sts]

**Row 34** K1, purl to last st, K1.

**Row 35** Knit.

**Row 36** K1, purl to last st, K1.

Rep rows 33–36, 11 (13) more times, then rep row 33 once. [25 (32) sts]

**Next row** Cast off 1 st, purl to end, dec 0 (3) sts evenly across row, break yarn

SIZE		8-12	14-18
TO FIT	cm	82-86	96-107
BUST	in	32-36	38-42
CIRCUMFERENCE AT NECK	cm	66	77
	in	24	30
CIRCUMFERENCE AT HEM	cm	192	223
	in	75½	87½
LENGTH	cm	41	43
	in	16	17
YARN	Wendy, Serenity Chunky (100g/80m balls)		
Yarn A Cranberry (3201)		4	6
Yarn B Cream (3213)		1	1

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# FRINGED PONCHO

and thread through last st, remove st from needle so that the last st is cast off. [23 (27) sts]

Leave rem sts on stitch holder and make 3 more pieces the same.

## TO MAKE UP

Sew all pieces together using mattress stitch, and taking the cast off stitches at beg and end of row into the seam.

## COLLAR

Using 6½mm circular needle and working from the RS with Yarn A, starting at beg of any piece, pick up and knit all 92 (108) sts around neckline and join to work in the round. Place marker to mark beg of round.

**Round 1** \*K2tog, (P2, K2) 4 (5) times, P2, skpo, K2, k2tog, (P2, K2) 4 (5) times, P2, skpo; rep from \* once more. [84 (100) sts]

**Round 2** \*K1, (P2, K2) 4 (5) times, P2, skpo, k2tog, (P2, K2) 4 (5) times, P2, K1; rep from \* once more. [80 (96) sts]

**Round 3** K1, (P2, K2) 19 (23) times, P2, K1. [80 (96) sts]

Rep round 3 until collar measures 10cm. Change to 6mm circular needle and cont in same manner until work measures 20cm.

**Cast off** loosely in rib.

Sew in all ends.

## MAKE FRINGE

Cut four lengths of yarn A approx 36cm long and hold together. Fold them in half and use a crochet hook to pull the folded end through the edge of poncho, then pass the ends of the fringe through the loop and pull to tighten the fringing.

Repeat, placing 1 fringe piece in each seam and then approx every 5cm evenly on each piece of work.

Weave in all loose ends and gently block to measurements, following any care instructions on the ball band.

## NEXT MONTH

Knit a stylish and easy-to-wear scoop neck top. Issue 143, March, will be in the shops from Friday 29 January.



## STEP-BY-STEP HOW TO KNIT FAIR ISLE



**1** These images show what happens to the yarn that you carry over on the wrong side of the work. Work a stitch in the first colour as usual. To change colour, twist the two yarns together before working the next stitch.



**2** Work the next stitch in the new colour as normal. When working alternating stitches of two colours, try and keep an even tension and do not pull the yarn too tight.



**3** Change back to the original colour, not forgetting to twist the two yarns together before you work the stitch.



**4** A completed row shows the yarn 'floats' carried across the back of the work. If the floats of one colour always stay above the other colour, your work will look more even.





# WOOLLY BEAUTIES

*Meet the trio of women rediscovering sheep farming, and creating an array of sumptuous dyed wools and ingenious knitting patterns along the way.*

For Helen Lambell, Louise Weetman and Emma Price, their dream collaboration began with a wedding gift of a flock of sheep. "Louise and her husband Charlie are the fifth generation of Weetmans to be tenant farmers at East Chase Farm in Kenilworth," says Helen. "When they got married in 1986, they were given a flock of Jacobs as a present!"

Unfortunately, the colour of the Jacobs' fleeces meant they were no good for dyeing, but in 2009 Louise was able to swap her Jacobs for Lleyns. This breed has pale fleeces that are far better suited to being dyed. "Plus, Louise and her sister Emma have family connections to the Lleyn Peninsula from where they originate," explains Helen.

Emma had spent many years in India sharing textiles skills and working with farmers in a remote Himalayan village. She wanted to find a way of sharing her passion with others while earning a living, so when Louise took on the Lleyn flock, it

seemed like the perfect time to bring her experience home to the UK.

## AN ASSORTMENT OF SKILLS

The pair began by selling their yarns to specialist wool shops, as well as running workshops in spinning, dyeing, weaving and knitting. Then a year ago they met knitter and knitwear designer Helen, and the third part of their team was in place.

Helen knitted throughout school and university, but drifted away from knitting in her twenties. Then, after a relationship break-up, she took it up again. "A wise friend suggested I do something I really enjoyed doing by myself, to focus my mind on something other than emotional upset!" she says. "I took her advice and a flood of egg cosies poured from my knitting needles."

Helen's hobby took a professional turn when she was commissioned by an international tea supplier to design a range of tea cosies. Then, in 2014, she met Emma at a countywide arts event and they soon discovered

a shared passion for textiles, natural products and traditional techniques. "We decided we'd really enjoy working together and sharing our wool love with a wider public."

Helen, Emma and Louise each bring different strengths to the venture, but a mutual love of creating, crafting, natural fibres and traditional pursuits provides the core of their business, In The Wool Shed.

The Weetmans' original flock of Lleyns is now 144 sheep strong, and cared for mainly by Louise. "It's her farm, her flock, and she's the one on site when lambing takes place," says Helen. "Louise does most of the day-to-day work, though Emma and I will happily lend a hand."

At shearing time, Emma decides which fleeces meet her stringent quality criteria. "She stands in the fields as they're shorn, has a feel of them and takes the best for In The Wool Shed," says Helen. "She then washes them in her bath, which can take months. This year we had 60kg of fleeces – that's a lot of baths!"





Clockwise from left: Emma and Louise in the field; the 'Beti' waistcoat; a basket brimming with Lleyni Mini Wool Pots; Louise and Helen with Nutmeg the collie; natural ingredients are used for dyeing; some of this year's fleeces waiting to be dyed.

Emma initially spun the wool herself by hand, but soon realised how time-consuming this was. "Now we take the fleeces down to a mill in Cornwall where they spin them and send them back to us in skeins for Emma to dye. Emma plays for hours every day in her dye studio – a converted grain store on the farm – with bubbling cauldrons of dyes," says Helen. "It's a little bit like witchcraft, only without the toads!"

Emma also runs workshops on the farm, and the trio recently set up a Knitting Lounge at a festival, too. "We couldn't believe how many people spent the entire weekend with us," says Helen. "Two of them were London guys with stressful jobs, who found the whole knitting process incredibly therapeutic." And lots of children turned up too. "It was refreshing to see not a single electronic device, and instead just the pleasure induced by such a simple, calming activity."

Helen's key role is to devise and develop most of the company's

knitting patterns, including a clever 'no-sew modular jumper'. "When Louise isn't tending her flock, she tests out the patterns," says Helen. "She also provides the farmhouse kitchen table around which we all sit, swilling endless cups of tea while planning our future ranges, which festivals we'll go to and our next events and workshops."

#### SIMPLE CHIC

Inspiration for the knitwear designs is wide ranging. "We all love things to be as natural as possible," says Helen. "Our own Lleyni wool is quite a firm, textured yarn which keeps its shape, so is great for throws and cushions, as well as hardwearing 'outer' jumpers. Now we're exploring different yarns, still from British sheep breeds, which we will dye with natural ingredients, so we can branch out into clothing. We're looking at fine lustrous yarns for things such as evening boleros, and soft cosy ones for jumpers. Emma likes simple lines, and I like to add a bit of a twist if I'm allowed!"

Helen believes that their growing success is in part due to people becoming more conscious of choosing materials with a local provenance. "There's a move away from synthetic mass-produced items – including yarns. The fact that our yarns come from our own flock of sheep, and are hand-dyed by us on the farm just next to where the sheep graze, has a special appeal."

The three women are enjoying their burgeoning brand immensely. "Working with Emma and Louise is fantastic," Helen says. "It's not really work at all – just a great way to do something you love with people who share your passions. In The Wool Shed is a magical place," she adds. "On the outside, it's an old shipping container, but inside it's like a cosy cottage full of tactile goodies. It's wonderful to do something you really believe in. No one is exploited and we feel really in touch with nature. What could be better than that?"

Written by Judy Darley  
Visit [www.inthewoolshed.com](http://www.inthewoolshed.com).



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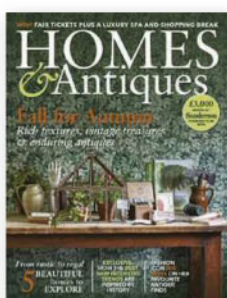
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# LIMESTONE

Cable fans will enjoy the challenge of making this Aran-style jumper from **DROPS**.

IDEAL FOR  
EXPERIENCED  
KNITTERS



← DROPS KARISMA IS A 100% WOOL YARN THAT COMES IN DOZENS OF SOLID SHADES, AND IT'S GREAT VALUE TOO!



**Tip** There are a number of stitch patterns to keep track of in this design, so you may find it useful to use stitch markers to show where they begin and end. Use different coloured markers for each of the patterns to enable you to see at a glance which one is which.



## YOU WILL NEED

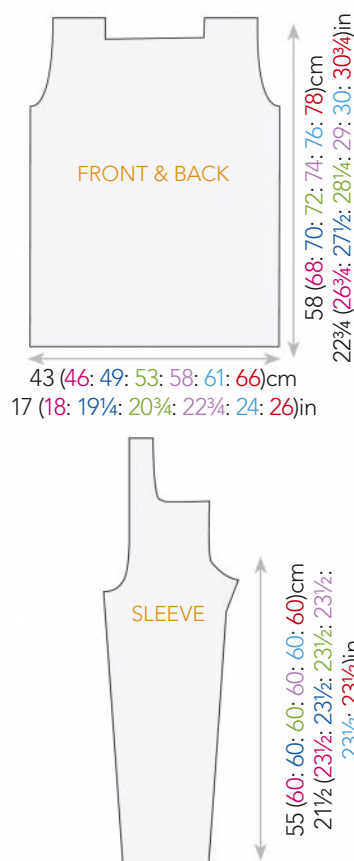
- DROPS, Karisma (100% wool, 50g/100m)
  - A set of 3½mm double-pointed needles (DPNs)
  - Two 3½mm circular needles, 40 and 80cm long
  - A set of 4mm double-pointed needles (DPNs)
  - A 4mm circular needle, 80cm long
  - 2 locking stitch markers
- For yarn stockists contact  
Wool Warehouse 01926 882818  
www.woolwarehouse.co.uk

## TENSION

Yarn used knits as DK to this tension: 21 sts and 28 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## ABBREVIATIONS

**K2togCO** k2tog, slip last cast off st over k2tog  
For a full list see page 94



Nothing beats a hand-knitted cable jumper, and we love the blend of iconic stitch patterns in this design, including classic ropes, honeycomb and horseshoes. Are you ready for a lively, brain-stretching knit? Grab your needles and dive in!



### PATTERN 1 (IN THE ROUND)

**Round 1** (K1, P1) to end.

**Round 2** (K1, P1) to end.

**Round 3** (P1, K1) to end.

**Round 4** (P1, K1) to end.

Rep rounds 1–4 for pattern.

### PATTERN 1 (WORKED FLAT)

**Row 1** (K1, P1) to end.

**Row 2** (K1, P1) to end.

**Row 3** (P1, K1) to end.

**Row 4** (P1, K1) to end.

Rep rows 1–4 for pattern.

### PATTERN 2 (WORKED IN THE ROUND)

**Rounds 1 & 2** P2, K4, P2, (P2, K6, P4, K4, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Round 3** P2, C4F, P2, (P2, C6B, P4, C4F, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Rounds 4, 5 & 6** P2, K4, P2, (P2, K6, P4, K4, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Round 7** P2, C4F, P2, (P2, K6, P4, C4F, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Round 8** P2, K4, P2, (P2, K6, P4, K4, P2) 1 (1: 1: 1: 2: 2: 2) times.

Rep rounds 1–8 for pattern.

### PATTERN 2 (WORKED FLAT)

**Row 1** (RS) P2, K4, P2, (P2, K6, P4, K4, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Row 2** (WS) (K2, P4, K4, P6, K2) 1 (1: 1: 2: 2: 2) times, K2, P4, K2.

**Row 3** P2, C4F, P2, (P2, C6B, P4, C4F, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Row 4** (K2, P4, K4, P6, K2) 1 (1: 1: 1: 2: 2: 2) times, K2, P4, K2.

**Row 5** P2, K4, P2, (P2, K6, P4, K4, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Row 6** (K2, P4, K4, P6, K2) 1 (1: 1: 1: 2: 2: 2) times, K2, P4, K2.

**Row 7** P2, C4F, P2, (P2, K6, P4, C4F, P2) 1 (1: 1: 1: 2: 2: 2) times.

**Row 8** (K2, P4, K4, P6, K2) 1 (1: 1: 1: 2: 2: 2) times, K2, P4, K2.

Rep rows 1–8 for pattern.

### PATTERN 3 (IN THE ROUND)

**Rounds 1 & 2** Knit.

**Round 3** C4F, (C4B, C4F) 5 (5: 5: 5: 6: 6: 6) times.

**Rounds 4, 5 & 6** Knit.

**Round 7** C4F, (C4B, C4F) 5 (5: 5: 5: 6: 6: 6) times.

**Round 8** Knit.

Rep rounds 1–8 for pattern.

### PATTERN 3 (WORKED FLAT)

**Row 1** (RS) Knit.

**Row 2** (WS) Purl.

**Row 3** C4F, (C4B, C4F) 5 (5: 5: 5: 6: 6: 6) times.

**Row 4** Purl.

**Row 5** Knit.

**Row 6** Purl.

**Row 7** C4F, (C4B, C4F) 5 (5: 5: 5: 6: 6: 6) times.

**Row 8** Purl.

Rep rows 1–8 for pattern.

### SLEEVE PATTERN (IN THE ROUND)

**Rounds 1 & 2** (P2, K4, P2) twice, P2, K12, P2, (P2, K4, P2) twice.

**Round 3** (P2, C4F, P2) twice, P2, C6B, C6F, P2, (P2, C4F, P2) twice.

SIZE		XXS	XS	S	M	L	XL	XXL
TO FIT	cm	80	86	92	100	110	116	126
CHEST	in	31½	33¾	36¼	39¼	43¼	45½	49½
ACTUAL CHEST	cm	86	92	98	106	116	122	132
	in	33¾	36¼	38½	41¾	45½	48	52
LENGTH	cm	58	68	70	72	74	76	78
	in	22¾	26¾	27½	28¼	29	30	30¾
SLEEVE LENGTH	cm	55	60	60	60	60	60	60
	in	21½	23½	23½	23½	23½	23½	23½
YARN	DROPS, Karisma (50g/100m balls)							
Light Grey Mix (44)		12	14	15	16	18	20	22

To make this pattern easier to follow, we've colour-coded the sizing instructions – simply follow the relevant column.



# MEN'S CABLE JUMPER

**Rounds 4, 5 & 6** (P2, K4, P2) twice, P2, K12, P2, (P2, K4, P2) twice.

**Round 7** (P2, C4F, P2) twice, P2, K12, P2, (P2, C4F, P2) twice.

**Round 8** (P2, K4, P2) twice, P2, K12, P2, (P2, K4, P2) twice.

Rep rounds 1–8 for pattern.

## SLEEVE PATTERN (WORKED FLAT)

**Row 1** (RS) (P2, K4, P2) twice, P2, K12, P2, (P2, K4, P2) twice.

**Row 2** (WS) (K2, P4, K2) twice, K2, P12, K2, (K2, P4, K2) twice.

**Row 3** (P2, C4F, P2) twice, P2, C6B, C6F, P2, (P2, C4F, P2) twice.

**Row 4** (K2, P4, K2) twice, K2, P12, K2, (K2, P4, K2) twice.

**Row 5** (P2, K4, P2) twice, P2, K12, P2, (P2, K4, P2) twice.

**Row 6** (K2, P4, K2) twice, K2, P12, K2, (K2, P4, K2) twice.

**Row 7** (P2, C4F, P2) twice, P2, K12, P2, (P2, C4F, P2) twice.

**Row 8** (K2, P4, K2) twice, K2, P12, K2, (K2, P4, K2) twice.

Rep rows 1–8 for pattern.

## K BODY

Worked in the round.

**Cast on** 208 (230: 250: 270: 290: 310: 330) sts using longer 3½mm circular needles and join to work in the round, taking care not to twist sts. Place side marker to mark beg of round.

Knit 4 rounds.

**Next round** (K1, P1) to end.

Last round sets 1x1 rib.

Cont in 1x1 rib until piece meas 5cm.

**Next round** Knit.

**Next round** [K10 (23: 41: 45: 13: 17: 18), M1] 3 (3: 1: 2: 5: 4: 3) times, [K11 (0: 42: 0: 14: 18: 19), M1], 4 (0: 2: 0: 2: 2: 3) times, [K10 (23: 41: 45: 13: 17: 18), M1] 6 (5: 1: 3: 9: 7: 6) times, [K11 (0: 42: 0: 14: 18: 19), M1], 4 (0: 2: 0: 2: 2: 3) times, [K10 (23: 0: 45: 13: 17: 18), M1] 3 (2: 0: 1: 4: 3: 3) times.

[228 (240: 256: 276: 312: 328: 348) sts]

Insert a second side marker after 114 (120: 128: 138: 156: 164: 174) sts.

Change to 4mm circular needle and work pattern as follows – see above:

**Set-up round** (RS) Work Patt 1 row 1 over first 9 (12: 12: 17: 8: 12: 17) sts; work Patt 2 row 1 over next 26 (26: 26: 26: 44: 44: 44) sts; work Patt 3 row 1 over next 44 (44: 52: 52: 52: 52: 52) sts; work Patt 2 row 1 over next 26 (26: 26:



The body and sleeves of this sweater are worked in the round. This means that there's minimal making up to do at the end, and it also makes it easy to try them on as you go.

26: 44: 44: 44) sts; work Patt 1 over next 18 (24: 24: 34: 16: 24: 34) sts; work Patt 2 row 1 over next 26 (26: 26: 26: 44: 44: 44) sts; work Patt 3 row 1 over next 44 (44: 52: 52: 52: 52: 52) sts; work Patt 2 row 1 over next 26 (26: 26: 26: 44: 44: 44) sts; work Patt 1 row 1 to end of row. Last row sets placement for Patts. Cont in pattern as set until piece meas 9cm.

**Inc round** Kfb, patt to 1 st before marker, kfb, sm, kfb, patt to last st, kfb. [4 sts inc'd]

Repeat inc round every 6 (8: 8: 9: 9: 9: 10)cm 4 more times, taking new sts into pattern.

[248 (260: 276: 296: 332: 348: 368) sts]

Continue without shaping until piece measures 38 (47: 48: 49: 50: 51: 52)cm, ending the final round 3 sts before beg of round marker on an odd numbered round.

**Next round** Cast off 6 sts, patt to 6 sts before second marker, cast off 6 sts, patt to end. [118 (124: 132: 142: 160: 168: 178) sts for

each front and back]

Each side will now be completed separately.

## BACK

Continue to work back and forth on circular needle.

## SHAPE ARMHOLES

**Cast off** 2 sts at the beg of next 4 (4: 4: 4: 4: 6: 8) rows.

[110 (116: 124: 134: 152: 156: 162) sts]

**Cast off** 1 st at beg of next 2 (2: 4: 6: 8: 8: 10) rows.

[108 (114: 120: 128: 144: 148: 152) sts]

Continue without shaping until piece meas 49 (59: 61: 63: 65: 67: 69)cm, ending on a row 6 of Patts.

**Cast off and decrease round** (RS) Cast off 1, k2togCO [cast off 2, k2togCO] 5 (2: 4: 0: 17: 15: 13) times; [cast off 3, k2togCO] 12 (18: 16: 24: 0: 4: 8) times; [cast off 2, k2togCO] 6 (3: 5: 1: 18: 16: 14) times.

All sts cast off and evenly decreased by 24 (24: 26: 26: 36: 36: 36) sts.



## FRONT

Work as for Back until piece measures 46 (56: 58: 60: 62: 64: 66)cm, ending with a row 4 of Patts.

**Cast off and decrease neck row** Patt 34 (37: 36: 40: 48: 50: 52), cast off 40 (40: 48: 48: 48: 48: 48) neck sts as folls: Cast off 1, k2togCO [cast off 2, k2togCO] 9 (9: 11: 11: 11: 11: 11) times; patt to end. [34 (37: 36: 40: 48: 50: 52) sts rem for each shoulder]

Complete each shoulder separately.

**Next row** (RS) Patt to end.

**Next row** (WS) Cast off 2 sts, patt to end. [32 (35: 34: 38: 46: 48: 50) sts]

Cont without shaping until piece meas 49 (59: 61: 63: 65: 67: 69)cm, ending with a row 6 of Patts.

**Cast off AT THE SAME TIME** working K2togCO 7 (7: 7: 12: 12: 12) times evenly across the row.

## RIGHT SLEEVE

**Cast on** 56 (58: 60: 62: 64: 66: 68) sts on 3½mm DPNs and join to work in the round, taking care not to twist sts. PM to mark beg of round. Knit 4 rounds.

**Next round** (K1, P1) to end of round. Last round sets 1x1 rib.

Cont in rib until piece meas 10cm.

**Next round** Knit.

**Next round** Knit, increasing 2 sts across the round.

[58 (60: 62: 64: 66: 68: 70) sts]

Change to 4mm DPNs.

**Set-up round** Work Patt 1 round 1 over first 5 (6: 7: 8: 9: 10: 11) sts; work Sleeve Patt, work Patt 1 round 1 to end of round.

Last round sets placement for Patts.

Continue in pattern as set until piece meas 13 (12: 13: 12: 12: 14: 13)cm.

**Inc round** Kfb, patt to last st, kfb. [2 sts inc'd]

Repeat inc round every 2 (2.5: 2: 2: 1.5: 1.5)cm, 13 (14: 15: 16: 17: 18: 19) more times, taking new sts into pattern. [86 (90: 94: 98: 102: 106: 110) sts]

Cont without shaping until piece meas 45 (50: 50: 49: 49: 48: 48)cm, ending the final round 3 sts before beg of round marker on an odd-numbered round.

**Next round** Cast off 6 sts, patt to end.

Begin working back and forth in rows.

**Cast off** 2 sts at the beg of next 4 (8: 12: 14: 18: 20: 24) rows.

[72 (68: 64: 64: 60: 60: 56) sts]

**Cast off** 1 st at the beg of next 24 (20: 16: 16: 12: 12: 8) rows. [48 sts]

Piece meas 55 (60: 60: 60: 60: 60: 60)cm. Place a locking marker each end of last row.

Continue without shaping until piece meas 12 (14: 13: 15: 17: 18: 19)cm from markers, ending on a WS row. \*\*

**Cast off and decrease row** (RS) Cast off 2 sts, [k2togCO] 10 times, cast off 2 sts, patt to end. [24 sts]

**Next row** Patt to end.

**Next row** (RS) Cast off 3 sts, patt to end. [21 sts]

**Next row** Patt to end.

Rep last 2 rows once more. [18 sts]

**Next 3 rows** Patt to end.

**Cast off** 1 st at beg of next row. [17 sts]

Continue in patt without shaping until piece meas 19 (21: 22: 24: 26: 27: 28)cm.

**Cast off, AT THE SAME TIME** working 4 k2togCOs evenly across row.

## LEFT SLEEVE

Work as for Right Sleeve to \*\*.

Work 1 more row in pattern as set.

**Cast off and decrease row** (WS) Cast off 24 sts as folls: Cast off 2 sts, [k2togCO] 10 times, cast off 2 sts, patt to end. [24 sts]

**Next row** Patt to end.

**Next row** (WS) Cast off 3 sts, patt to end. [21 sts]

**Next row** Patt to end.

Rep last 2 rows once more. [18 sts]

**Next 3 rows** Patt to end.

**Cast off** 1 st at beg of next row. [17 sts]

Continue in patt without shaping until piece meas 19 (21: 22: 24: 26: 27: 28)cm.

**Cast off, AT THE SAME TIME** working 4 k2togCOs evenly across row.

## TO MAKE UP

Place Sleeves at a right angle to Body and align so they meet at the centre back. Sew into place, easing in the section between the markers and the



The cable designs are worked in vertical panels on the jumper's front and back.



The sleeves are knitted separately and sewn on before you work the neckline.

cast off to meet with the shoulder sts of the body. Sew together at centre back seam.

## NECKLINE

Pick up and knit 94 (94: 108: 108: 108: 108: 108) sts around neckline using shorter 3½mm circular needles.

Knit 3 rounds.

**Next round** [K4, M1] 4 (4: 6: 6: 6: 6: 6) times, [K5, M1] 3 (3: 2: 2: 2: 2: 2) times, [K4, M1] 8 (8: 11: 11: 11: 11: 11) times, [K5, M1] 3 (3: 2: 2: 2: 2: 2) times, [K4, M1] 4 (4: 5: 5: 5: 5: 5) times. [116 (116: 134: 134: 134: 134: 134) sts]

Work in 1x1 rib as set for Body until rib meas 8cm.

Knit 2 rounds.

**Cast off.**

Fold neck double towards WS and stitch into place.

## FINISHING

Weave in ends and gently block to measurements, following any yarn care instructions on the ball band. 🧶



This jumper design is '135-3 Dreams of Aran' by DROPS Design. For more details visit the DROPS website, [www.garnstudio.com](http://www.garnstudio.com).





# Raising awareness by knitting while...

# RUNNING RACES

*Susie Hewer spreads the word about dementia by putting her abilities as a runner and knitter to the test.*

**F**or Susie Hewer, knitting has been a comfort and a pleasure ever since her mum, Peggy, taught her when she was five years old. In more recent years, a combination of knitting and running has become a way of seeking a moment of peace while her mum battled dementia.

Given that Susie had never really run at all until the age of 45, her running achievements are quite an impressive feat.

"I did a 5k Race for Life after a close friend died of leukaemia, and when Mum died, I wanted to raise funds for Alzheimer's Research UK," Susie explains.

## SLOW AND STEADY

She went on to run the London Marathon, aged 48, in 2005. "I worked up to it gradually," she says. "My running is like my knitting: slow and steady. I'm a plodder!"

Susie wanted to do something special to celebrate her 50th birthday, so she ran the London Marathon... while knitting!

"A friend had said, 'Oh Susie, why don't you just stay home with your

knitting?' Those words percolated in my mind and combining my two passions became an ambition!"

It's been a great way to draw attention to what she's doing and start conversations about dementia. "It used to be mentioned in hushed tones and there was a sense of shame about it. Now more and more people are talking about it. It's a horrible condition, and one in three people will experience dementia in later life. That's why research is so important."

## ON TARGET

Susie has completed an astonishing 54 marathons in the past decade and is working towards a goal of running 60 marathons before she turns 60 in 2017.

"It's got harder over the years," she admits. "I train five days a week and I have arthritis, which can cause pain in my hands and shoulders, particularly if I'm carrying yarn."

The arthritis makes knitting difficult even when not running. "These days I tend to knit in short bursts, and have various projects I can dip in and out of. Using

different yarns and needles helps as the thicknesses can vary the way you hold them."

Susie is determined to keep running marathons, whether the knitting stays at home or comes with her. "I always wear my Alzheimer's Research UK vest so people know why I'm doing it, and whenever things gets tough, when it's muddy and raining, I have an image in my mind of when mum was at her worst, and that keeps me going. Hopefully, raising the funds for research means a way forward so that not everyone diagnosed with dementia has to go through that."

With 54 marathons already under her belt, Susie has achieved so much. "It's weird to hear myself say I've completed that many," she smiles. "I feel quite proud. It just goes to show what a bit of determination can do!"

*Written by Judy Darley*

Susie blogs at [www.extremeknittingredhead.blogspot.co.uk](http://www.extremeknittingredhead.blogspot.co.uk). You can donate at <http://uk.virginmoneygiving.com/extremeknittingredhead>. For information about Alzheimer's see [www.alzheimersresearchuk.org](http://www.alzheimersresearchuk.org).



From left to right: Susie takes on the London Marathon, knitting in tow; much like her running, Susie likes to go "slow and steady" with knitting projects; best foot forward – Susie's determined to keep up the running and knitting combo.



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# SNUGGLE UP

Keep your little kittens cute and cosy in **Monica Russel's** animal winter warmer.

THIS ALPACA YARN HAS GREAT WASH AND WEAR QUALITIES, PERFECT FOR WHIPPING UP KIDS' KNITS



A FUN  
AND PRACTICAL  
MAKE!





**Tip** Why not customise this knit so it looks like the recipient's favourite animal? You could change the colours to black and white for a zebra, for example, or black and orange for a tiger. Little ones will love being able to help create their own unique design.



## YOU WILL NEED

- Stylecraft, Alpaca DK (80% acrylic, 20% alpaca, 100g/240m)
- 2 balls of **Yarn A** Cinnamon (6016)
- 1 ball of **Yarn B** Fig (6017)

- A pair of 4mm needles
  - A 5mm circular needle, 80cm long
- For yarn stockists contact  
Stylecraft 01535 609798  
[www.stylecraft-yarns.co.uk](http://www.stylecraft-yarns.co.uk)

## TENSION

Yarn used knits as DK to this tension: 20 sts and 36 rows to measure 10x10cm (4x4in) over g st using 5mm needles

## SIZE

4-8yrs (8-14yrs: Adult)  
Length of scarf 145 (170: 180)cm

## ABBREVIATIONS

For a full list see page 94

**W**hen it comes to knitting for kids, you sometimes need to up the fun factor just to make sure they actually wear it – but with this super-cute three-in-one knit, they'll want to show it off at every chance they get! This would make a great gift for your favourite little person, or even as a novelty present for a fun-loving big kid.



## STRIPE PATTERN

**Rows 1 & 2** Yarn B.  
**Rows 3–6** Yarn A.  
**Rows 7 & 8** Yarn B.  
**Rows 9 & 10** Yarn A.  
**Rows 11 & 12** Yarn B.  
**Rows 13–36** Yarn A.  
**Rows 37–40** Yarn B.  
**Rows 41–44** Yarn A.  
**Rows 45 & 46** Yarn B.  
**Rows 47–66** Yarn A.

## K HOOD

**Cast on** 70 (85: 100) sts using 5mm circular needles and Yarn B. Do not join into the round.

**Rows 1–4** Knit.

Work Stripe Pattern, knitting every row until piece measures 28 (30: 32)cm from cast-on edge.

**Cast off.**

## SCARF

**Cast on** 290 (340: 360) sts using 5mm circular needles and Yarn A. Do not join into the round.

Knit every row flat until piece measures 10 (12: 15)cm from cast-on edge.

**Cast off.**

## EARS

### OUTER EARS (MAKE 2)

**Cast on** 19 sts using 4mm needles and Yarn A.

**Rows 1–8** Knit.

**Row 9** K1, ssk, knit to last 3 sts, k2tog, K1. [2 sts dec'd]

**Row 10** Knit.

Work the last two rows 6 more times. [5 sts]

**Row 23** K1, sk2po, K1. [3 sts]

**Row 24** Sk2po. [1 st]

Fasten off.

### INNER EARS (MAKE 2)

**Cast on** 15 sts using Yarn B and 4mm needles.

**Rows 1–6** Knit.

**Row 7** K1, ssk, knit to last 3 sts, k2tog, K1. [2 sts dec'd]

**Row 8** Knit.

Work last 2 rows 4 more times. [5 sts]



The ears are worked separately and then sewn firmly onto the top of the hood.



Neutral colours make this scarf a perfect piece to pair with any shade winter coat.

**Row 17** K1, sk2po, K1. [3 sts]

**Row 18** Sk2po. [1 st]

Fasten off.

## TO MAKE UP

Place one inner ear on top of outer ear and stitch in place. Repeat for other ear.

Mark centre of cast-off edge of scarf, mark centre of cast-on edge of hood and place hood on top of scarf, lining up markers, and sew hood to scarf. Fold top of hood in half and sew cast off hood seam closed to form top of hood.

Fold ends of scarf to form pockets and sew side seams.

Using image as a guide, sew ears to top of hood. 🧶

## NEXT MONTH

Layer up for cold days with our cute kid's tank top. Issue 143, March, will be in the shops from Friday 29 January.





## KNITTED SCULPTURES

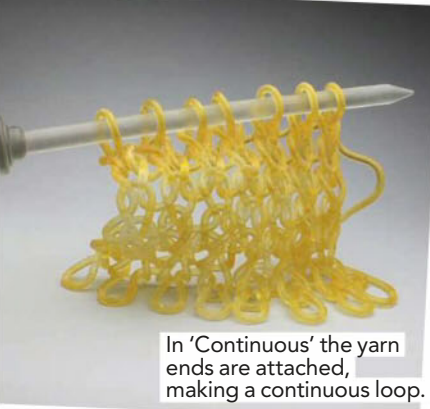
## KNIT 1 PURL FUN

*Meet the artist immortalising her favourite craft.*

*“People are astonished when they realise it’s made of glass”*



Carol in the middle of making ‘Go Knit Yourself’.



In ‘Continuous’ the yarn ends are attached, making a continuous loop.



Carol’s studio, where she makes her amazing sculptures.

Carol Milne’s grandmother taught her to knit when she was 10, never realising how crucial the skill would become to the artist’s work.

“I love the meditative aspect of knitting,” says Carol. “I can get lost in creative repetition – absorbed in a pattern so the rest of the world disappears.”

Using knitting as a starting point, the artist manipulates glass into shining sculptures. The idea to explore knitting using glass came about gradually. “I had some round wax, used in bronze casting, in my studio. I kept thinking it reminded me of yarn. I had to try knitting with it, which led to casting it in glass! Since wax isn’t stretchy, I can’t knit it with needles, so I form the wax strands around needles and unfold them to get the zigzag loops of knitting, then knit the strands together by hand.”

The next stage is to “melt wax into all the spaces between the stitches to make the piece solid”. Step three is to surround the wax with a plaster mixture, which acts as a mould. “Next, I melt the wax out of the mould, leaving empty space inside where the wax used to be,” Carol says. “The empty space gets filled with glass. The mould goes in a kiln, and glass is slowly melted into the space and then cooled. This process takes three to five days, sometimes longer.” When the mould has cooled, it’s carefully chipped away to reveal the glass underneath, and the last step is to clean, grind and polish the glass.

“Knitted goods exude comfort, but once they’re in glass, they lose most of those qualities and become something else entirely,” Carol says. “Where we once noticed the surface and feel of the material, we now shift our emphasis to the twisting interconnection between the stitches, the deepening of colour where they overlap, and the spaces between the stitches.”

People are delighted and astonished when they realise Carol’s works are made of glass. The sculptures play with perceptions and preconceptions. “Knitters love to see their craft immortalised,” says Carol.

Carol is now turning her attention to something even bigger – she’s designing a costume of knitted glass to be worn at a Glass Fashion Show, to be held during the Glass Art Society Conference in New York in 2016.

Written by Judy Darley

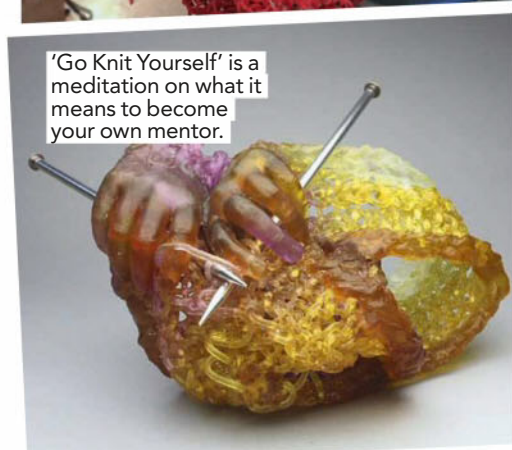
See more of Carol’s work at [www.carolmilne.com](http://www.carolmilne.com).



‘Three-way Split’ was designed to resemble a knitted cable.



Carol working with wax in the first stage of the process.



‘Go Knit Yourself’ is a meditation on what it means to become your own mentor.





# SOCK YARNS

*Sturdy yarns to keep your feet cosy all winter long.*

## Scheepjeswol INVICTA COLOUR

**BALL WEIGHT** 100g  
**BALL LENGTH** 420m  
**YARN CONTENT** 75% wool,  
25% nylon  
**KNITS AS** 4ply  
**RRP** £7.79  
**REC NEEDLE SIZE** 3mm



A soft and fluffy single-ply yarn, Invicta Colour is perfect for making statement socks or lightweight scarves and other accessories. It's a variegated yarn with colours that fade into one another beautifully, and watching each shade emerge as you knit is a real pleasure.

The range includes more than a dozen colourways, with

evocative names such as Autumn Storm. We love the rich, warm colours in Cold Fire (pictured), but there are also cooler blues available. Show them off with stocking stitch or simple textured designs.

Machine wash at 30°C and iron on a cool setting.

**www.deramores.com**  
**0800 488 0708**

## Regia PAIRFECT

**BALL WEIGHT** 100g  
**BALL LENGTH** 420m  
**YARN CONTENT** 25% polyamide,  
75% virgin wool  
**KNITS AS** 4ply  
**RRP** £9.95  
**REC NEEDLE SIZE** 2-3mm



Say goodbye to mismatched socks! This innovative new yarn enables you to knit two identical stripy socks from one skein. Simply cut off the yellow starter thread that marks the beginning of the first sock, knit that sock, then unwind the yarn to the next yellow starter thread, cut it off and knit the second sock.

There are 16 shades to choose between, from solid brights such as Cheescake (pictured) to muted shades with tweedy flecks, including Stone and Lagune. The dark, sophisticated colours in the range are ideal for men's knits.

Can be machine washed.  
**www.makeitcoats.com**  
**01484 681881**



we just  
love this  
yarn!



## Wendy ROAM FUSION

**BALL WEIGHT** 100g  
**BALL LENGTH** 370m  
**YARN CONTENT** 75%  
 superwash wool, 25% nylon  
**KNITS AS** 4ply  
**RRP** £7.85  
**REC NEEDLE SIZE** 2½-3¼mm



Add some fun to your winter wardrobe with Roam Fusion, a cheerful, colourful yarn that's guaranteed to be a hit with kids and adults alike.

Both strands of this two-ply yarn are variegated, one with long colour changes and the other with short, producing a striped base that's flecked with contrasting colour. It looks

gorgeous worked in cables or just simple stocking stitch.

This wonderfully robust yarn is great for light but cosy knits. As well as patterns for socks, there are also eye-catching garments to choose from.

Mild machine wash at 30°C and do not tumble dry.

**www.tbramsden.co.uk**  
**01943 872264**



## Eden Cottage Yarns BFL SOCK

**BALL WEIGHT** 100g  
**BALL LENGTH** 400m  
**YARN CONTENT** 100%  
 Blue-faced Leicester wool  
**KNITS AS** 4ply  
**RRP** £18  
**REC NEEDLE SIZE** 2½-4mm



This fabulous 100% wool yarn is amazingly soft, with a subtle sheen and a little fuzz. Every part of the production process is completed in the UK, so you can knit away knowing you're supporting British sheep farmers and producers.

Find your favourite among the earthy and vintage-style shades – we adore this one,

Fence, a lovely mushroom brown. The yarn is hand-dyed, so working from two skeins at once (alternating a row from each) will ensure any colour variations are distributed evenly. You can download sock patterns from the website.

Gentle machine wash or handwash and dry flat.  
**www.edencottageyarns.co.uk**



## John Arbon Textiles EXMOOR SOCK YARN

**BALL WEIGHT** 100g  
**BALL LENGTH** 400m  
**YARN CONTENT** 85%  
 Exmoor Blueface wool,  
 15% nylon  
**KNITS AS** 4ply  
**RRP** £10  
**REC NEEDLE SIZE** 2½mm



John Arbon Textiles specialises in creating cosy, high-quality socks, and it also produces yarn so you can make your own. Its Exmoor Sock Yarn uses wool from its local Exmoor Blueface sheep, which is mixed with nylon to produce a lightweight and hard-wearing fibre.

The accompanying 'Exmoor Bedsock' pattern shows off the

yarn's stitch definition with snugly lace. It would also be a great choice for shawls.

Choose from seven solid shades, including this one, Avocado; Smoke, a soft mauve; and Natural White.

Hand wash this yarn at a low temperature.

**www.jarbon.com**  
**01598 752490**



## Opal KLANGWELTEN

**BALL WEIGHT** 100g  
**BALL LENGTH** 425m  
**YARN CONTENT** 75%  
 superwash new wool,  
 25% polyamide  
**KNITS AS** 4ply  
**RRP** £7.99  
**REC NEEDLE SIZE** 2½mm



Complex patterns can be great fun, but sometimes it's nice to let the yarn do all the work. This self-patterning yarn from Opal is ideal for your favourite plain sock design, and knits up to reveal a mixture of stripes and Fair Isle-style colour blocks.

Made from easy-care superwash wool with added polyamide for strength, this is

a sturdy yarn that's easy to work with. It's inspired by the famous German music festival KlangWelten, which is reflected in the names of the eight colourways, such as Pop Music, above, and Jazz Club.

Machine wash at 40°C and do not use fabric softener.

**For stockist information, visit**  
**www.viridianyarn.com**





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# SUPER SOCK BLOCKERS

There are some things a sock knitter just can't live without!

Whether you love the practicality of plastic or the handcrafted beauty of wood, there's definitely the perfect sock blocker for you. Here's our pick of just a few of the choices available.

1. Bryson stainless steel blockers are lightweight and are made for hanging up to dry your socks.

They come in three sizes. £18 a pair, [www.loopknittingshop.com](http://www.loopknittingshop.com)

2. KnitPro Aqua blockers are made from flexible plastic, and come in a pack of two. They're available in three sizes. £15 a pair, [www.viridianyarn.com](http://www.viridianyarn.com)

3. What a lovely gift for a sock knitting devotee – beautifully handcrafted from plywood, with a lasting finish. £15 a pair, £8 single, [www.lintonhandcrafts.co.uk](http://www.lintonhandcrafts.co.uk)

4. For eco-lovers, Succaplokki's blockers are made in Finland from recycled materials like cardboard and rubber bands. Available in two sizes. £36 a pair, £18 single, [www.brownberryyarns.co.uk](http://www.brownberryyarns.co.uk)

5. These adjustable blockers are super versatile. Made of clear acrylic with holes for quick drying, they'll fit a wide range of sock lengths. £21.60 a pair, £12 single, [www.doodlestop.co.uk](http://www.doodlestop.co.uk)

6. Block your tiny socks wherever you are with this handy keyring. Plus, it comes with an optional mini sock pattern and yarn. £3.50, [www.theyarncafe.com](http://www.theyarncafe.com)

Keep your socks in shape!





# HUG THE WORLD

*Don't know how to help someone in need?  
Why not join Woolly Hugs and use your  
knitting know-how to make a blanket?*

There's something to be said for the warmth, security and familiarity of having a comfort blanket. Those of us who have ever wrapped ourselves up in a homespun knitted throw or clutched at a timeworn cloth know that a sentimental woolly wrap seemingly made just for you can provide a sense of soothing reassurance when we need it most.

This sweet idea is the thinking behind the Woolly Hugs campaign, a busy online, volunteer-run community who knit special blankets for babies, children and their families going through difficult times. It's hoped that the blankets act as an extra barrier to the cold and often cruel reality that a personal crisis can bring. "We hope that through these blankets, people will feel support, comfort and a sense of being looked after," says co-founder Ginny Blake.

The group's ongoing projects are linked to the Royal Hospital for Children in Glasgow, the Great North Children's Hospital in Newcastle and the Royal Brompton, London. But over the years, the knitted makes have been bringing warm comfort further afield to places as far and wide as Kurdistan, Lesvos and through the Red Cross to refugees in the UK.

Not only do the group reach out to people in all sorts of places, they also ensure that their woolly creations embrace a varied range of causes, with projects including blankets for children affected by Chernobyl, yarn bombing for a children's hospice and knitting breasts for breastfeeding units up and down the country.

With such an assorted lot of projects to go here, there and everywhere, the organisation are always looking for volunteers to help knit up some new blankets to be sent around the world.

"We're always very happy to hear from folk who would like to get involved," says Ginny. "Everyone is welcome. Our fabulous volunteers are mainly based in the UK, but we have a band of International Blanketeers, too, so no matter where in the world you are, you're most welcome to join."

To some, these makes may just be a blanket but to countless others, they mean so much more. "Our blankets are a tangible sign that you're being thought of, a physical reassurance," explains Ginny. "Often our blankets are a tribute, a celebration of a life filled with love and full of memories. There's love in every stitch."

At the end of the day, you just can't beat a hug. And let's face it, a woolly warm one that you can wrap yourself up in is even better.

*Written by Catriona Burns*

*For more information about Woolly Hugs, visit [beta.woollyhugs.com](http://beta.woollyhugs.com).*



From left to right: There's nothing like a spot of yarn bombing to bring some colourful cheer; children all over the world benefit from the Woolly Hugs' efforts; these blankets will bring some comfort to those who need it most.

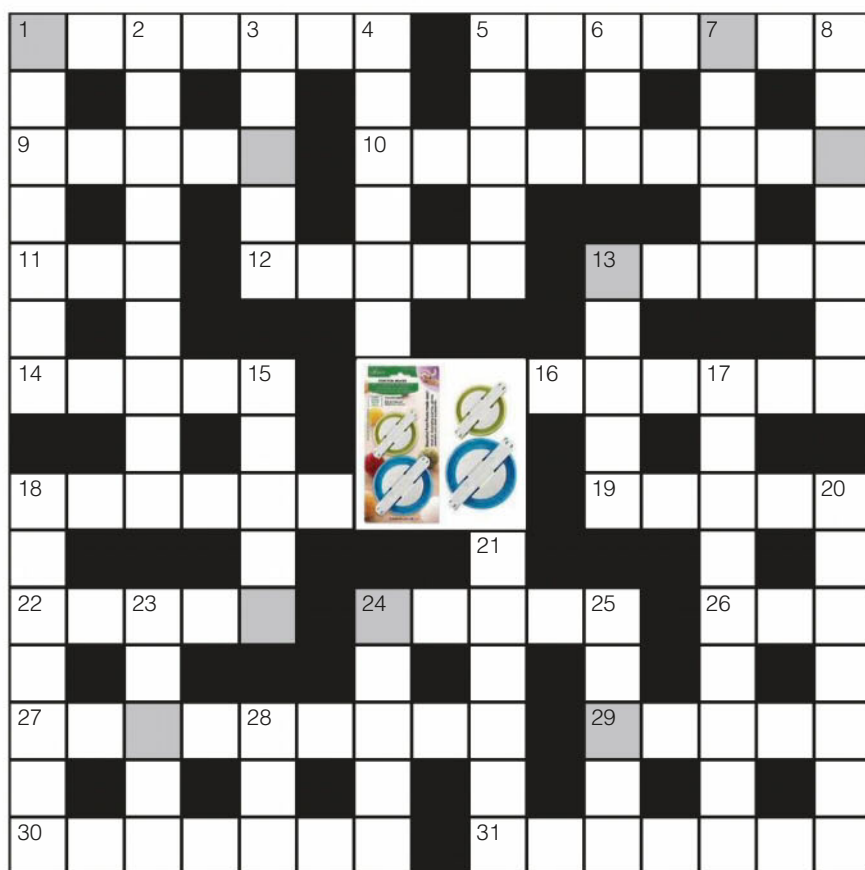


# PRIZE PUZZLES



## Purplelinda Crafts

As a crossword prize five people will get £10 worth of goodies from Purplelinda Crafts ([www.purplelindacrafts.co.uk](http://www.purplelindacrafts.co.uk)). Ten lucky sudoku prize winners can decorate a little one's bedroom with the modern knits in The Knitted Nursery Collection by Fem Weston, courtesy of Search Press ([www.searchpress.com](http://www.searchpress.com), 01892 510850).



### Across

- 1 US Ivy League university (7)
- 5 Swimming aid (7)
- 9 Gun (5)
- 10 Embroidery where threads are fastened in bundles (9)
- 11 Paddle (3)
- 12 Adolescent years (5)
- 13 Native New Zealander (5)
- 14 Indian side dish of yoghurt and cucumber (5)
- 16 Racing horse rider (6)
- 18 Silky yarn from Angora goats (6)
- 19 Go in (5)
- 22 David ---, aka Del Boy Trotter (5)
- 24 Make (something) cold (5)
- 26 Cooker (3)
- 27 EastEnders, Emmerdale, eg (4,5)
- 29 Sudden feeling of fear (5)
- 30 Style of underpants (1-6)
- 31 Disease carried by mosquitoes (7)

### Down

- 1 Marina, port (7)
- 2 Renovate and redecorate (9)
- 3 Someone who acts on behalf of another (5)
- 4 Vary (6)
- 5 Aberdeen ---, cattle breed (5)
- 6 Cow's call (3)
- 7 Spanish friend? (5)
- 8 Self-respect, pride (7)
- 13 Elk (5)
- 15 Creature from another world (5)
- 17 Stitch, also known as 'grafting' (9)
- 18 Her ---, Queen Elizabeth (7)
- 20 Daphne Du Maurier heroine (7)
- 21 Remove (someone's) weapons (6)
- 23 Ringo ---, Beatles' drummer (5)
- 24 Egg and ---, sandwich filling (5)
- 25 Where a buttonhole is worn on a jacket (5)
- 28 Possess (3)

Issue 140 solution Across: 1 Coconut, 5 Mermaid, 9 Cramp, 10 Pine trees, 11 Pro, 12 Leash, 13 Sidle, 14 Trial, 16 Result, 18 Drench, 19 Medal, 22 Atlas, 24 Strip, 26 Rib, 27 Offspring, 29 React, 30 Distant, 31 Cheddar.

Down: 1 Cockpit, 2 Chamomile, 3 Nepal, 4 Top hat, 5 Month, 6 Rat, 7 Amend, 8 Dessert, 13 Steam, 15 Lucas, 17 Underhand, 18 Diamond, 20 Lobster, 21 Tragic, 23 Lifts, 24 Saint, 25 Purse, 28 Pea. Prize word: REINDEER

## ENTER OUR COMPS!

To enter any of our competitions visit [www.simplyknitting.co.uk](http://www.simplyknitting.co.uk) and click on the 'Competitions' tab. Then, all you have to do is enter the correct code, your name and your address. You will need an email address to enter online, but if you don't have one of your own, feel free to use ours! Just type [simplyknitting@immediate.co.uk](mailto:simplyknitting@immediate.co.uk) into the box on the form.

Here are this month's competition codes:

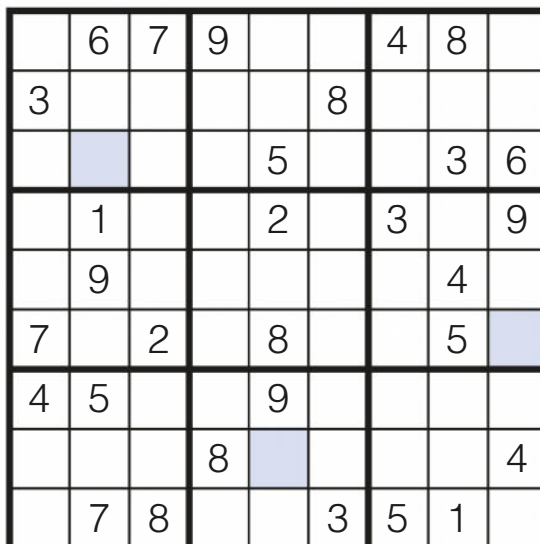
Crossword: SKXWORD142 (then a space followed by the Prize Puzzle Word)

Sudoku: SKSUDOKU142 (then a space followed by the Prize Number)

Knitting books: SKBOOKS142

Show tickets: SKSHOW142

Find full terms and conditions on p38. The competitions close on 29 January 2016.



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3	1	7	2	5	4	8	9	6
2	4	8	6	7	9	3	1	5
9	5	6	3	8	1	2	7	4
7	8	5	9	1	6	4	3	2
4	3	1	8	2	5	9	6	7
6	2	9	7	4	3	5	8	1
8	7	3	4	6	2	1	5	9
5	9	4	1	3	7	6	2	8
1	6	2	5	9	8	7	4	3

## ISSUE 140 SOLUTION



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**Tip** New parents will appreciate having some bigger hand-knits for baby to wear, as their little one will quickly grow out of their smallest clothes. It's a good idea to go for a bigger size than they currently need – or, if you have enough time, why not make all three pairs?



## YOU WILL NEED

■ Patons, Fairytale Merino Mix DK (50% wool, 50% polyamide, 50g/120m)

1 ball of Vanilla (01021)

■ A pair of 4mm needles

■ A tapestry needle

For yarn stockists contact

Coats 01484 681881

[www.makeitcoats.com](http://www.makeitcoats.com)

## TENSION

Yarn used knits as DK to this tension: 22 sts and 30 rows to measure 10x10cm (4x4in) over st st using 4mm needles

## SIZE

Newborn-3 mths (3-6 mths: 6-12 mths)

## ABBREVIATIONS

For a full list see page 94

**T**hese plain-looking baby booties have a little secret – a pretty lace pattern on the soles. They're easy to knit as they're worked flat and then sewn up, so there's no heel turning or Kitchener stitching to worry about. This makes them ideal for knitting on the go, or as a speedy last-minute gift – and we think baby will love wearing them too!



## K BABY BOOTIES

**Cast on** 27 (35: 43) sts using 4mm needles.

**Row 1** (WS) Ktbl to end.

**Row 2** K1, yo, K12 (16: 20), yo, K1, yo, K12 (16: 20), yo, K1. [31 (39: 47) sts]

**Row 3** Knit.

**Row 4** K1, yo, K14 (18: 22), yo, K1, yo, K14 (18: 22), yo, K1. [35 (43: 51) sts]

**Row 5** Knit.

**Row 6** K1, yo, K16 (20: 24), yo, K1, yo, K16 (20: 24), yo, K1. [39 (47: 55) sts]

**Rows 7-17** Knit.

## SHAPE TOES

**Row 1** Sl1, K14 (19: 23), k2tog, K5, sl1, K1, pssso, sl1, yo, turn.

**Row 2** K2tog, K5, sl1, K1, pssso, yo, sl1 pwise, turn.

**Row 3** K2tog, K5, sl1, K1, pssso, sl1, yo, turn.

**Row 4** K2tog, K5, sl1, K1, pssso, yo, sl1 pwise, turn.

**Row 5** K2tog, K5, sl1, K1, pssso, sl1, turn.

**Row 6** P2tog tbl, P5, p2tog, sl1 pwise, turn.

**Row 7** K2tog, K5, sl1, K1, pssso, sl1, turn.

**Row 8** P2tog tbl, P5, p2tog, sl1 pwise, turn.

**Row 9** K2tog, K5, sl1, K1, pssso, knit to end of row. [21 (29: 37) sts]



Using the picot technique to cast off gives the top edge its sweet frilly look.

**Row 10** K7 (11: 15), P6, K8 (12: 16).

Knit 22 (24: 26) rows.

Cast off using the picot method as follows:

**Cast off** 2 sts, \*return 1 st on needle to left-hand needle, cast on 2 sts using cable cast on, cast off 4 sts; rep from \* to end of row.

## TO MAKE UP

Using mattress stitch, sew up the sole seam, then the back seam reversing the seam 3.5cm from the cast-off edge for the turn back.

## NEXT MONTH

Get ready for Easter with our trio of egg cosies. Issue 143, March, will be in the shops from Friday 29 January.

## STEP-BY-STEP SKPO SLIP 1, KNIT 1, PASS SLIPPED STITCH OVER



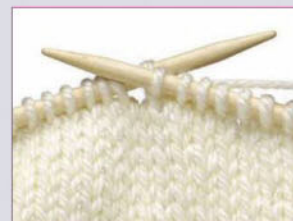
**1** Insert the point of the right-hand needle into the next stitch as if you were to knit, but slip the stitch off and on to the right-hand needle.



**2** Knit the next stitch as normal.



**3** Now insert the left-hand needle into the slipped stitch on the right-hand needle and lift it over the knitted stitch.



**4** Continue knitting until the end of the row. This decrease forms a slant which lies to the left.



# JUST FOR FUN

*Get a cuppa and enjoy a brainstretcher and a giggle with the Knitall family. Can you find the word that's missing from the list?*



## WORDSEARCH

All these romantic films can be found in the grid – but there's one that's not listed. Have a go at finding it and next issue we'll tell you which it was. There's no prize – just satisfaction!

BRIEF / ENCOUNTER  
CASABLANCA  
DIRTY / DANCING  
DOCTOR / ZHIVAGO  
FOUR WEDDINGS / AND  
A FUNERAL / GHOST  
GONE WITH / THE WIND  
JUNO / MOULIN / ROUGE  
NOTTING HILL  
PRETTY WOMAN / TITANIC  
TRUE / ROMANCE  
WEST SIDE / STORY

Last issue's word:  
FIREWORKS

## In stitches by Malcolm Bird



See more of Malcolm's great art work on his website [www.malcolm-bird.co.uk](http://www.malcolm-bird.co.uk)



# Marketplace



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# MAKE IT EASY

*Everything you need to know to help you make the most of the projects in this issue!*



ALL MY HEART, p43

SSK Slip, slip, knit



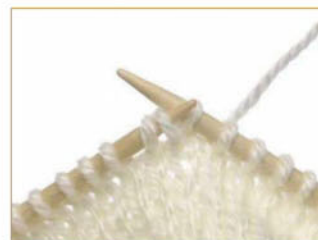
1 With the yarn at the back of your knitting, slip the first stitch on the left-hand needle knitwise.



2 Now slip the next stitch on the left-hand needle knitwise.



3 Push the left-hand needle through the front of both the slipped stitches.



4 Bring the yarn round just as you would for a knit stitch and knit the two stitches together. You will now have a single stitch on the right-hand needle, and your two slipped ones will create a left-leaning decrease.



KISSOGRAM, p45

SKPO Slip 1, knit 1, pass slipped stitch over



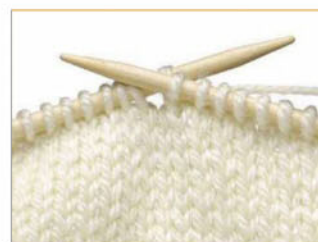
1 Insert the point of the right-hand needle into the next stitch as if you were to knit, but slip the stitch off and on to the right-hand needle.



2 Knit the next stitch as normal.



3 Now insert the left-hand needle into the slipped stitch on the right-hand needle and lift it over the knitted stitch.



4 Continue knitting until the end of the row. This decrease forms a slant which lies to the left.



JEWEL BRIGHT, p54

K2TOG, YO Knit 2 together, yarn over



1 Bring the yarn through your needles to the front of your knitting, placing the yarn over the right-hand needle.



2 Insert the point of the right-hand needle into the next two stitches and knit them together.



3 Continue to work along the row, repeating steps 1-2 as instructed.



4 On the next row you will have made a neat hole.



# How to Knit

**CAST ON: CABLE METHOD** Use it for a firm edge, and when adding stitches in your work.



**1** Make a slip knot. Insert right-hand needle into the stitch as if to knit. Wrap the yarn around the point and pull through, slipping the stitch on to the left-hand needle.



**2** Push the point of the right-hand needle between the first and second stitches. Wrap the yarn anti-clockwise round the point of the right-hand needle.



**3** Pull the loop out with the right-hand needle, then slip it over the tip of the left-hand needle.



**4** Repeat steps 2-3 until you have the number of stitches you require.

**KNIT** Follow our simple steps to make the most important stitch you'll learn.



**1** Hold the needle with the stitches on it in your left hand. Keeping the yarn in your right hand and at the back of your work, insert the point of the right-hand needle up into the front loop of the first stitch, as shown.



**2** Wind the yarn anti-clockwise around the point of the right-hand needle using your index finger. It's important to keep the yarn in your right hand relatively taut to maintain an even tension as you go.



**3** Bring the right-hand needle down through the loop, making sure that you catch the yarn you wound around the needle. This creates the stitch. Don't pull the free yarn too tightly, let out some slack.



**4** Push the point of the right needle further through the stitch you created, then gently pull the right needle up and to your left, taking the original loop with it. You've now created one knit stitch. Repeat points 1-4 across the row.

**PURL** To make purl stitches, just reverse the action of plain knit stitches.



**1** Holding the needle with all the stitches on it in your left hand, and ensuring that the yarn is at the front of your work, insert the right-hand needle down through the front loop of your first stitch as shown.



**2** Wind the yarn around the tip of the right-hand needle from right to left, in an anti-clockwise motion, constantly keeping a slight tension on the yarn.



**3** Now slip the right-hand needle back through the stitch, ensuring that you catch the yarn that you've already wound around the needle. This creates a stitch on your right-hand needle.



**4** Pushing the point of the right-hand needle a little further through the stitch you've just created, pull the original loop up and off the left-hand needle. That's your first purl stitch! Repeat points 1-4 across the row.

**CAST OFF** Finish off your knitting with this straightforward cast-off technique.



**1** Start by knitting the first two stitches of the row as normal, but don't go any further along as you usually would.



**2** Insert the left-hand needle through the first stitch, as shown. Lift this stitch over the other stitch on the right-hand needle and over the needle point.



**3** Knit another stitch so you have two on the right needle. Lift the first stitch over the second, then repeat steps 1-3.



**4** When you get to the last stitch, cut the yarn about 15cm (6in) away, feed it through the loop and pull through firmly to fasten off.



# How to Crochet

**CHAIN STITCH** This is the foundation of all crochet stitches.



**1** About 15cm (6in) from the end of the yarn, make a loop with the ball end on top. Insert the hook through this loop and catch the yarn, pulling it through the loop. Slide the slipknot up to the hook.



**2** With the hook in your right hand, hold the slipknot between thumb and finger of the left hand. Move the hook under and over the yarn.



**3** Pull the hook and yarn back through the slipknot loop to form your first chain (ch) stitch. Now repeat steps 1-2 until you've formed a chain.



**4** This is what your row of chains will look like. Keep going until you have the number of chains that are stated on your pattern. (Don't count the slipknot.)

**SLIP STITCH** This stitch won't add height.



**1** Insert the hook from front to back under the top of the second chain from the hook. Wrap the yarn round the hook (this is known as yrh).



**2** Pull the yarn through both loops on the hook to make a slip stitch (sl st). To carry on working a row of slip stitches, insert the hook into the next chain down and so on, repeating step 2 each time.

**FOUNDATION RING** Carry on for a spiral.



**1** Make a short length of foundation chain as stated in your pattern instructions, for example, ch 5. Insert hook into the first chain.



**2** Close the ring with a slip stitch (yarn round hook and pull through). You can continue the spiral. If working in the round, add a stitch marker here.

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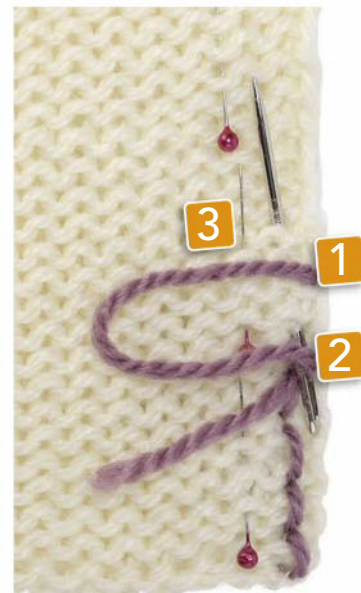
### MATTRESS STITCH

Thread your yarn on to a needle, then weave along an edge to where you want to start. Bring it to the front between the first and second stitches of this edge, then insert the needle between the first two stitches of the other edge. Bring it back up through the opposite piece, between the two stitches and below the horizontal strand you just made. Keep stitching in this way, pulling the yarn tight every few stitches.



### BACKSTITCH

First, pin your two pieces together and secure the yarn by making a couple of stitches over each other at the base of the seam. Now working from right to left, bring the needle up a couple of stitches away at **1**. Take the needle down at **2** and up again at **3**. Repeat, keeping the stitches regular and ensuring you put the needle through the middle of each knitted stitch to avoid splitting the fabric.



Don't  
Rush the  
sewing!



# Abbreviations & Useful Info

<b>alt</b>	alternate	<b>P/p</b>	purl	<b>ssp</b>	slip 2 sts one at a time, purl 2 slipped stitches together through back of the loops (1 stitch decreased)
<b>approx</b>	approximately	<b>patt(s)</b>	pattern(s)	<b>st(s)</b>	stitch(es)
<b>beg</b>	beginning	<b>patt</b>	pattern repeat(s)	<b>st st</b>	stocking stitch
<b>C2B</b>	slip next st to cn & hold at back, K1; K1 from cn	<b>rep(s)</b>	place bead	<b>tbl</b>	through the back of the loop
<b>C2F</b>	slip next 2 sts to cn & hold at front, K1; K1 from cn	<b>PB</b>	purl into front and back of stitch	<b>T2B</b>	slip next st to cn & hold at back, K1; P1 from cn
<b>C4B</b>	slip next 2 sts to cn & hold at back, K2; K2 from cn	<b>pfb</b>	purl into front and back of stitch	<b>T2F</b>	slip next 3 sts to cn & hold at front, P1; K1 from cn
<b>C4F</b>	slip next 2 sts to cn & hold at front, K2; K2 from cn	<b>PM</b>	place marker	<b>T5L</b>	slip next 3 sts to cn & hold at front, P2; K3 from cn
<b>C6B</b>	slip next 3 sts to cn & hold at back, K3; K3 from cn	<b>P2tog</b>	purl 2 stitches together (1 stitch decreased)	<b>T5R</b>	slip next 2 sts to cn & hold at back, K3; P2 from cn
<b>C6F</b>	slip next 3 sts to cn & hold at front, K3; K3 from cn	<b>P3tog</b>	purl 3 stitches together (2 stitches decreased)	<b>tog</b>	together
<b>cb</b>	cable back	<b>prev</b>	previous	<b>W3</b>	Wrap 3 stitches – with yarn held at back of work, slip next 3 sts to cable needle and hold at front of work. Wrap yarn 3 times around these 3 sts, being careful not to pull it too tight and ending up with yarn at back of work. Slip the 3 sts to right needle without knitting them
<b>CC</b>	contrast colour	<b>pso</b>	pass slipped stitch over		
<b>cf</b>	cable forward	<b>p2sso</b>	pass 2 slipped stitches over		
<b>cn</b>	cable needle	<b>p(1)tbl</b>	purl (1) into back loop		
<b>co</b>	cast on	<b>pwise</b>	purlwise; by purling the stitch		
<b>cont</b>	continue	<b>rem</b>	remain/remaining		
<b>dec</b>	decrease(ing) (by working two stitches together)	<b>rep(s)</b>	repeat(s)		
<b>est</b>	established	<b>rev st st</b>	reverse stocking stitch		
<b>DK</b>	double knitting	<b>RH</b>	right hand		
<b>DPNs</b>	double-pointed needles	<b>rib2tog</b>	either k2tog or p2tog dep on what next st in ribbing should be (keeps ribbing looking neat on buttonholes)		
<b>foll/s</b>	following/follows	<b>rnd(s)</b>	round(s) (on a circular needle/DPNs)		
<b>g st</b>	garter stitch (knit every row)	<b>RS</b>	right side		
<b>inc</b>	increase (usually knit into same stitch twice)	<b>RT</b>	right twist		
<b>K/k</b>	knit	<b>skpo</b>	slip 1 stitch, knit 1 stitch, pass slipped stitch over (1 stitch decreased)		
<b>kfb</b>	knit into front and back of stitch	<b>sk2po</b>	slip 1 stitch, knit 2 stitches together, pass slipped stitch over (2 stitches decreased)		
<b>kwise</b>	knitwise; by knitting the stitch	<b>sl</b>	slip		
<b>k2tog</b>	knit the next two stitches together	<b>sl st</b>	slip stitch		
<b>k(1)tbl</b>	knit (1) into back loop	<b>sm</b>	stitch marker		
<b>LH</b>	left hand	<b>ssk</b>	slip 2 stitches one at a time, knit 2 slipped stitches together (1 stitch decreased)		
<b>LT</b>	left twist		slip 3 sts one at a time, knit 3 slipped stitches together (two stitches decreased)		
<b>meas</b>	measure(s)				
<b>M1</b>	make one by knitting into back of loop between two sts (increase 1 stitch)				
<b>M1L</b>	make one twisted to the left (increase 1 stitch)				
<b>M1R</b>	make one twisted to the right (increase 1 stitch)				
<b>M1P</b>	make one purlwise by purling into back of loop between two sts (increase 1 stitch)				
<b>MB</b>	make a bobble				
<b>MC</b>	main colour				

## YARN WEIGHT UK/US CONVERSION

4ply	Sport
Double knitting	Light worsted
Aran	Fisherman/Worsted
Chunky	Bulky
Super chunky	Extra bulky

## NEEDLE SIZES

UK	METRIC	US
14	2mm	0
13	2¼mm	1
–	2½mm	–
12	2¾mm	2
11	3mm	–
10	3¼mm	3
–	3½mm	4
9	3¾mm	5
8	4mm	6
7	4½mm	7
6	5mm	8
5	5½mm	9
4	6mm	10
3	6½mm	10½
2	7mm	–
1	7½mm	–
0	8mm	11
00	9mm	13
000	10mm	15
–	12mm	17
–	15mm	19
–	20mm	36
–	25mm	50

## HOOK SIZES

UK	METRIC	US
14	2mm	B/1
13	2.25mm	–
12	2.5mm	C/2
11	3mm	–
10	3.25mm	D/3
9	3.5mm	E/4
8	4mm	G/6
7	4.5mm	7
6	5mm	H/8
5	5.5mm	I/9
4	6mm	J/10
3	6.5mm	K/10½
2	7mm	–
0	8mm	–
00	9mm	–
000	10mm	–

## YARN WEIGHTS

### CHOOSE THE RIGHT YARNS TO KNIT WITH.

**1, 2 & 3ply** Knit on 2-3½mm needles. Use for delicate lace knitting and baby garments. Good for socks and gloves.

**4ply** Knit on 3-4mm needles. Great for baby clothes, heavier socks and lightweight tops.

**Double knitting (DK)** Knit on 3½-4½mm needles. Usually double the weight of 4ply, this is the most widely used weight. Suitable for most garments and quick to knit up.

**Aran** Knit on 4-5½mm needles. Originally created for fishermen's jumpers. Use when DK isn't heavy enough, and chunky is too bulky. Perfect for outdoor or warm clothing.

**Chunky** Knit on 5½-7mm needles. Associated with outdoor wear and winter jumpers, great for oversized garments.

**Super chunky** Knit on 7-12mm needles. A great weight for beginners, as it produces quick results. Good for furnishings.

**Big** Knit on 9-20mm needles. Perfect for eye-catching scarves and coats, as well as cosy cushions and throws.



# STITCH LIBRARY

## MODERN MESH

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### ZIG ZAG

**Cast on** a multiple of 4 sts plus 1.

(Try 45 sts.)

**Row 1** K1, \*yo, k2tog, K2; rep from \* to end of row.

**Row 2** P1, \*p2tog, yo, P2; rep from \* to end of row.

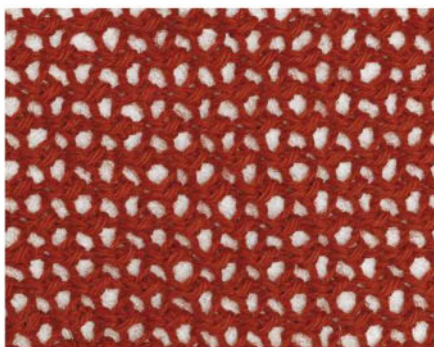
**Row 3** K3, \*yo, k2tog, K2; rep from \* to last 2 sts, yo, k2tog.

**Row 4** P1, \*yo, p2tog, P2; rep from \* to end of row.

**Row 5** K1, \*k2tog, yo, K2; rep from \* to end of row.

**Row 6** P3, \*yo, p2tog, P2; rep from \* to last 2 sts, yo, p2tog.

Rows 1–6 form pattern.



### NETTING

**Cast on** a multiple of 4 sts plus 3.

(Try 47 sts.)

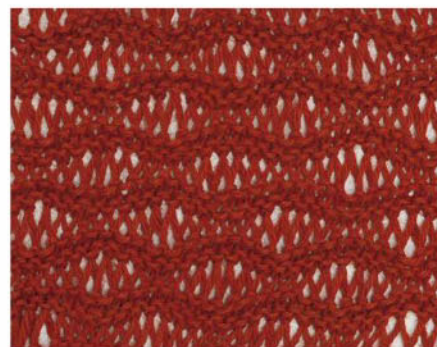
**Row 1** (RS) K1, yo, sl 1, k2tog, psso, \*yo, K1, yo, sl 1, k2tog, psso; rep from \* to last 3 sts, yo, sl 1, K1, psso, yo, K1.

**Row 2** Purl.

**Row 3** K1, yo, k2tog, \*yo, sl 1, k2tog, psso, yo, K1; rep from \* to end of row.

**Row 4** Purl.

Rows 1–4 form pattern.



### WAVES

**Cast on** a multiple of 8 sts plus 2.

(Try 50 sts.)

**Row 1** Knit.

**Row 2** Knit.

**\*\*Row 3** Knit.

**Row 4** Knit.

**Row 5** K2, \*KW2, KW2, KW3, KW3, KW2, KW2, K1, K1; rep from \* to end of row.

**Row 6** Knit all sts, dropping the extra loops.

**Row 7** Knit.

**Row 8** Knit.

**Row 9** KW3, KW3, \* KW2, KW2, K1, K1, KW2, KW2, KW3, KW3; rep from \* to end of row.

**Row 10** Knit all sts, dropping the extra loops.\*\*

Repeat from \*\* to \*\* to form the pattern.

### ABBREVIATIONS

**K** knit

**k2tog** knit the next two stitches together

**KW2** knit the stitch, wrapping the yarn round the needle twice

**KW3** knit the stitch, wrapping the yarn round the needle three times

**P** purl

**p2tog** purl the next two stitches together

**psso** pass slipped stitch over

**rep** repeat

**RS** right side

**sts** stitches

**sl** slip stitch

**WS** wrong side

**yo** yarn over

#### NEXT MONTH

Try out some new stitches for your spring knits. Issue 143, March, will be in the shops from Friday 29 January.



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# Simply Knitting

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# On the needles

## ELIZABETH CAUSH

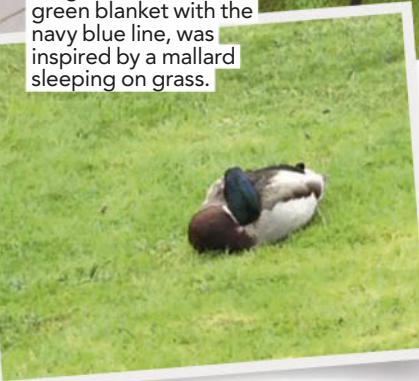
*Meet the avid knitter and author of The Blanket Book.*



**Best encouragement** I hope my book will give confidence to new knitters, as I've tried to set out the patterns in a clear, colour-coded format.



**Best inspiration** 'Wigwam', the lime green blanket with the navy blue line, was inspired by a mallard sleeping on grass.



**BEST KNITTING TEACHER** I started knitting at about the age of five when our mother taught me and my two elder sisters to knit. With three girls living in the house with mum and dad, there always seemed to be knitting needles clicking away! I remember being given a knitting kit one Christmas. I was hooked at the time and have never looked back.

**BEST FAMILY LIFE** I live in Portsmouth, fairly near the sea, with my husband, grown-up son and Wallace the dog. My husband is an architect and has a home-based office and a refusal to retire! We've lived here for over 30 years. It's a homely, safe, comfortable family home.

**BEST ITEMS TO KNIT** I've knitted so many different things over the years there hasn't been anything I've not enjoyed knitting! When I first started the research for my book, I wanted to include some patterns that were subtle in colours and others that had dramatic contrasts.

**BEST ADVICE FOR BEGINNERS** New knitters need to stop worrying about making a mistake – even a dropped stitch can be picked up or sewn in later. Don't strive for perfection at the beginning. Start with something simple, small and straightforward – and enjoy it! Check your posture, relax the shoulders and don't try to do too much at once.

**BEST KNITTING GROUP** There are two local groups that I often attend. I've set up several knitting groups in the Portsmouth area that continue to be well attended, including ones at Portsmouth Central Library and The Link in Cosham.

**BEST PLACE FOR YOUR STASH** When I started to write the patterns in my book, I needed a knitting and writing room, so I agreed with my husband that I could use our conservatory. That was over a year ago and my knitting has remained there. It's a lovely, light area.

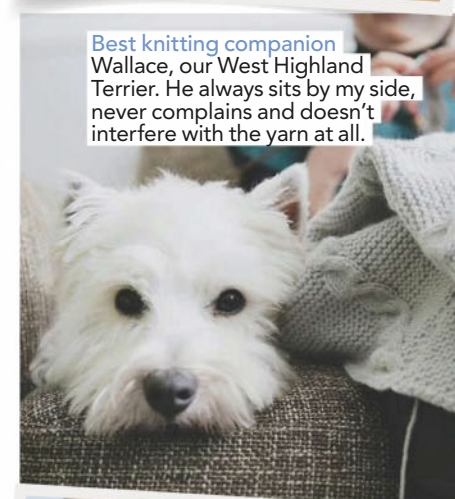
**BEST WAY TO RELAX** In recent years I've discovered mindfulness, which helps to stop the busy thoughts rushing through my head. I also find writing helps to focus the mind. And of course knitting!

**BEST THINGS IN LIFE** I love the colours in nature, especially the different shades of the falling leaves in autumn. My sweet tooth has a tendency towards fudge, but I have to keep that in check. I enjoy travelling to observe different cultures, buildings and ways of life. 🌍

*Find out more about The Blanket Book on page 10, and visit the website, [www.theblanketbook.co.uk](http://www.theblanketbook.co.uk).*



**Best recent project** A book shop asked me to knit a dinosaur to help them sell a book!



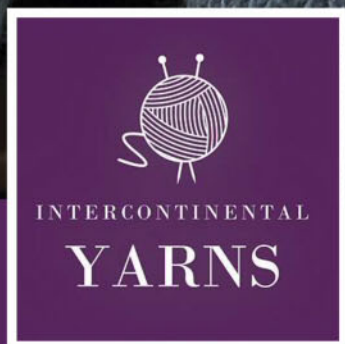
**Best knitting companion** Wallace, our West Highland Terrier. He always sits by my side, never complains and doesn't interfere with the yarn at all.



**Best easy knits** I knit for several charities and often have a square on the go.







Ella Rae ERC Sofia using Superwash Classic.  
For more details on the Ella Rae range please visit:  
[www.intercontinentalyarns.co.uk](http://www.intercontinentalyarns.co.uk)



# ROWAN

*The Art of Knitting*



[www.knitrowan.com](http://www.knitrowan.com)





# MISSED AN ISSUE?

*Catch up on what you've missed by downloading a recent issue*



## Issue 141 January 2016

\* Kimono jacket \* Baby's hat and cardigan \* Lace jumper \* Festive cushion \* Snowman decoration \* Socks \* Cable jumper \* Cosy roll-neck \* Reindeer jumper \* Party cardigan \* Stocking fillers \* Alan Dart's Old Father Time \* PLUS! Hat pattern



## Issue 140 December 2015

Textured sweater \* Ladies cardigan \* Alan Dart's Aladdin Pantomime \* Child's Scandi-style set \* Cosy poncho \* Christmas decorations Collection \* Shaun the Sheep hat \* Donkey hoodie \* Festive tea cosy \* Sparkly socks



## Issue 139 November 2015

Lace jumper \* Cute doll toy \* Teardrop yoke sweater \* Alan Dart's Werewolf \* Festive flowerpot covers \* Girl's party cable cardigan \* Fair Isle stocking \* Textured jumper \* Cosy cable cushion \* Family hat collection



## Issue 138 October 2015

Autumn jumper \* Child's monster sweater \* Vintage style polka dot top \* Cable boot toppers \* Fair Isle jumper \* Easy lace cowl \* Textured socks \* Soft furnishings Collection \* Men's cardigan \* Alan Dart's Percy Polar Bear



## Issue 137 September 2015

Casual lacy sweater \* Cabled bobbly jumper \* Mesh silky top \* Simple lacy shrug \* Cabled socks \* Back-to-school Collection \* Baby's hooded cardigan \* Alan Dart's Sandman \* Star stitch phone case \* Teddy bear key fobs

SWIPE FOR MORE BACK ISSUES





### Issue 136 August 2015

Denim-look waistcoat \* Cable and lace socks \* Seaside cushion \* Boy's jumper \* Key ring trio \* Scallop-edged top \* Hot pink top \* Alan Dart's sea creature mobile \* Lacy scarf \* Rosebud tea cosy \* Holiday knits Collection \* Lace and stripe top



### Issue 135 July 2015

Textured soft pink cardigan \* Animal wash mitts \* Trendy tear-detail cardigan \* Al fresco tableware Collection \* Kimono-style cardigan \* Lacy green T-shirt \* Beach bag \* Handy pet organiser \* Alan Dart's Pretty Polly



### Issue 134 June 2015

Lace tee \* Robot bib \* Cable tunic \* Shopping bag \* Father's Day Collection \* Long-line coral jumper \* Cat-themed child's set \* Men's shawl collar cardigan \* Alan Dart's Odd Job Man \* Fair Isle ankle socks



### Issue 133 May 2015

Textured summer T-shirt \* Men's round-neck jumper \* Crochet wristwarmers \* Baby pirate outfit \* Tartan collection \* Cable jumper \* Appliqué bunting \* Stocking stitch cardi \* Casual ankle socks \* Alan Dart's Raoul Raccoon



### Issue 132 Spring 2015

Lacy cardi \* Ribbed jumper \* Ruffle-edged cardi \* Men's Fair Isle jumper \* Kids' tunic \* Cable cushion \* Lace socks \* Chic kitchen Collection \* flower brooch trio \* Donkey purse \* Alan Dart's Hickory Dickory Dock



### Issue 131 April 2015

Boat-neck jumper \* Easy cable poncho \* Fair Isle cowl \* Casual cardigan \* Finger puppets \* Shaun the Sheep mug hug \* Easter Collection \* Stylish waistcoat \* Cabled skirt \* Intarsia hottie cover \* Sporty ankle socks \* Alan Dart's Little Bo Sheep



### Issue 130 March 2015

Sparkly jumper \* Cowl neck sweater \* Fair Isle top \* Child's tunic \* Alan Dart's Petey the Penguin \* Fair Isle zip jumper \* Craft Room Collection \* Cable bobble hat \* Stripy mittens \* Apple cushion \* Shaun the Sheep hat \* Basketweave socks



### Issue 129 February 2015

Chunky cardi \* Robot jumper \* Alan Dart's Sugar Plum Fairy \* Roll neck jumper \* Winter Warmers Set \* Textured bag \* Wrap cardi \* Men's cable cardi \* Fair Isle cushion \* Shoulder cape \* Mock cable socks **PLUS! Scarf & hat pattern**





# Knitting *Notebook*









# Knitting *Notebook*

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

**W**elcome to your *Knitting Notebook*!  
We've designed it as your go-to place to keep track of all the things you want to knit this year. On the project pages you'll be able to sketch out ideas, record the yarn you're using and make notes to help you complete your projects in style. You'll also find useful info such as measurements tables, places to keep records of your yarn and needles, plus details of charities that you can support with your skills. We hope this handy little notebook helps you achieve everything you want from your knitting in 2016!





# Measure up!

Get a friend to help measure you, to ensure your garments fit perfectly.

## 1 Bust

Wrap the tape measure around the fullest part of your chest. If need be wear a bra, and make sure you don't draw the tape too tightly.

## 2 Neck to cuff

Hold out one arm, then measure from the back of the base of your neck, down along your arm, all the way to the bump at the side of your wrist.

## 3 Back waist/hip length

Measure from the base of the neck to your waist, ending at the point where your waist is thinnest or across the fullest part of your hips.

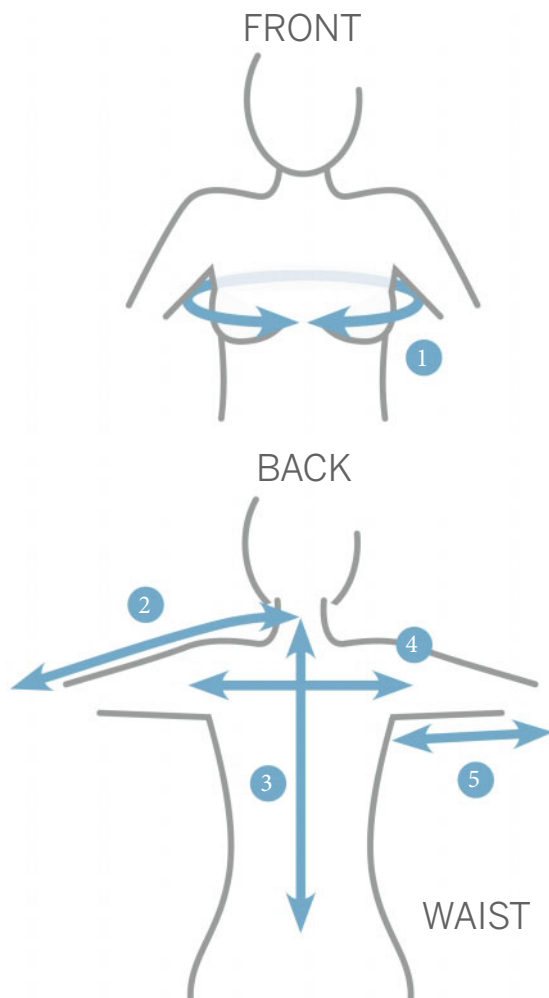
## 4 Shoulder to shoulder (cross back)

Bring the tape measure across from one shoulder to the other.

## 5 Sleeve length

Bend your arm slightly, then measure from your armpit to your wrist.

These are the basics you'll need. Add in armhole, waist, hip, shoulder to neck measurements where you need them.





# My measurements

Record your measurements here – and it's helpful to know the size of your favourite garments, too!

Chest/bust	Shoulder to shoulder
Neck to cuff	Sleeve length to underarm
Waist/hip length	Head circumference
Waist	Hip
	Armhole

## MEASUREMENTS OF FAVOURITE GARMENTS

### Description of jumper/cardigan

Width across chest
Bust measurement <i>(twice the above measurement)</i>
Length from neck to bottom of garment

### Description of jumper/cardigan

Width across chest
Bust measurement <i>(twice the above measurement)</i>
Length from neck to bottom of garment

### Description of jumper/cardigan

Width across chest
Bust measurement <i>(twice the above measurement)</i>
Length from neck to bottom of garment



# Standard sizes

These tables can help you plan your knitting, especially if you are knitting a gift for someone.

## WOMAN'S SIZE CHART

SIZE		X-Small	Small	Medium	Large	X-Large
BUST	cm	71-76	81-86	91-96	101-106	111-116
	in	28-30	32-34	36-38	40-42	44-46
NECK TO CUFF	cm	68.5-70	71-72	73.5-75	76-77.5	78.5-80
	in	27-27½	28-28½	29-29½	30-30½	31-31½
BACK WAIST LENGTH	cm	42	43	44.5	45	45.5
	in	16½	17	17½	17¾	18
SHOULDER TO SLEEVE	cm	35.5-37	37-38	40-42	43-44.5	45.5
	in	14-14½	14½-15	16-16½	17-17½	18
SHOULDER LENGTH	cm	42	43	43	44.5	44.5
	in	16½	17	17	17½	17½

## MAN'S SIZE CHART

SIZE		Small	Medium	Large	X-Large	XX-Large
CHEST	cm	86-91	91-101	106-111	116-121	127-132
	in	34-36	38-40	42-44	46-48	50-52
NECK TO CUFF	cm	81-82.5	84-85	86-87.5	89-90	91.5-92.5
	in	32-32½	33-33½	34-34½	35-35½	36-36½
BACK HIP LENGTH	cm	63.5-64.5	67-68	68.5-69	70-70.5	71-72
	in	25-25½	26½-26¾	27-27¼	27½-27¾	28-28½
SHOULDER TO SLEEVE	cm	39-40	42-43	44.5-45.5	45.5-47	47-48
	in	15½-16	16½-17	17½-18	18-18½	18½-19
SHOULDER LENGTH	cm	45.5	47	49.5	51	52
	in	18	18½	19½	20	20½



## CHILD'S SIZE CHART

SIZE		2 yrs	4 yrs	6 yrs	8 yrs	10 yrs	12 yrs	14 yrs	16 yrs
CHEST	cm	53	58.5	63.5	67	71	76	80	82.5
	in	21	23	25	26½	28	30	31½	32½
NECK TO CUFF	cm	45.5	49.5	52	56	61	66	68.5	71
	in	18	19½	20½	22	24	26	27	28
BACK WAIST LENGTH	cm	21.5	24	26.5	31	35.5	38	39	40.5
	in	8½	9½	10½	12½	14	15	15½	16
SHOULDER TO SLEEVE	cm	24.5	24.5	26.5	31	35.5	38	39	40.5
	in	8	9	10	12	14	15	15	16
SHOULDER LENGTH	cm	21.5	26.5	29	31	34	38	40.5	42
	in	8½	10½	11½	12½	13½	15	16	16½

## BABY'S SIZE CHART

SIZE		3 months	6 months	12 months	18 months	24 months
CHEST	cm	40.5	43	45.5	48	51
	in	16	17	18	19	20
NECK TO CUFF	cm	26.5	29	31	35.5	45.5
	in	10½	11½	12½	14	18
BACK WAIST LENGTH	cm	15	17.5	19	20	21.5
	in	6	7	7½	8	8½
SHOULDER TO SHOULDER	cm	18.5	19.5	21	21.5	22
	in	7¼	7¾	8¼	8½	8¾
SHOULDER LENGTH	cm	15	16.5	19	20	21.5
	in	6	6½	7½	8	8½

## HEAD CIRCUMFERENCE

SIZE		Premature	Baby	Toddler	Child	Woman	Man
CIRCUMFERENCE	cm	30	35.5	40.5	45.5	51	56
	in	12	14	16	18	20	22

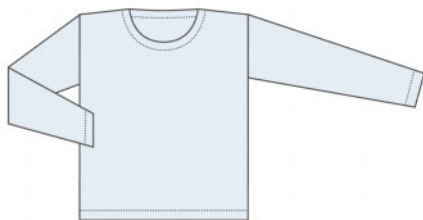


# Jumper shapes

These are the four basic jumper shapes that are commonly found in knitting patterns.

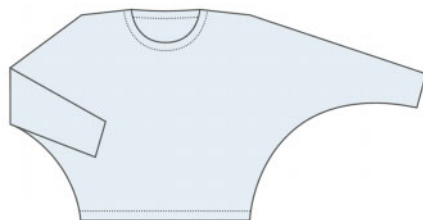
## Drop shoulder sleeve

This is the easiest sleeve shape to knit, and suits slouchy sweaters. A sweater in this style is constructed as four rectangles – two for the body plus two for the sleeves, which can be tapered – and are so-called as the sleeves hang from your shoulders and drop down from this point.



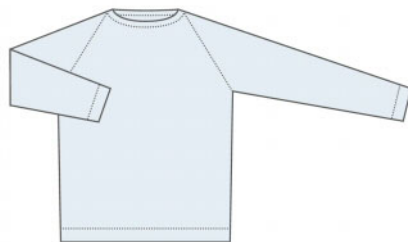
## Dolman sleeve

A dolman sleeve is integral to the body of the jumper, and is usually worked in a front and a back piece that are then sewn together. You can also knit a dolman sleeve garment in one piece.



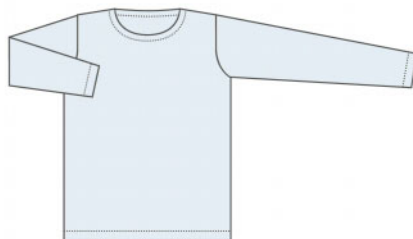
## Raglan sleeve

These fit more closely than drop sleeves and are angled into the body of the jumper from armhole to neck. When knitting raglan sleeves you have to ensure that the angles on your sleeves and body are the same, so they fit perfectly when they're sewn together.



## Set-in sleeve

This is the most complex style and gives the closest fit. The body is knitted with a curved section 'missing' from shoulder to armpit, and the sleeve has an extra curved section on the end (the sleevehead) to ensure it fits into the body.





## CHOOSING GARMENT FIT

Once you've recorded your basic measurements you need to establish the amount of 'ease' you want your finished garment to have. 'Ease' is the difference between your size and the garment. Most garments have 'positive ease' – they're bigger than you are. Garments with 'negative ease' are smaller than you are, and will fit snugly. Hats and cuffs usually have negative ease – they stretch to fit.

### 1 Very close fit

Use your actual measurements or take 2.5-5cm (1-2in) away from them (this garment will have negative ease).

### 2 Close fit

Add 2.5-5cm (1-2in) to your measurements for a snug, but not too tight, fit (this garment and those that follow have positive ease).

### 3 Standard fit

Add 5-10cm (2-4in) to your measurements for results that are still quite 'fitted' but leave some room for a thin T-shirt underneath.

### 4 Loose fit

Add 10-15cm (4-6in) for a comfy, almost baggy finish.

### 5 Oversized

Add 15cm (6in) or more for some really roomy and casual results.





# Family and friends

Knit regularly for others? These handy pages will help you keep track of everyone.

## Name

Chest/bust

Neck to cuff

Back waist/hip length

Shoulder to shoulder

Sleeve length

Head circumference

Other info

## Name

Chest/bust

Neck to cuff

Back waist/hip length

Shoulder to shoulder

Sleeve length

Head circumference

Other info

## Name

Chest/bust

Neck to cuff

Back waist/hip length

Shoulder to shoulder

Sleeve length

Head circumference

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Head circumference

Other info

## Name

Chest/bust

Neck to cuff

Back waist/hip length

Shoulder to shoulder

Sleeve length

Head circumference

Other info







## MY NEEDLES & YARNS

[illegible]



# Yarn know-how

Understanding yarn weights and quantities makes it easier to plan how to use your stash.

## COMMON YARN WEIGHTS

Yarn weight UK name	Yarn weight US name	Tension (stitches to knit a 10cm (4in) swatch in st st)	Recommended needle sizes (metric/UK/US)
1, 2 and 3 ply	-	27 to 32	2-3.5mm/14-10/0-4
4 ply	Sport	23 to 26	3-4mm/11-8/3-6
DK	Light worsted	21 to 24	3.5-4.5mm/9-7/4-7
Aran	Fisherman worsted	16 to 20	4-5.5mm/8-5/6-9
Chunky	Bulky	12 to 15	5.5-7mm/5-2/9-10½
Super chunky	Extra Bulky	6 to 11	7-12mm/2-000/11-17
Big	-	4 to 6	9-20mm/17-50

## ESTIMATE HOW MUCH YARN YOU'LL NEED FOR A PROJECT

Size (chest measurements) for long sleeved jumper	DK	Aran	Chunky
Women's Small (81-86cm, 32-34in)	1244m (1360yds)	951m (1040yds)	768 (840yds)
Women's Medium or Men's Small (91-96cm, 36-38in)	1436m (1570yds)	1052m (1150yds)	841m (920yds)
Women's Large or Men's Medium (101-106cm, 40-42in)	1677m (1835yds)	1225m (1340yds)	987m (1080yds)
Women's X-Large or Men's Large (111-116cm, 44-46in)	1911m (2090yds)	1390m (1520yds)	1120m (1225yds)
Women's XX-Large or Men's X-Large (122-127cm, 48-50in)	2112m (2310yds)	1550m (1695yds)	1253m (1370yds)



# My stash

Do you remember all the yarn you own? Keep it in mind here!



## Brand

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes

Stick A  
Little Bit  
of YARN  
in HERE

## Brand

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes

## Brand

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes

## Brand

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes



**Brand**

Name  
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Weight/length  
Needle size  
Tension/gauge  
Number of balls  
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**Brand**

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Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes

**Brand**

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes

**Brand**

Name

Colour

Type

Fibre content

Weight/length

Needle size

Tension/gauge

Number of balls

Notes



# Using the planners

Fill in each section of the following pages to keep complete records of your projects.

The pages on the left have room for recording all the information you'll need to knit your projects, large or small. On the right, you can sketch in schematics with the right sizing and use the knitter's graph paper to pencil in lace and cable charts.

## Project

Give your project a memorable name, and make a note of who you're making it for and where the pattern came from.

## Start and end date

It's handy to have a record of how long something took to knit, just in case you want to make it again in the future – this is particularly useful when you're planning your Christmas knitting or any other project that has a deadline.

## Yarn

Use this section to write down the name of the yarn and the company that makes it. Add the colour in the next column – and remember to include the dye lot, so that if you need to buy more yarn later you can make sure it's a perfect match. In the final column note the number of balls you used.

## Tension/Gauge

The tension is the number of stitches and rows required to make a swatch of

a particular size, usually 10x10cm (4x4in). If your tension swatch is too small, use larger needles, and if it's too big, switch to smaller ones. Keep changing needles until your swatch matches the size given in the pattern. In this section you can keep a record of the number of stitches and rows needed to create a 10x10cm square, the stitch pattern you used, yarn and needles.

## Needles

Enter the size of the needle you used here, noting whether the type was straight, circular or double-pointed, and the length of the needle or cord, if relevant.

## Symbols

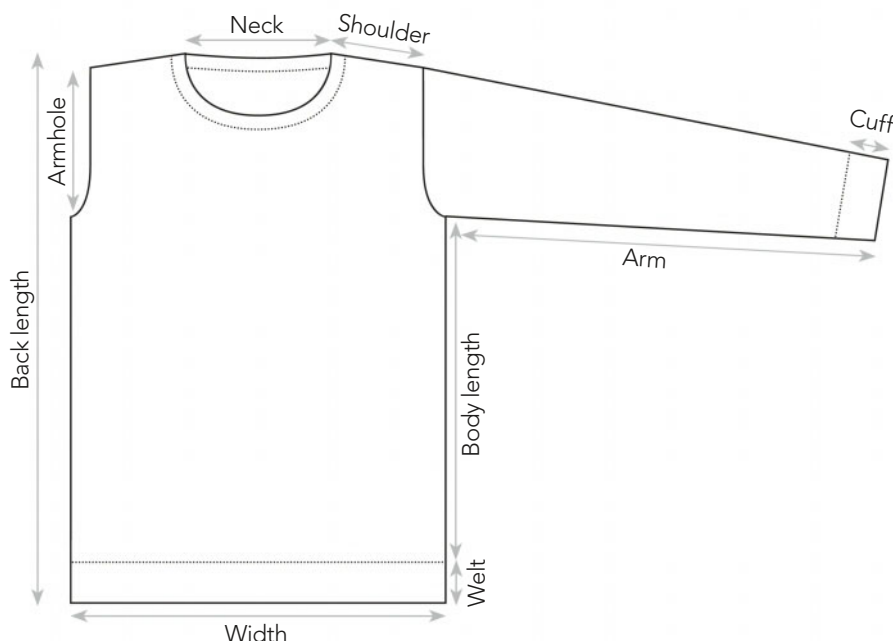
These are some of the common symbols you'll see on knitting charts. Each box on the chart represents a stitch, and you work the stitch according to the symbol given. We've grouped them into two categories, lace and cable, and you can use them to create your own charts on the knitting graph paper provided.

## Size/Measurements

Use this space to record the size you made and note finished measurements such as the chest/bust size. For small projects or ones that don't have a schematic, you can write down their dimensions here.

# Schematics & charts

Use schematics and charts to help you plan out the size of your finished garments.



## Schematics

Opposite each project planner page you'll see a page of graph paper. The top half is for schematics. A schematic is a diagram of a project that gives you vital information about its size and construction. The schematic above, for instance, shows you at a glance the type of neckline and sleeves the jumper has. For each section, such as the Back Length, Width and so on, mark its measurements on the diagram.

## Charts

Below the space for schematics you'll see more graph paper – this is for designing charts. Charts are often used to represent more complex stitch patterns such as cables or lace, and for colourwork. Each box on the chart equals one stitch, and you'll sketch the chart as if you're looking at the right side of the work. Right-side rows need to be read from right to left, and wrong-side ones from left to right.





# PLAN YOUR NEW KNITTING PROJECTS HERE!

Name: \_\_\_\_\_

For: \_\_\_\_\_

Start date: \_\_\_\_\_

End date: \_\_\_\_\_

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

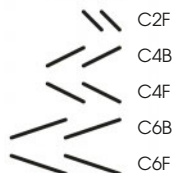
Size	Type	Length

## SYMBOLS

### Lace

- K on RS, P on WS (empty square)    M    M1
- P on RS, K on WS    MR    M1R
- yo    ML    M1L
- Place bead    B    Make bobble
- ↘ ssk
- ↗ K2tog
- ↖ K3tog
- ↘ P2tog
- ↗ SL1, k1, pssso
- ↖ SL1, K2tog, pssso
- ↗ SL2 tog knitwise, K1, pssso
- ★ Sl st wyib
- ∨ Sl 1
- Slip st purlwise

### Cable



## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS



Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES















Size	Type	Length

## Size/Measurements






Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

	K on RS, P on WS (empty square)	M	M1
	P on RS, K on WS	MR	M1R
	yo	ML	M1L
	Place bead	B	Make bobble
	ssk		
	K2tog		
	K3tog		
	P2tog		
	Sl1, k1, pssso		
	Sl1, K2tog, pssso		
	SL2 tog knitwise, K1, pssso		
	Sl st wyib		
	Sl 1		
	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS



Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

- K on RS, P on WS (empty square) M M1
- P on RS, K on WS MR M1R
- yo ML M1L
- Place bead B Make bobble
- ↘ ssk
- ↗ K2tog
- ↖ K3tog
- ↘ P2tog
- ↗ SL1, k1, pssso
- ↖ SL1, K2tog, pssso
- ↗ SL2 tog knitwise, K1, pssso
- ★ Sl st wyib
- ∨ Sl 1
- Slip st purlwise

### Cable

- ↗↘ C2F
- ↗↘↘ C4B
- ↗↘↘↘ C4F
- ↗↘↘↘↘ C6B
- ↗↘↘↘↘↘ C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS BELOW: FOR CHARTS







Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

<input type="checkbox"/>	K on RS, P on WS (empty square)	M	M1
●	P on RS, K on WS	MR	M1R
○	yo	ML	M1L
■	Place bead	B	Make bobble
↖	ssk		
/	K2tog		
↗	K3tog		
↘	P2tog		
↖	Sl1, k1, pssso		
↗	Sl1, K2tog, pssso		
↘	SL2 tog knitwise, K1, pssso		
★	Sl st wyib		
V	Sl 1		
—	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS





Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

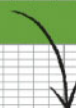
<input type="checkbox"/>	K on RS, P on WS (empty square)	M	M1
●	P on RS, K on WS	MR	M1R
○	yo	ML	M1L
■	Place bead	B	Make bobble
↖	ssk		
/	K2tog		
↗	K3tog		
↘	P2tog		
↖	Sl1, k1, pssso		
↗	Sl1, K2tog, pssso		
↖	SL2 tog knitwise, K1, pssso		
★	Sl st wyib		
V	Sl 1		
—	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS





Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

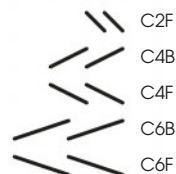
## NEEDLES

Size	Type	Length

### Lace

- K on RS, P on WS (empty square) M M1
- P on RS, K on WS MR M1R
- yo ML M1L
- Place bead B Make bobble
- ↘ ssk
- ↗ K2tog
- ↖ K3tog
- ↘ P2tog
- ↗ SL1, k1, pssso
- ↖ SL1, K2tog, pssso
- ↗ SL2 tog knitwise, K1, pssso
- ★ Sl st wyib
- ∨ Sl 1
- Slip st purlwise

### Cable



## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS





Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

□	K on RS, P on WS (empty square)	M	M1
●	P on RS, K on WS	MR	M1R
○	yo	ML	M1L
■	Place bead	B	Make bobble
↖	ssk		
↘	K2tog		
↙	K3tog		
↗	P2tog		
↘	Sl1, k1, pssso		
↘	Sl1, K2tog, pssso		
↘	SL2 tog knitwise, K1, pssso		
★	Sl st wyib		
V	Sl 1		
—	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS





Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

<input type="checkbox"/>	K on RS, P on WS (empty square)	M	M1
●	P on RS, K on WS	MR	M1R
○	yo	ML	M1L
■	Place bead	B	Make bobble
↖	ssk		
/	K2tog		
↗	K3tog		
↘	P2tog		
↖	Sl1, k1, pssso		
↗	Sl1, K2tog, pssso		
↖	SL2 tog knitwise, K1, pssso		
★	Sl st wyib		
V	Sl 1		
—	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS    BELOW: FOR CHARTS





Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

	K on RS, P on WS (empty square)	M	M1
	P on RS, K on WS	MR	M1R
	yo	ML	M1L
	Place bead	B	Make bobble
	ssk		
	K2tog		
	K3tog		
	P2tog		
	Sl1, k1, pssso		
	Sl1, K2tog, pssso		
	SL2 tog knitwise, K1, pssso		
	Sl st wyib		
	Sl 1		
	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS BELOW: FOR CHARTS







Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

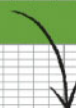
<input type="checkbox"/>	K on RS, P on WS (empty square)	M	M1
●	P on RS, K on WS	MR	M1R
○	yo	ML	M1L
■	Place bead	B	Make bobble
↖	ssk		
/	K2tog		
↗	K3tog		
↘	P2tog		
↖	Sl1, k1, pssso		
↗	Sl1, K2tog, pssso		
↘	SL2 tog knitwise, K1, pssso		
★	Sl st wyib		
V	Sl 1		
—	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F



ABOVE: FOR SCHEMATICS & DIAGRAMS BELOW: FOR CHARTS







Name:

For:

Start date:

End date:

## YARN

Company	Colour	Balls used

## TENSION/GAUGE

Sts and	ROWS to measure 10x10cm (4x4in)	over stitch pattern	using yarn	on needle

## NEEDLES

Size	Type	Length

## Size/Measurements

Chest/bust
Neck to cuff
Back waist/hip length

## SYMBOLS

### Lace

	K on RS, P on WS (empty square)	M	M1
	P on RS, K on WS	MR	M1R
	yo	ML	M1L
	Place bead	B	Make bobble
	ssk		
	K2tog		
	K3tog		
	P2tog		
	Sl1, k1, pssso		
	Sl1, K2tog, pssso		
	SL2 tog knitwise, K1, pssso		
	Sl st wyib		
	Sl 1		
	Slip st purlwise		

### Cable

	C2F
	C4B
	C4F
	C6B
	C6F

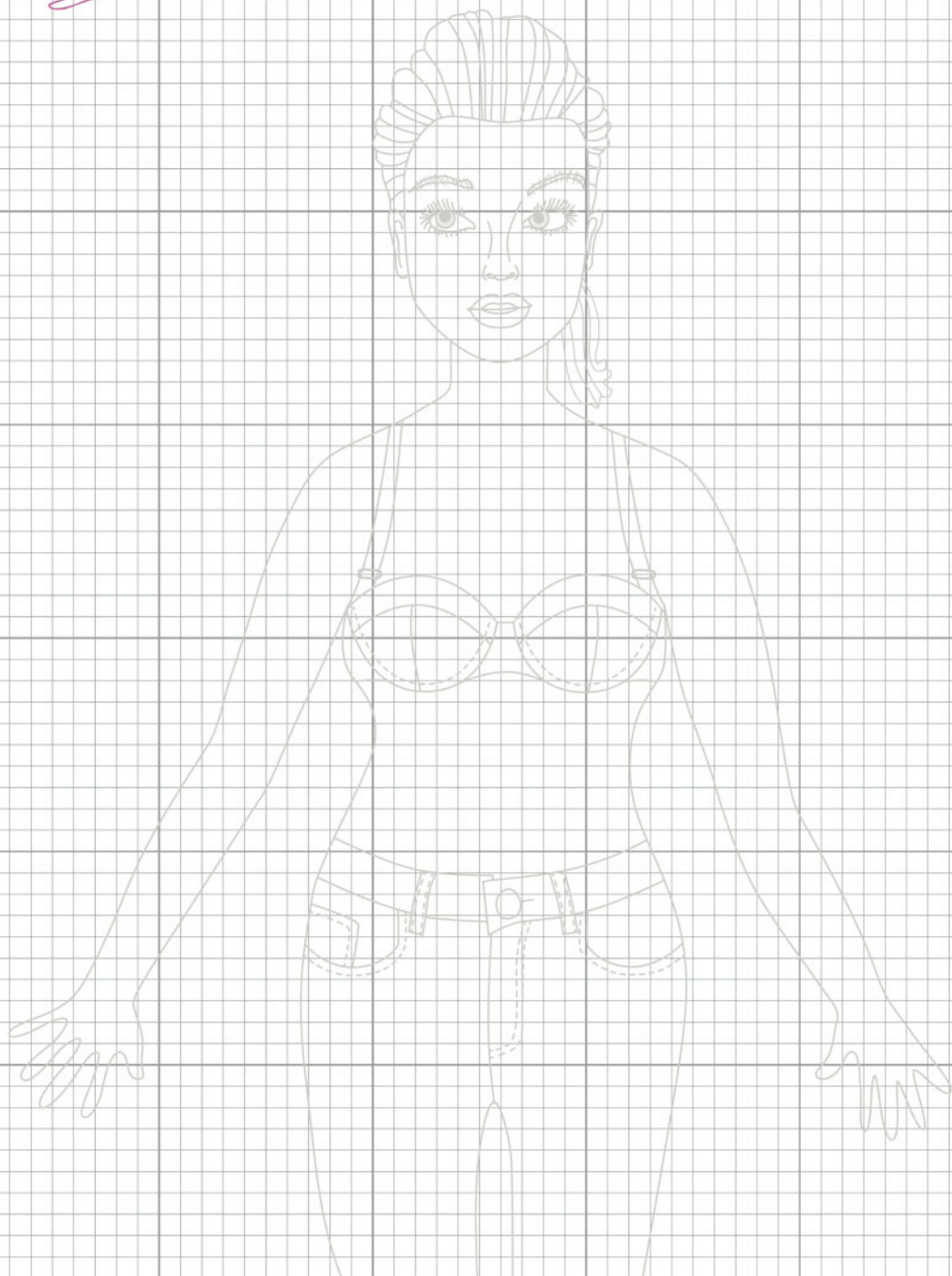


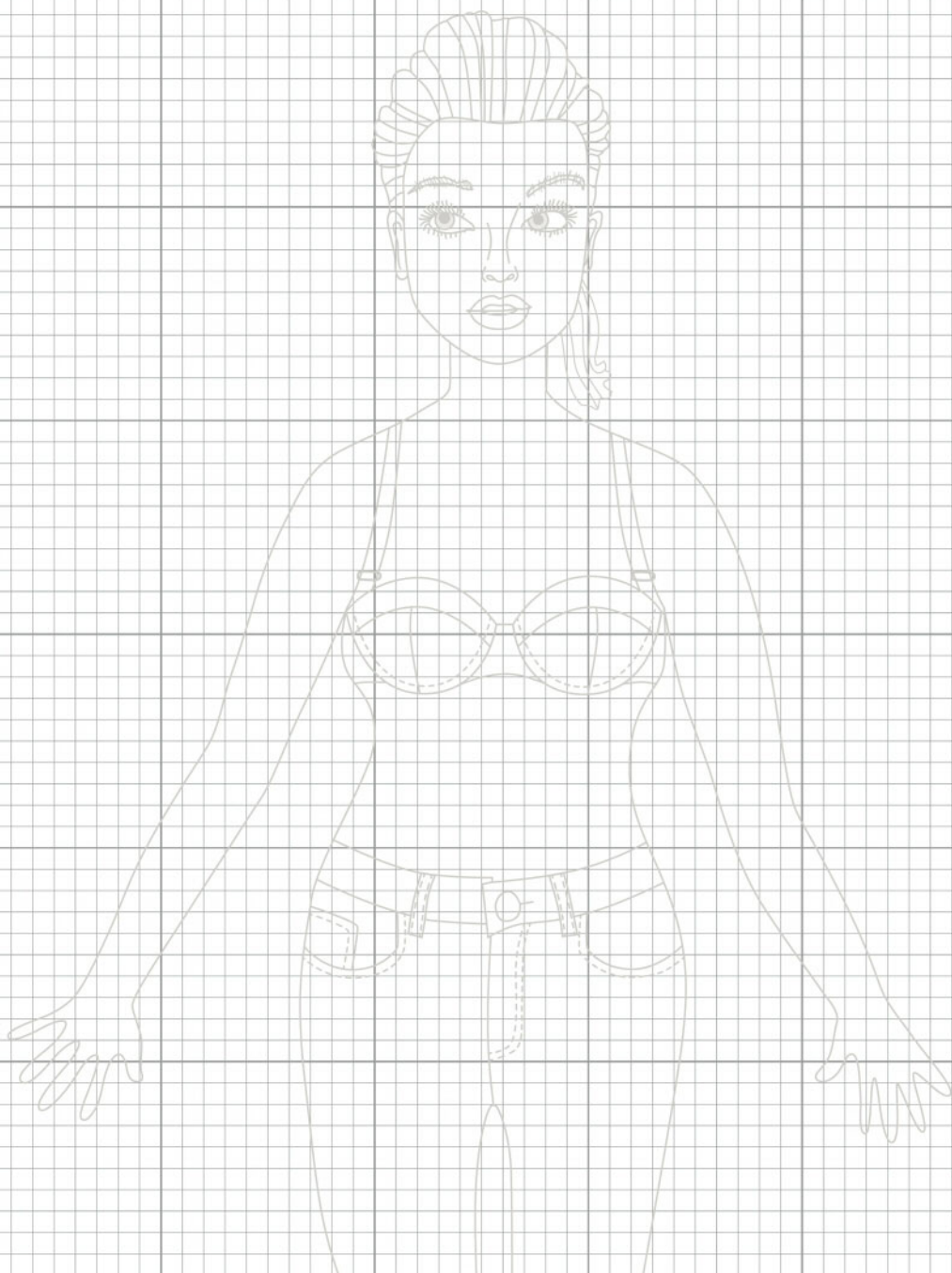
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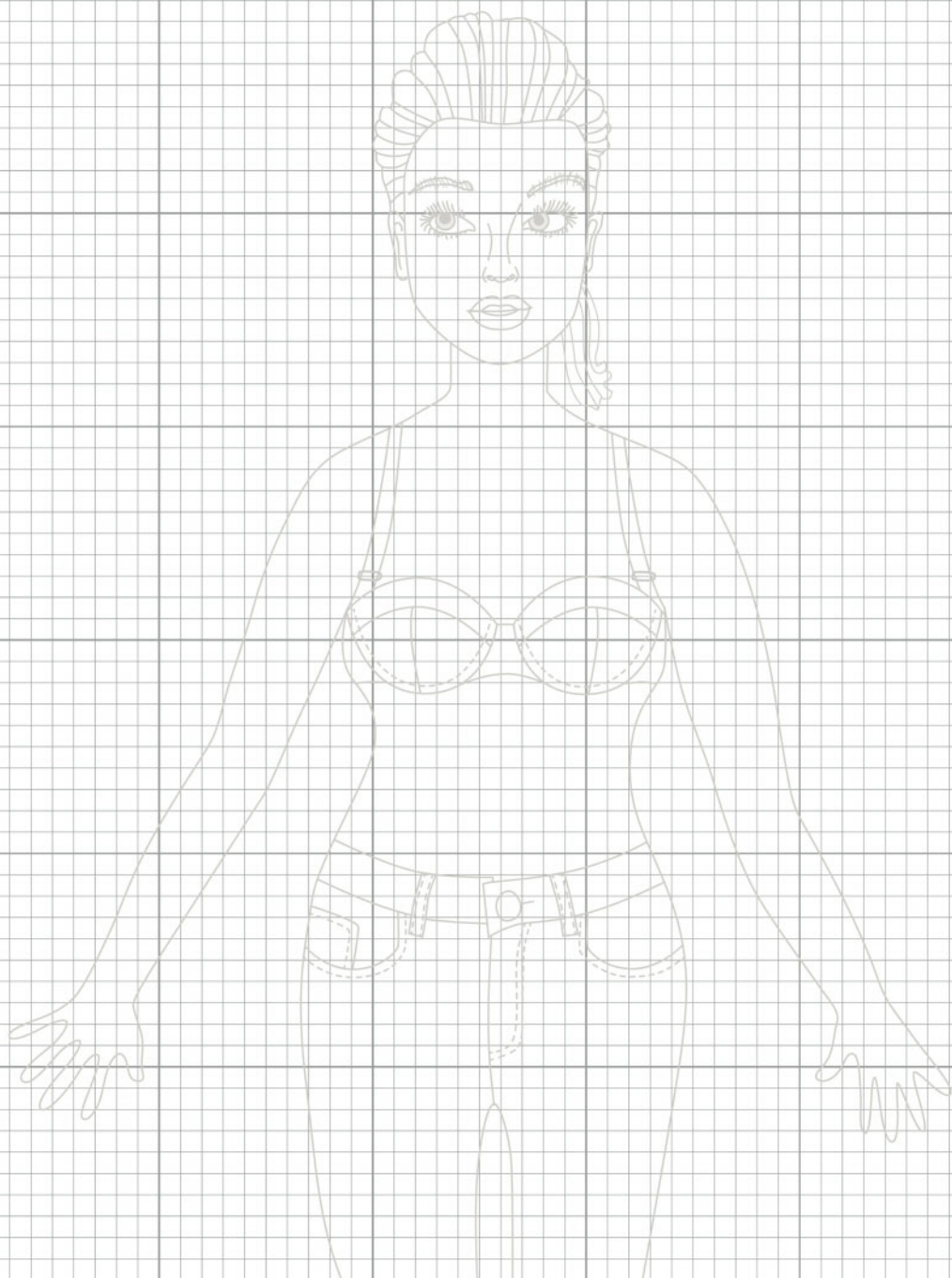


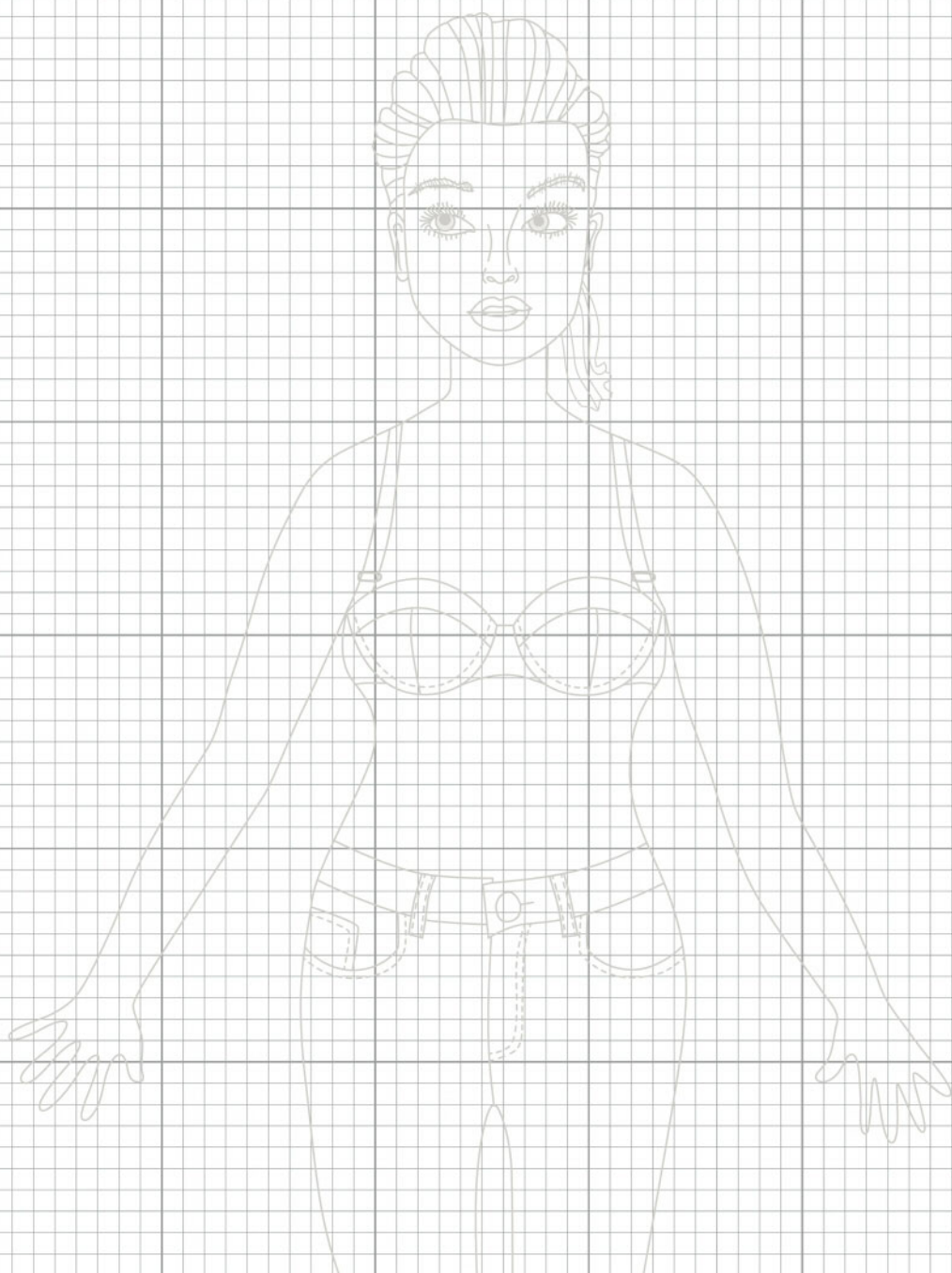
USE THESE ILLUSTRATIONS TO DRAW YOUR OWN GARMENT DESIGNS



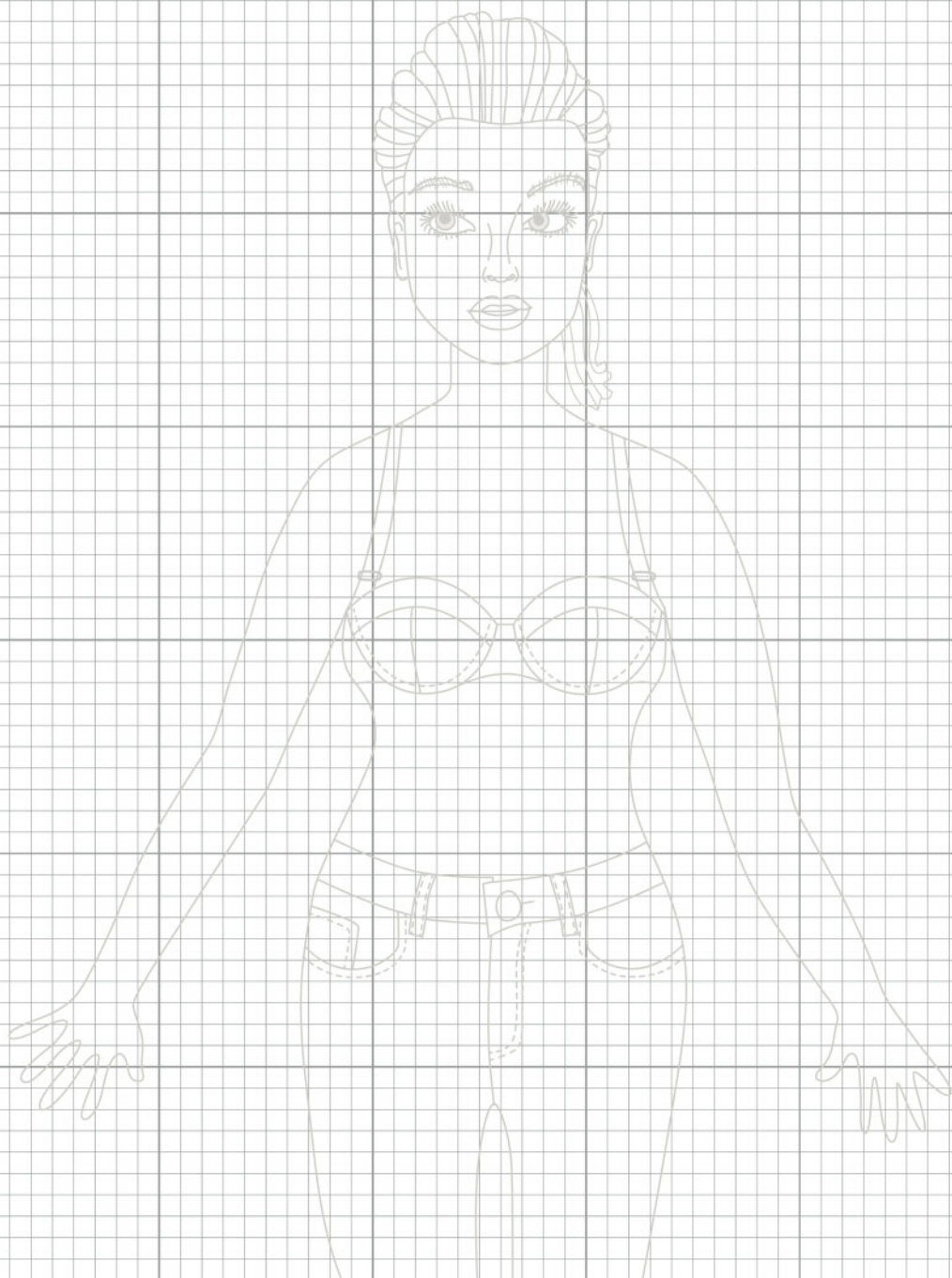


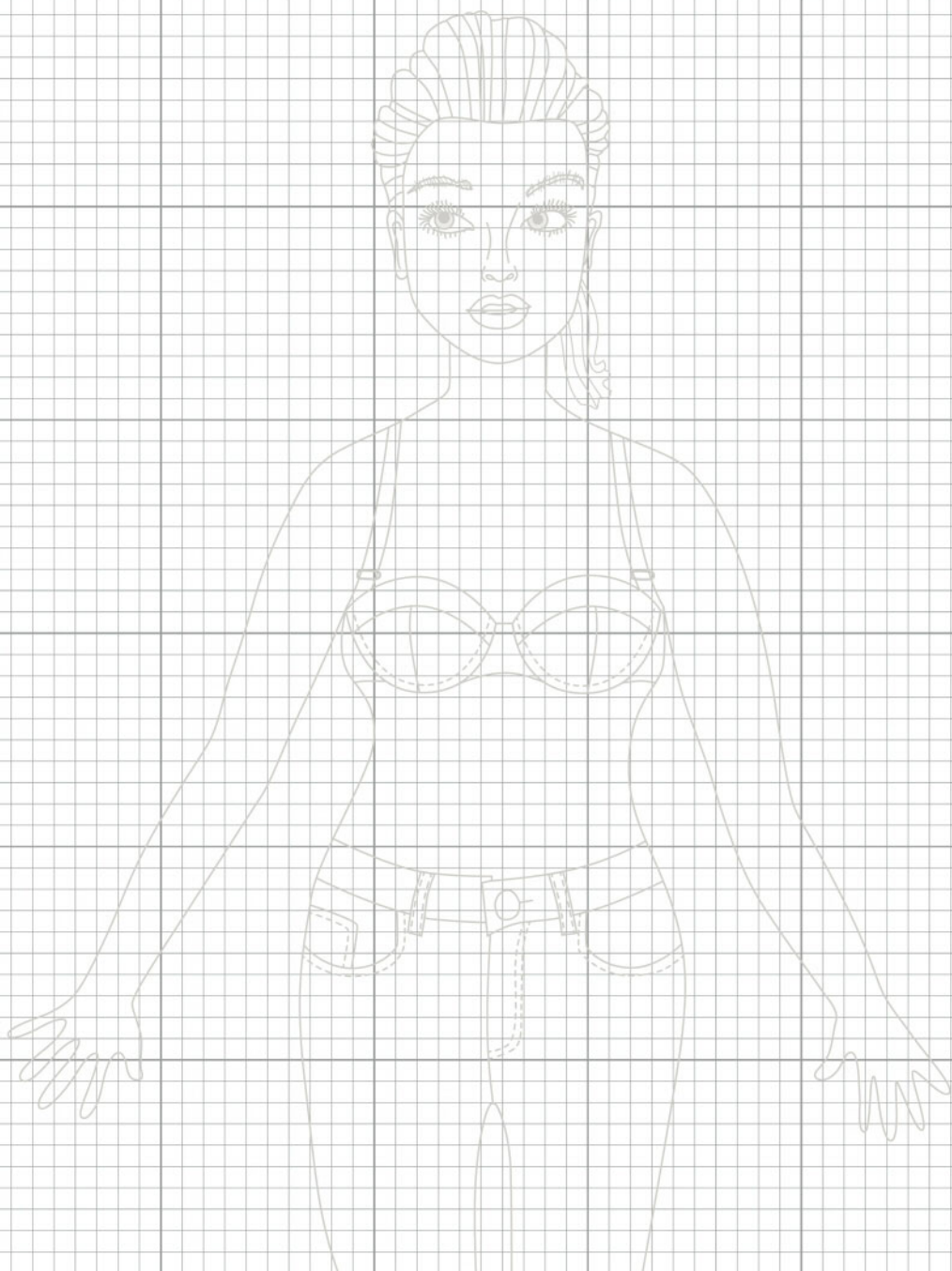




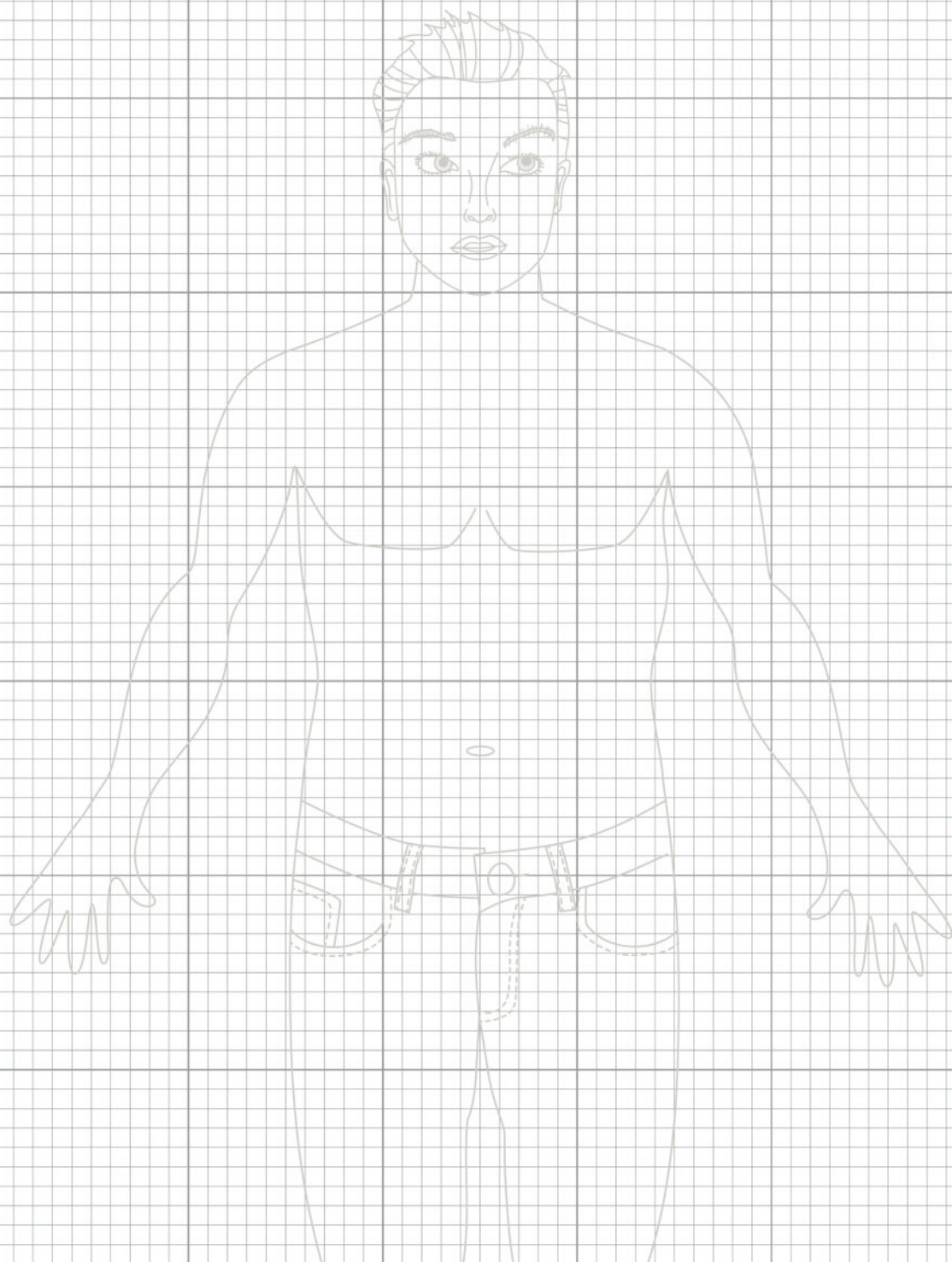


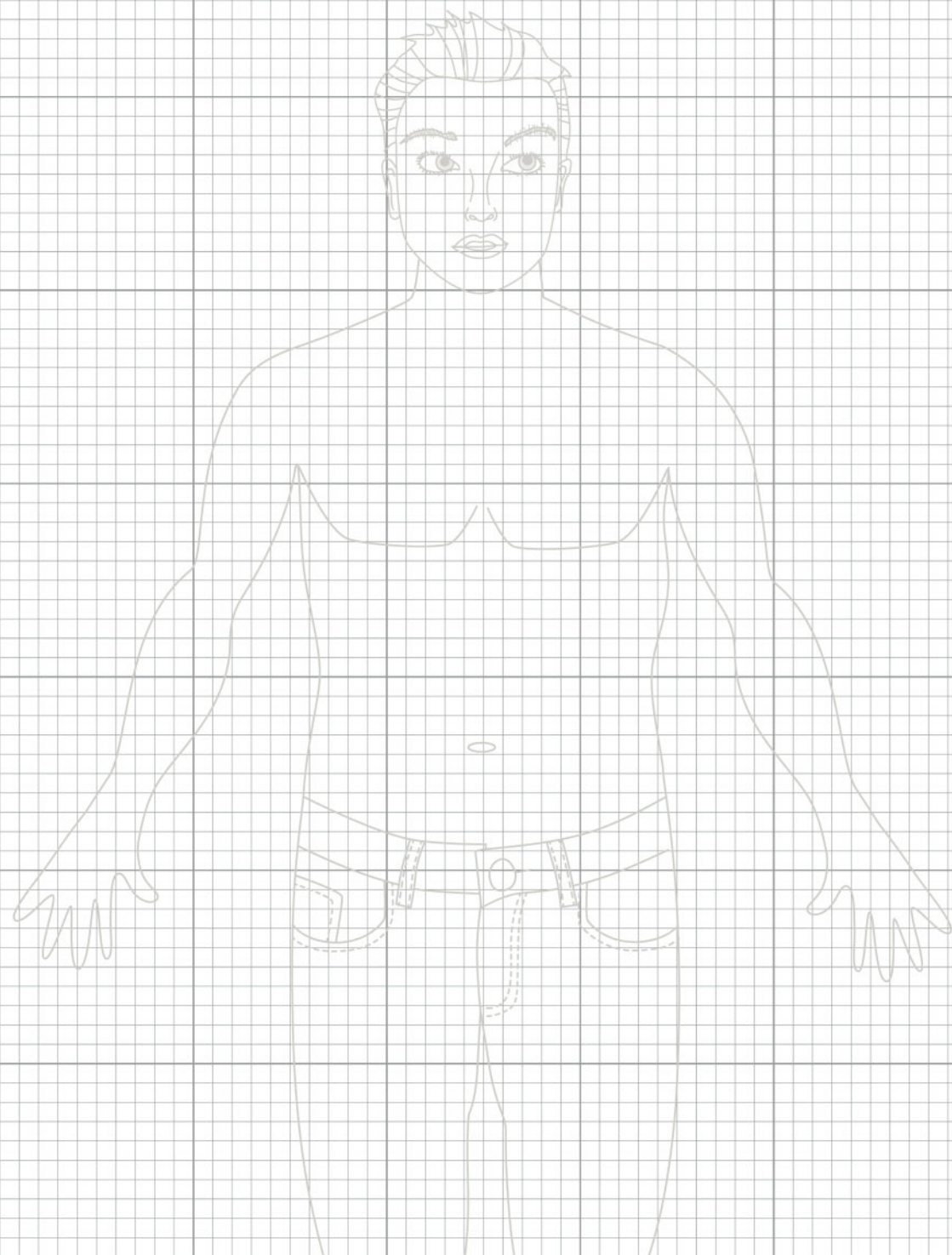




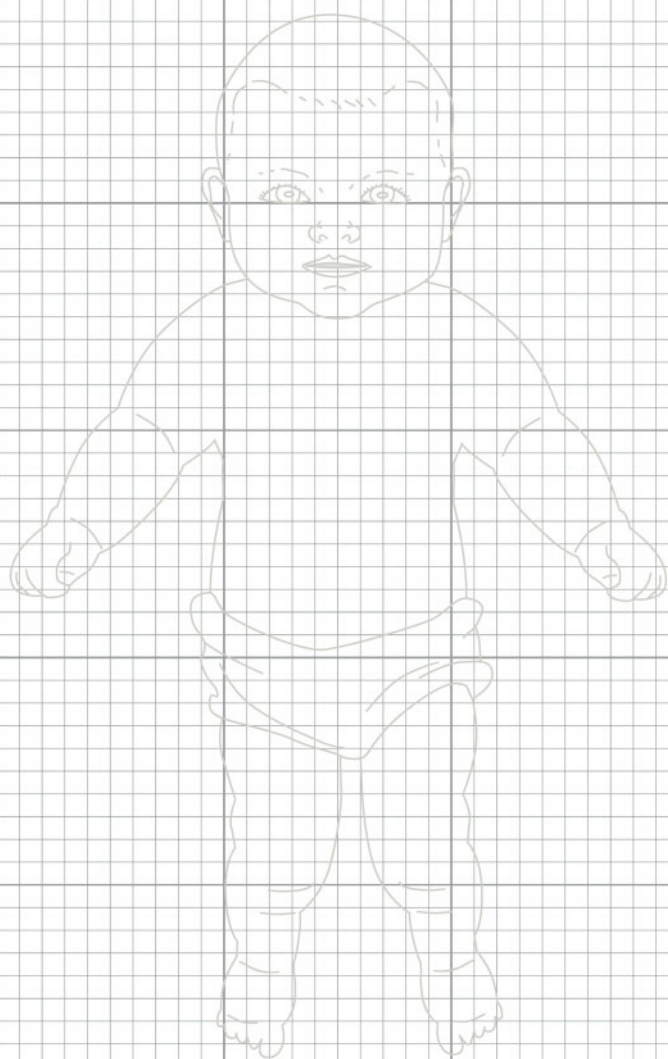


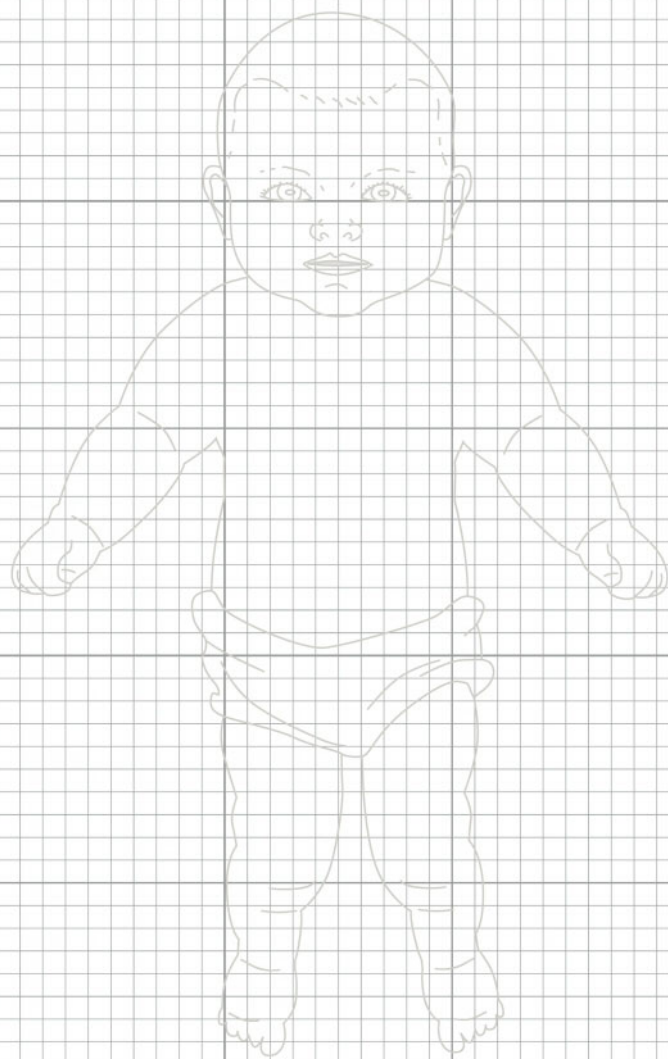




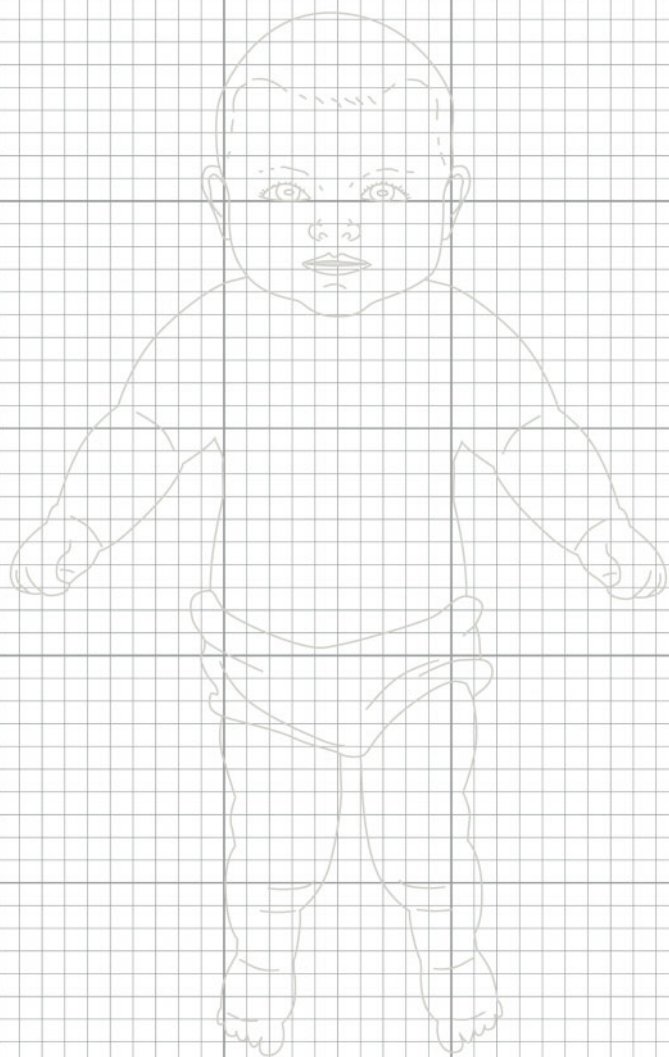


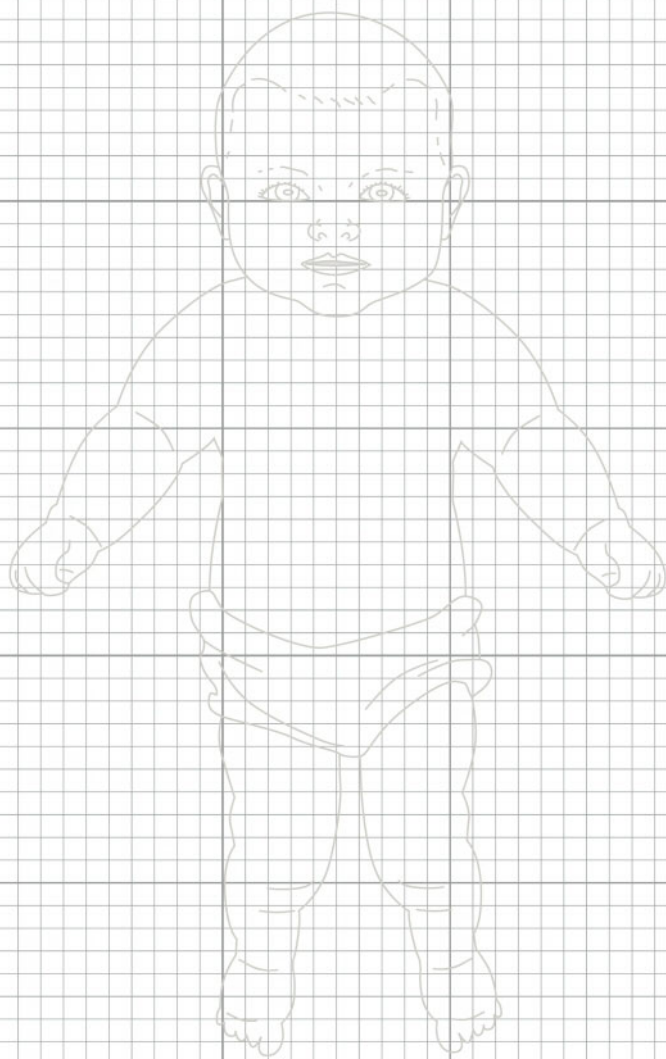




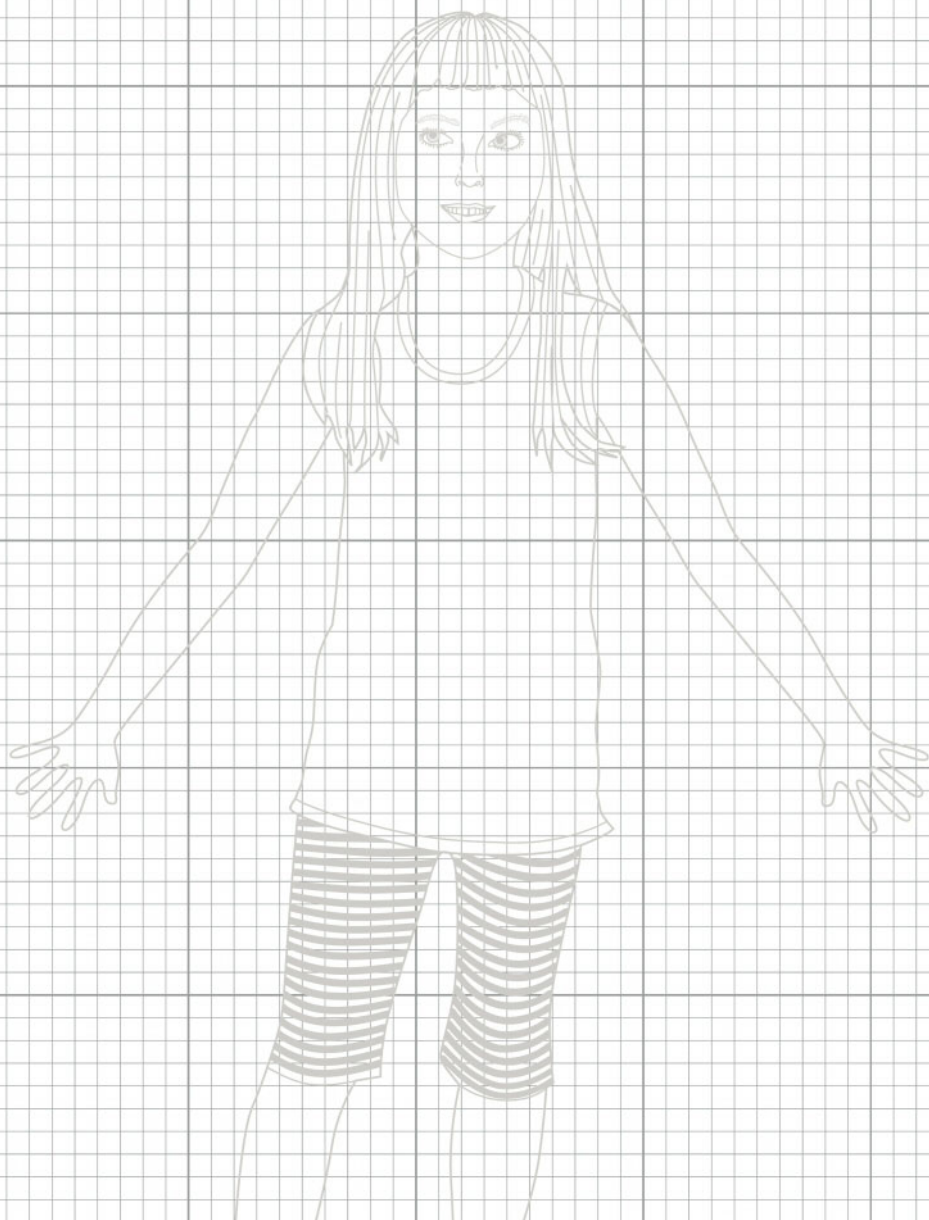


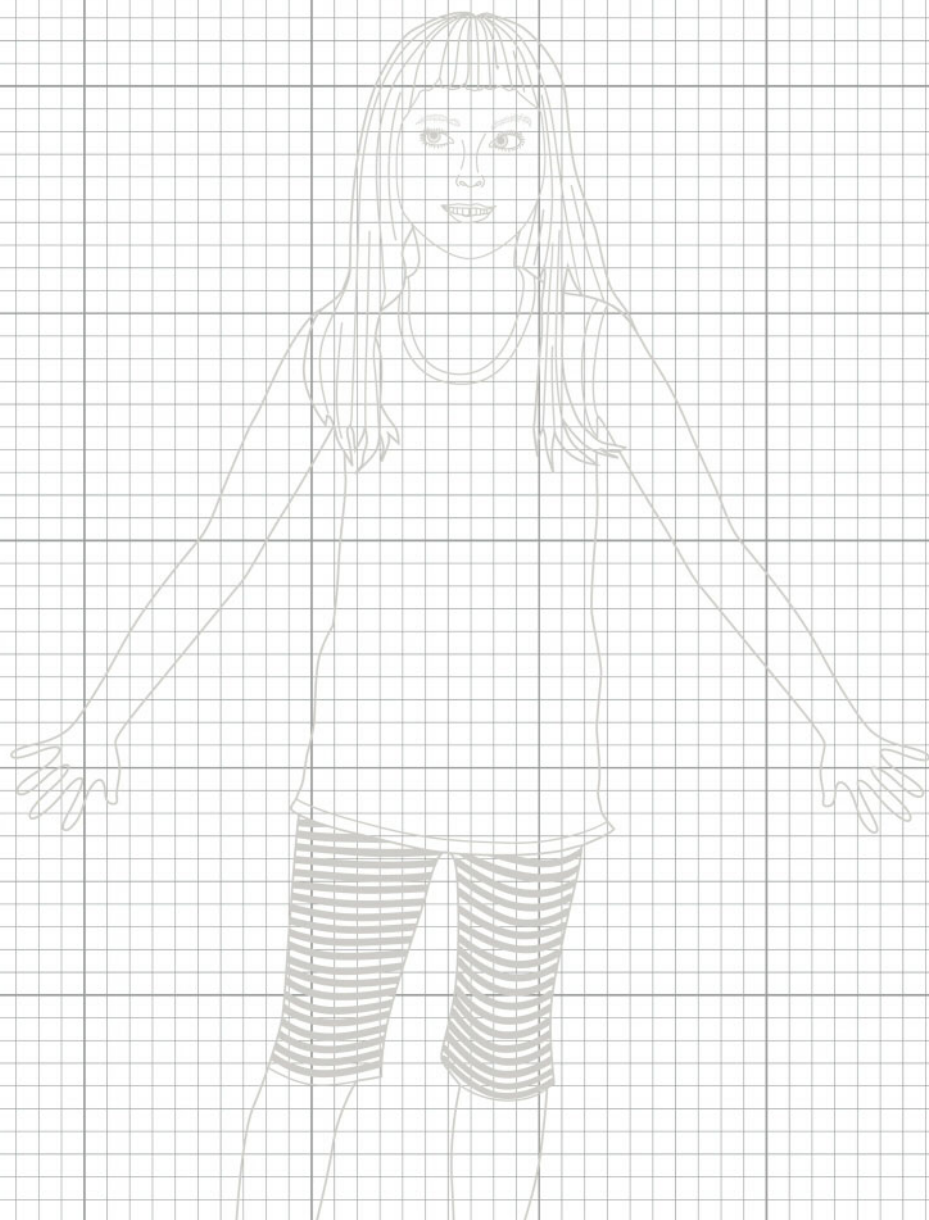




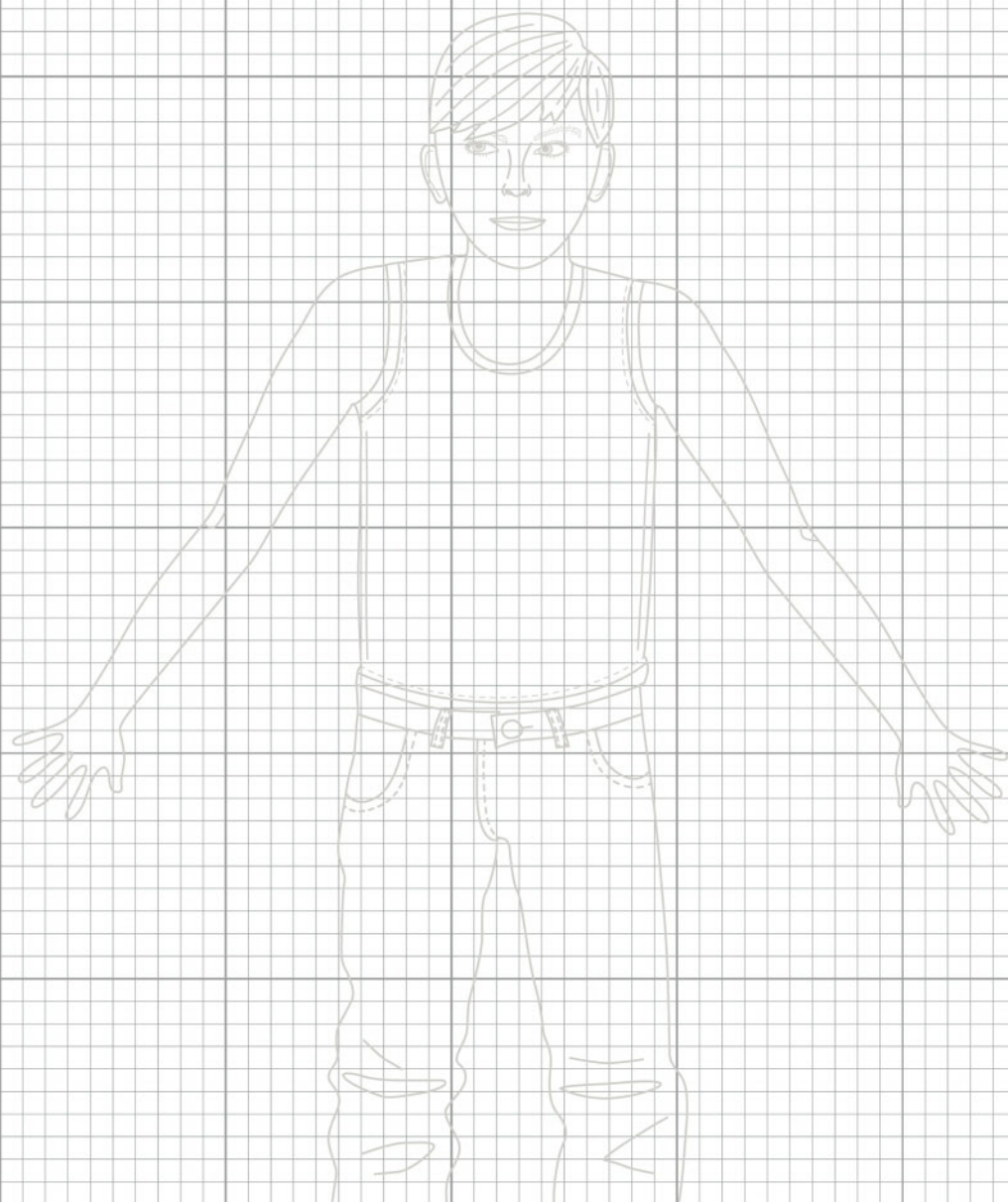


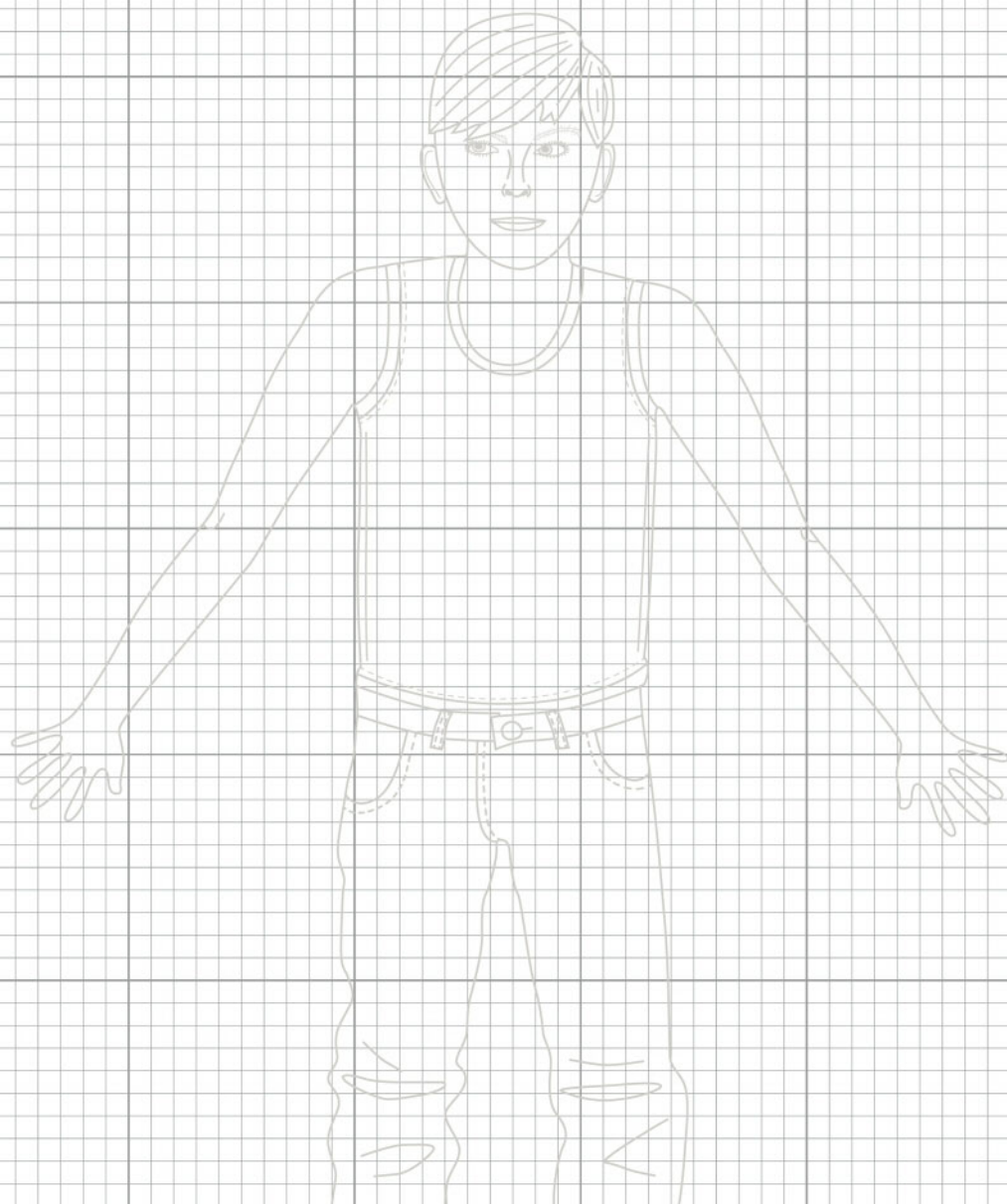














# Knit for charity

Your knitting skills can help many good causes, and we've listed some for you here.

## Project Linus

Project Linus seeks to provide a sense of comfort and security to sick and traumatised children by providing knitted or crocheted blankets. Active in the UK since 2000, the charity has a large network of volunteers donating their time and skills to creating beautiful blankets and delivering 2,000 of them to sick, disabled or disadvantaged children each month.

[www.projectlinusuk.org.uk](http://www.projectlinusuk.org.uk)

## Bliss

Bliss is a UK charity that supports premature babies. Its website has a list of hospitals that accept knitted clothes for premies and notes the styles and sizes that they need. Find patterns for jackets, socks and hats on the website, too.

[www.bliss.org.uk](http://www.bliss.org.uk)

## Knit A Square

Knit or crochet squares to be part of blankets given to orphans living on the streets in sub-Saharan Africa and help support children's charities striving to provide the basic need of warmth. The website also has a number of patterns for jumpers, scarves and hats to knit.

[www.knit-a-square.com](http://www.knit-a-square.com)

## Sailors' Society

This charity's Commit to Knit project supplies knitted hats to sailors to keep them warm in chilly weather and relies on its volunteers to knit thousands of woolly toppers. The website has a number of free patterns for you to download, including a classic hat and fingerless mittens.

[www.sailors-society.org](http://www.sailors-society.org)

## Cats Protection

Cats Protection has been running for 80 years and now has 250 volunteer-run branches and 31 adoption centres in the UK. You can help keep shelter cats happy while they wait to be adopted by knitting them a toy or blanket. Find the pattern for a toy mouse on the website.

[www.cats.org.uk](http://www.cats.org.uk)

## K9 Search UK Knitters Club

Join this club to knit coats for unclaimed and stray dogs during the cold winter months. The charity's Facebook page has a number of patterns in different sizes that will keep abandoned dogs cosy, plus a selection of photos of pooches in their new woolly wear to give you plenty of knitting inspiration.

[www.facebook.com/K9knittersclub](https://www.facebook.com/K9knittersclub)



Knit toys for shelter cats.

## Cuddles

Cuddles distributes knitted and crocheted garments and blankets to hospitals around the country so that stillborn babies can be appropriately dressed. The charity distributes knits to many UK hospitals and a list of needed items can be found on its website.

[www.cuddlesuk.wordpress.com](http://www.cuddlesuk.wordpress.com)

## Loving Hands

This group compiles wish lists of different charities across the world that require knitted or crocheted goods. Members make items for various charities needing everything from premature baby clothes to blankets for elephants. The Loving Hands team are always on the lookout for new local causes to support and new members to help out.

[www.lovinghands.org.uk](http://www.lovinghands.org.uk)

## Teddies for Tragedies

If you enjoy knitting teddies, you'll want to get involved with Teddies for Tragedies. This organisation puts you in touch with charities who need them to distribute to children in need around the world, as well as providing a basic pattern.

[www.teddiesfortragedies.org.uk](http://www.teddiesfortragedies.org.uk)



Make woolly hats for sailors.

## The Big Knit

Help food and drink company Innocent raise money for Age UK by knitting tiny woollen hats for its special smoothie bottles. 25p is donated for every bottle sold, helping older people to stay well and warm over the colder winter months. Find knitting patterns, hat inspiration and a how-to video on the website.

[www.thebigknit.co.uk](http://www.thebigknit.co.uk)

## Knit for Peace

Knit for Peace distributes donations of knitted items to more than 80 different outlets, including women's refuges, prisons, hospitals, community groups, hospices and more in the UK, and to developing countries. It also sells knitting bags and more in its online shop, with all proceeds going towards its projects.

[www.knitforpeace.org.uk](http://www.knitforpeace.org.uk)

## The Donkey Sanctuary

Knit or crochet cuddly donkeys to be sold in The Donkey Sanctuary's gift shop and online store. Money raised from the sale of the toys will go towards the charity's work helping donkeys, and the people who rely on them, all over the world.

[www.thedonkeysanctuary.org.uk](http://www.thedonkeysanctuary.org.uk)



● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ● ●







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